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YVMS MATTERS

(aka "The Messenger")
Issue No 189; No 3 of 2019

*YVMS acknowledges the Ngunnawal people
on whose land we meet and we pay our
respects to their Elders past and present*

August to October

2019

Issued: 1/8/19

YVMS Motto:

**"Minimal bureaucracy
Maximum fun!"**

**The Yass Valley Men's
Shed opened its doors
in April 2008**

CO-PATRONS:

**COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY, &
NIC CARMODY OAM, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY**



Brother
Sheds



NSW Australia

Shed Opening Times

- **Tuesdays:** 9am to Noon
- **Thursdays:** 1.30pm to 4.30pm
- **Saturdays:** 1.30pm to 4.30pms
- **Tuesdays:** 2-3pm YVMS Exercise Class in the Community Centre
- **First Wednesday of each month:** 10am to 11.30am, "First Wednesday Morning Tea"
- **Last Saturday of the Month:** 12.30 to 1.30pm, Shed BBQ - \$2



Mystical Messenger Message:

*"Men always forget that human happiness is a
disposition of mind and not a condition of
circumstances"* *John Locke*

Shed Committee

President: Allan McGrath 0431 060 846
Vice President: Roger Holgate 0428 509 242
Secretary: Wayne Stuart 0419 292 022
Treasurer: Ian (Mac) McLean
Member: David Campbell
Member: Jack Child
Member: Len McGuigan

Public Officer: Brian Millett
IT Manager: Nicholas Londey
IT Moderator: Ross Stirton

Editorial - from the Cave - Wayne Stuart

Lots has happened since the last Messenger was issued on 1 May. If you have been following the Monday Missives, you will be pretty much up to date, but for those who missed them, have forgotten and also for the formal record, I have taken the main news items from those Missives and they appear (again) below.

One of the very good emerging things is that the Yass Community Nursery will be open on the last Tuesday of each month from now on. This will allow us to forge some closer links, perhaps provide the opportunity to develop more extensive and better gardens (a Bush Tucker Garden is already being discussed and might serve as an education feature for local community members (schools and interested groups) at some time in the future.

The BEST thing about our Shed is that without a lot of effort we also seem to be improving and developing. Paul Haslam, our inaugural President always wanted us to develop "organically". It seems his vision is being delivered.



The next couple of months look like being pretty exciting – if nothing else, at least it might warm up a bit and Roger might stick around a bit more?!!.

ws Editor

Message from the President – Allan McGrath

Our well-loved past president Bob Nash recently sought assistance for weed control in an area of the Railway Heritage Centre. Bob has devoted an enormous amount of time and energy to our Shed, transforming it in the process. He is now dealing with a fresh challenge and I have asked him to nominate a suitable date so that we can respond effectively. It would be good if we could get half a dozen blokes with sprays together for a couple of hours to knock this over.

While the overwhelming purpose of the Shed is to offer a friendly environment for companionship and the opportunity to learn new skills for those interested in acquiring them, we must remember that we hold the Shed in trust and we should care for the exterior and grounds just as we do the Shed itself. I have previously mentioned my desire to improve the surrounds. We are making some progress but there is plenty to be done as far as landscaping and general tidy up is concerned. If anyone has spare groundcovers or small shrubs to spare please bring them to the Shed. I am also keen to freshen up the concrete tables and benches with a coat of paint, also to remediate the collapsed paving at the side of the shed. (suggestions welcome)

Finally thank you to Joe and Tony for their efforts with the successful Christmas in July function and can I say the rumour that additional staff had to be deployed to the sewerage treatment works is a complete fabrication.

Q & A.....Q. Why do farts smell? A. To ensure that the hearing impaired are not disadvantaged!



Looking forward to seeing you at the shed

Allan McGrath

Message from the Workshop Manager – Roger Holgate

The workshop just carries along at a steady pace with the usual array of personal jobs along with the odd outside request.

Market sales continue successfully with, again, outstanding success from Creative Gunning.

As Wayne has mentioned in his weekly news, Bob and Trevor have done an outstanding job in the relocation of the Metalcraft equipment in the lockup between the containers. Also there was a recent donation of tools which still needs to be gone through, there just never seems to be enough time to get through everything that needs to be done, or am I just getting older and slower, the latter I think may be the case.

There have been a few minor things come to notice recently regarding correct use of some of our equipment. Firstly, it is important that you do not use any machine for which you have not been accredited to use without supervision, also if you have been accredited and have not used a particular machine for many months you may have forgotten some important functions. If you are not fully sure of what you are doing please ask for assistance. Some such issues are brought to our attention by observers and it is not easy to barge up to someone unless the problem is not necessarily dangerous.

The accreditation system is in place firstly for personal safety then to protect our equipment for which it is time consuming and expensive for someone to chase up parts and repair. If you would like accreditation on a particular machine or machines Clarrie Allan or Myself will be able to show you and assess your capability.

Secondly, please try to put tools back where they belong, their position usually marked. To spend half an hour looking for the 18 Volt angle grinder only to find it in with the sanding tools is most frustrating.

On a lighter note, the Heart Foundation Walking Group has been operating in Yass for a couple of years. Surprisingly, the active participants are mainly connected to the Men's Shed. If anyone is interested in joining us for a 45 minute (3 km +) walk at 9am on Friday mornings please see me at the shed or give me a call on 0428 509 242.

Looking for a workshop hint? The link below contains countless videos on many and varied workshop subjects.
https://www.youtube.com/channel/UCxWzA3ZIYEOLr1JkKH0ZMyg/videos?utm_source=Carbatec+Online&utm_campaign=4f5d3b1fb8-EMAIL_CAMPAIGN_2018_05_10_COPY_01&u



Keep having fun.

Roger Holgate.

Regular social and important events

YVMS Exercise Class – 2-3pm every Tuesday in the Community Centre, hosted by Len McGuigan

“The Exercise Group is going along very well new people (men and women) coming each week. Some members and family/friends should come along to see what is happening.

The contributions made by members of the Exercise group each week (\$5 per person per session) are being saved in the YVMS Good Deeds Fund for use when we would like to help out either in the Shed or in the Community. “ Len McGuigan



First Wednesday Morning Teas are being catered by the new Yass Valley Bakery, which recently took over Tanks Bakery. In recognition of this ongoing support and assistance to the Shed and the opportunity it provides for members to enjoy a noise free monthly morning tea, a new sign bearing the name **YASS VALLEY BAKERY** has already appeared on the front wall of the Shed. In addition, the Committee has agreed that we offer honorary Shed membership to the new owner, Mitchell Ballard and he has accepted – welcome Mitchell.

I will continue to remind you of the monthly morning teas in the regular Monday Morning Missives.

Last Saturday BBQs are looking like a permanent feature of our “social” efforts going forward taking advantage of Tim Gee’s generous and expert cooking skills.

Pencil this event into your long-term diaries so you won’t miss out – but also to help us keep it going.

Last Tuesday each month Yass Landcare Community Garden visit to the site. Yass Landcare is planning to be on site on the last Tuesday of each month during the morning. This provides an opportunity for our two groups to collaborate on gardening, projects and social basis. I urge members to come along and see how this liaison might offer benefits and the opportunity to further improve the amenity and opportunities for activity.

Morrissey’s Messenger Munchies

Jerusalem artichoke soup with preserved lemon.

50 g butter or equivalent olive oil	2 celery stalks, chopped
4 garlic cloves, finely chopped *	1.2 kg Jerusalem artichokes, peeled and roughly chopped
¾ bunch flat leaf parsley, chopped	2 cups vegetable stock
½ cup thickened cream	2 preserved lemon quarters, slivered

1. Melt the butter (or heat the oil) in a large saucepan over a low heat. Add the onions, celery and garlic. Cook, stirring, for 10-15 minutes until softened.

2. Add artichokes, parsley and stock. Bring to the boil, then reduce to medium heat, and cook for 10-15 minutes until tender. NB, the artichokes must be well cooked to be put through a blender.
3. Transfer to a blender in batches and whiz until smooth. Return the soup to the pan over medium heat, **season**, then warm through. Remove from heat and stir in cream.
4. Serve in bowls, add preserved lemon to taste.

NB, instead of a clove of garlic, use one teaspoon of minced garlic. Much easier, and who cares if it's not quite so authentic. Also, the artichokes are a pain in the ... to peel. If they are freshly dug they can be scrubbed with a kitchen scourer.



I got this recipe from this website - Well worth a visit.

<https://www.taste.com.au/recipes/jerusalem-artichoke-soup-crab-preserved-lemon/877b7375-b5d9-438a-99db-ef4d450f2a30>

Joe

[This is the recipe we all enjoyed at the Recent Christmas in July event – well done, Joe!! Ed]

Items of interest taken from Monday Missives since the last Messenger

I have chosen items from the last 3 months that I think are milestones in our journey since the last Messenger. They are taken in monthly sequence – not in any order of priority or importance.

13 May Missive

We have lost two members in the last couple of weeks both of whom were farewelled at Services last Tuesday.

Charlie Royall was one of our original members, joining in September 2008. He was not a frequent visitor to the Shed, but he helped us out on lots of occasions when he was part of the cooking team for both Yass Lions and the Yass Freemasons when they provided BBQ services for us at most of our Health Seminar nights. Charlie was farewelled by Seven Shed members at his graveside Service.



John Backhouse Joined the Shed in February 2011 and has been an active member and heavily involved in electrical fit-out, machine installation and other hands-on projects that have made the Shed we now have a much better facility than when he arrived. John's funeral was also well attended by Shed members who provided a guard of honour when his coffin was removed to the Cemetery. One of our members, Keith Chappell, who was a long time friend of John's (going back to the early 1970s) also played some of John's favourite music on his guitar at the Cemetery as part of John's send-off. He reprised that for us at the Shed on Thursday.



20 May Missive

Bottles and cans recycling at Woolies

Following my call for help last week to remove the mountain of bottles and cans that had arrived in recent times, Allan Carey and Tony Warren loaded them all on Allan's trailer and took them to the Woolies recycling point. This is the first time that Allan has had help in this activity – many thanks and much appreciation, Allan and Tony!

You might be surprised to hear that that effort (on your behalf – the proceeds help us keep the place going!) resulted in the Shed now being \$115.10 better off. This takes the total profits from the recycling efforts to now well over \$300! For those of you with an idle interest in statistics, \$115.10 translates to stuffing 1,151 bottles and cans into the maw of the recycling machine.

I have no hesitation in nominating Allan and Tony for this week's, YVMS Hero award. This is not the first time that Allan and Tony have been voted Heroes. If you are jealous and would also like to be nominated, let me know what you have done for the Shed and I will submit your names to the Shed Hero REgistration Kommittee (SHREK).



Perhaps, to keep the load down in future, we could organise a mini working bee where a couple of blokes go together and do the job in a group say, once a month, and limit the time Allan would otherwise spend there. (Shed working bees can be more fun than you might think!)

If anyone would like to lighten Allan's load, please let me know. Keep bringing those cans and bottles chaps!

3 June Missive

It's THAT time of year, chaps...

Man Flu - The Facts... (please bring this to the attention of all women in your circle – THEY NEED TO KNOW!)



1. Man-Flu is more painful than childbirth. This is an irrefutable scientific fact*.
*(Based on a survey of over 100,000 men.)
2. Man-Flu is not 'just a cold'. It is a condition so severe that the germs from a single Man-Flu sneeze could wipe out entire tribes of people living in the rainforest. And probably loads of monkeys too.
3. Women do not contract Man-Flu. At worst they suffer from what is medically recognised as a 'Mild Girly Sniffle' – which, if a man caught, he would still be able to run, throw a ball, tear the phone book in half and compete in all other kinds of manly activities.
4. Men do not 'moan' when they have Man-Flu. They emit involuntary groans of agony that are entirely in proportion to the unbearable pain they are in.
5. Full recovery from Man-Flu will take place much quicker if their simple requests for care, sympathy and regular cups of tea are met. Is that really so much to ask? Florence Nightingale would have done it.
6. More men die each year from MFN (Man-Flu Neglect) than lots and lots of other things. (Like rabbit attacks or choking on toast).



7. Men suffering from Man-Flu want nothing more than to get out of bed and come to work, but they are too selfless to risk spreading this awful condition amongst their friends and colleagues. In this sense, they are the greatest heroes this country has ever known.
8. In 1982 scientists (in a secret CIA laboratory 300 metres below the Nevada Desert) managed to simulate the agonising symptoms of full blown Man-Flu in a female chimp. She became so ill that her head literally fell off.
9. Man-Flu germs are more powerful than He-Man, The Thundercats and The A-Team combined. They are too strong for weak, nasty tasting 'lady medicines' like Lemsip, so don't bother trying to force them on a victim of Man-Flu.
10. While it may seem like a Man-Flu sufferer is just lying around enjoying 'Midsomer Murder' re-runs it is a commonly recognised medical fact that the exact pitch and frequency of Inspector Barnaby's voice has remarkable soothing powers.

Every minute in this country one man is struck down by Man-Flu. Women, all we ask is that each of you offers them a cup of tea, some kind words and your undivided attention and care. Then maybe, just maybe, we'll beat this monstrous disease together...

10 June Missive

Visit by former Member and President, John Woodin

John Woodin called in at the Shed last Tuesday morning and, again, on Saturday to see how we have developed since he left town some 5 or 6 or 7 years ago. He seemed to be pretty impressed with the progress doubling the Shed footprint, air conditioning, solar panels, reconfiguring the front rooms and workshops and some very good quality new equipment acquisitions.

It was very good to see John again and to hear how his life has gone since moving to Queensland.

Here are John and Allan McGrath – two of our Presidents (so far):



John brought some of the fantastic wood work he has been doing since moving to Bundaberg, including donating the Frog on the Log" piece to the Shed. It is amazing what some blokes can do with bits of timber, some good machines and lots of talent and time.

Certificate of Appreciation from Yass Rotary

Mick Newling, representing the Rotary Club of Yass, came to the Shed last week to present a Certificate of appreciation for the work a number of members did over two consecutive Saturdays to erect a Mobility Scooter Shed for a worthy and deserving member of the Yass community who had been referred to Rotary by the NSW Dept of Health as needing this assistance.



Mick presented the certificate to Vice President and Workshop Manager Roger Holgate and said some very nice things about the Shed, its members and the increasing good reputation that the Shed has earned around this town. You can see the certificate on the left hand door as you leave the *Kay Lemon Room*.

Well done to those Shed volunteers who braved rain and cold the first weekend and better conditions and better success on the second weekend. Apparently, you are all “professional”!!

Good news on the Solar Installation Front.

After considerable effort, it seems that Origin Energy has now acknowledged that serious electricity is being fed back to the Grid from the installation that we arranged on the roof of the Shed and the Community Centre back in August last year.

According to the report that Tony Stevens has provided, and I quote: “It looks as if during the summer months 63kw per day was being fed back to the grid – Now winter is here it appears that about 7kw per day is being fed to the grid.” NB: this is in addition to the system powering the Shed and the Community Centre when those buildings are in use and the sun is shining.

At the Feed-in tariff rate of \$0.20 per kWh that Origin pays to its customers, we might expect that over a typical year at the indicative daily power being fed back to the grid, the system will be earning Council (roughly) \$2,299.50 (summer) + \$255.50 (winter) totalling an impressive indicative \$2,555 each year. Not too bad for a \$12,000 investment (4.7 year pay-back period).

I hasten to add that these are my calculations, they involve some assumptions and simplification to facilitate the assessment and I am no mathematician (but do have accounting qualifications). Nevertheless, it would appear that we will be making a more than significant contribution to offsetting the Council’s power bills and we can now claim to be paying back the considerable debt of gratitude that we owe to Council for supporting us for the first 10 years of our existence and operation in the Yass Valley.

17 June Missive

New YVMS Roadside Sign installed.

Following a suggestion from the Council that if we wanted signage at the Shed to attract visitors to town or remind locals where we live, then we should do it ourselves.

We have accepted the challenge.



As of this week a new roadside sign has been made and installed adjacent to the access driveway at the Shed.

Many members helped with this effort and they include: Bob Nash, Alf Atkin, Ian Bluett, Rod Perceval, Phil Ranyard, Allan Carey, Daniel Anderson, Tony Warren, Grant Johnston (official photographer)...



If I have forgotten anyone, please accept my apologies – I am getting old and losing it!



24 June Missive

We are going to be famous again

We have been “discovered” by The Australian Woodworker magazine (<https://www.skillspublish.com.au/Skills%20AWW%20Current.htm>) and have been asked to provide information and photos for them to produce an article on our Shed for an upcoming issue (probably towards the end of the year).

We have decided to provide that information and if the article is accepted, I will let you know so you can all rush out and buy copies for all your friends for Christmas!

1 July Missive

Two Very good Donations – one made and one received

The YVMS Exercise Group which meets in the Community Centre every week on Tuesdays from 2 to 3pm has this week organised to donate \$600 to St Vincent de Paul for their Winter Appeal. This Group is demonstrating what the Shed is all about (and many of them aren't even men!!) If you want to know more – or perhaps need to do some regular exercise designed to properly and effectively help you, talk to Len McGuigan.

The Yass Netball Association has donated \$150 to the Shed for the sign you see in this photo →

Apparently the sign that was there previously was lost when the court precinct was upgraded recently and the netball community wanted to have Norm Keogh's long involvement remembered and celebrated – so we agreed to make this sign for them.

Next time you see Dave Kemp in HRG (or elsewhere), give him a big pat on the back – he organised the job **and** the donation.



8 July Missive

NAIDOC Week 7 – 15 July

Members might be interested in this historical photo →

It was taken at the Official Opening of the Yass Valley Men's Shed in September 2008. Members of the local Ngunnawal Community performed a smoking ceremony and Welcome to Country to help us start in the right way. It has obviously worked if you look at the success our Shed has been in the period since then.

The photo shows highly regarded and much loved local indigenous leaders Eric Bell and Gregory "Chattie" Chatfield (both of whom have, very sadly, since passed away) with Allan McGrath and Roger Holgate.



Another sign goes in on the verge in front of the Shed

Having recently put up our own sign (the Council suggested if we wanted one, we should do it ourselves) we have now added a sign to indicate to interested passers-by that the Yass Landcare Community Nursery is also on site. This is what the installation looks like now:



Recent interesting communications

Australian Woodworker Magazine

We have been "discovered" by The Australian Woodworker magazine (have a look at this link - <https://www.skillspublish.com.au/Skills%20AWW%20Current.htm>) and we have been asked to provide information and photos for them to produce an article on our Shed for an upcoming issue (probably towards the end of the year).

We have now provided that information and our article has been accepted and will appear in the September/October edition of the magazine. We will try to purchase a copy for our Shed records and for members to read. You might even wish to rush out and buy copies for all your friends for Christmas!

Mrs Wendy Tuckerman MP, Member for Goulburn

As reported last week, Allan McGrath and I have contacted our new NSW Government Local Member and provided a briefing on our Shed and we also have invited her to visit our Shed so we can show her how we have used the \$40,000 the NSW Coalition government has granted us over the last 8 years or so.

We have now heard from her office that she was very pleased to hear from us and would like to call at the Shed on Monday 26 August at around 10.45am. I will try to organise morning tea or something equally spiffing.

I hasten to add, it will NOT be a political event, merely a social visit by an interesting person who happens to be our local member.

The Yass Hospital Community Consultation Committee met with the Southern NSW Local Health Director of Clinical Operations, Jude Constable last Wednesday (26 June) afternoon. The discussion focused on patient care at Yass Hospital and the opportunities and challenges of meeting the health care needs of the Yass community, now and in the future. I have to say that the focus on the difficulties of budget management was a major item discussed.

The Shed was invited to the meeting and to join in the discussion. Joe Morrissey, who has heaps of experience and expertise in these things and I attended and put in our comments and suggestions. Many thanks to Shed Members who helped us draw up the following issues that we submitted to the meeting:

- Specialist Services in Yass – or perhaps better connection to centres OTHER than Canberra. Orientation of specialist referrals to Goulburn (or Queanbeyan) rather than Canberra.
- Possibility of specialists visiting Yass on a regular basis, e.g. monthly.
- More formal arrangements with regional health facilities?
- We think there is considerable scope for integration/cooperation between Yass General Practices and the Health Service District. We know, for example, that the National Health Cooperative has a range of services in Canberra, and would probably be open to suggestions for expansion of services in Yass.
- Palliative care, especially palliative care in the community – not just medical services, but also support services such as the Volunteer program run by Clare Holland House where volunteers are trained and accredited;
- Stroke intervention – is it possible for the critical diagnosis and early intervention to be done locally, rather than the potentially disastrous delay in getting to Calvary or Canberra?
- Rosters of local Doctors on call for when the Hospital doesn't have a doctor in attendance – especially on weekends
- Dialysis in Yass? If it can be set up in private homes, why not in our local hospital?

Joe has agreed to keep his finger on the pulse of this activity and to contribute in line with his expertise and Shed sentiments.

15 July Missive

Yass Quick Quilters annual afternoon tea – last Thursday 11 July

A number of Shed members and wives attended this event which seemed to be a big success. Some items made by Shed members were raffled. I was standing between Allan McGrath and Brian Drew – they won and I did not – any ideas what I am doing wrong?

This annual afternoon tea is for a VERY GOOD CAUSE - CanAssist! I hope we can support them again next year. The food had to be seen and tasted to appreciate it.

22 July Missive

Landcare Nursery visiting on Tuesday mornings

After we installed the new *YASS LANDCARE COMMUNITY NURSERY* sign, they seem to have got all excited and promised to call by on Tuesday (ie tomorrow) – possibly with cake!! I understand that the Landcare group will be on site from now on every last Tuesday of the month.

Last time We invited them in for a coffee and we discussed the possibility of sharing the ground out the back (sneaky thinking being to reduce the extent of mowing we need to do) and offered to help them develop some gardens). The

current conversation is about an Indigenous “Bush Food” garden and they have already made some contacts and inquiries about sourcing plants that do well in our region.

I also understand that there is an indigenous bloke in Canberra who works with Greening Australia who might be prepared to come and chat to us – on one First Wednesday Morning Tea before the end of the year??

If this stuff interests you, come along on Tuesday morning (9 to noon) and see what might happen.

Another Workshop Extension

Bob Nash and Trevor Cox have been beavering away out of sight and have transformed the room between the two Containers to accommodate some of our more space invading layouts.

The metal bending gear that was in the foyer and which was almost impossible to access and also became the place to throw or deposit “stuff” has been relocated and set up much more usefully.

There is also a plan in due course to move the planer/thicknesser to that room as it is used relatively infrequently and will improve the working space in the wood workshop.

Many thanks to Bob and Trevor for their ongoing commitment to make the Shed a better, safer and more efficient place for all of us.



29 July Missive

YVMS Christmas in July – Saturday 27 July – 12.30pm

Joe Morrissey and Tony Warren →→ prepared, served and delighted all members (but for one who arrived in good time for the Christmas in July celebrations) with a very special Jerusalem Artichoke soup and crusty bread. One member who was not at all late and who had booked missed out (no names) however one of our in-house heroes (Jack Child) dashed off into the distance and returned with a special serving of soup + pumpkin scone with butter for the poor bugger! How good is that?

The day was a great success at the end of which Allan McGrath announced that Christmas in August is just a couple of weeks away!!

The day was also a BIG financial success with **proceeds (after expenses)** of the meal and Allan McGrath’s “heads and tails raffle” (won by Tony



Warren who immediately donated his first prize of \$10 back to the Shed) **totalling \$75.00.**

Joe and Tony were able to continue the good things R2 could do in the kitchen and I am hopeful that the soup recipe Joe used this time will appear in the next Messenger – due out on Thursday.



Just part of the crowd at Christmas in July 2019

The weather in South East NSW, according to the Bureau of Met) on Sunday 28 July was “fine, mild with little or no wind”. However in Yass, there appeared to be a weather phenomenon described by BOM as “a Jerusalem Artichoke-like windy event which was not such a pleasant experience for locals – especially partners and other co-habitors”.

Here is a combined event and weather report received from that renowned event and weather watcher, Brian Millett:

Hi Wayne,

A really special Shed occasion today and it was terrific to see so many there and the circle of 20 or so in happy conversation was a confirmation of just what the Shed should be. Congrats to all involved.

Best from Brian.

PS. I've been a bit up in the air ever since, though, as the effects of the artichokes continue to make themselves evident!!!

And, speaking of R2....

Our eminent, highly regarded, major supporter, local hero, sole original and now joint Patron Nic Carmody has been beavering away in his Yass & District Printers office to produce the full collected Recipes of Richard (R2) Rowan.

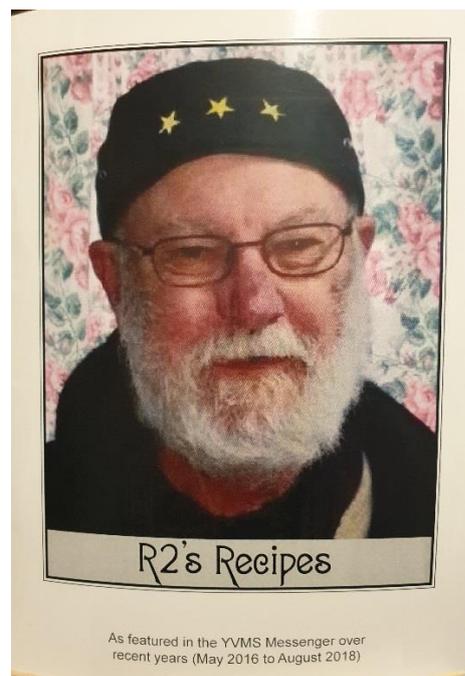
We think it is a good memorial on the first anniversary of R2's death.

In the last 12 months we have missed some pretty amazing “eating” experiences at the Shed all provided (with a lot of help from lesser mortals) by R2.

However, all is not lost – you too can now recreate some of those experiences.

We might have lost Margaret Fulton and R2, but their cook books live on!

This collection is the full listing of his personal recipes and commentary that he provided to the Men's Shed Messenger from 2016 until his death last August. Some of the recipes were even provided from his bed in Canberra Hospital!



Nic Carmody has very generously printed a good supply of this booklet and it is now available on one of the coffee tables in the *Kay Lemon Room*. Look out for it and get your own personal memorial of R2.

I have posted a copy each to his Step Mother (Betty) and Step Sister (Leslie) with both of whom he had a very close relationship.

YVMS Projects

New IT arrangements for the Shed

The new IT arrangements that have been implemented and which are being managed by Think Technology are now in place and are working well. Ross Stirton has taken a “hands-on” role as IT Moderator to help Nicholas Londey (IT Manager) because Nicholas works in Canberra all week and it is hard for him to be engaged during business hours with Think Technology.

We are all confident that many of our former issues are now resolved and that good IT times are ahead of us.

Creative Gunning is an outlet for interesting items for sale in Yass Street Gunning (in the foyer of the old picture theatre a couple of doors back from Baileys Garage). This is proving to be a very good money spinner for the Shed and some members as well. If you would like some of your wares to be included (either ones you have made for the Shed at the Shed using Shed resources) to sell, or things you have made at home for private sale, talk to Roger Holgate or Allen Carey.

Bottles and cans recycling at Woolies

This is also proving a good little earner for us. So far by my estimation, we have managed to earn over \$350 thanks to Allan Carey who has decided to do the depositing for us. If anyone else would like to lighten Allan’s load, please let me know. Keep bringing those cans and bottles chaps!

Membership News

Membership (following the change of Financial Years – our membership year is from 1 July to 30 June) has fallen slightly to 93. This is a very good result, considering that we normally fall back into the 70s and have to build up again. I am quite confident that some members who have not renewed will do so quite soon and we will be back to our 100 members again.

We have signed up one new member since the last Messenger: **Alan Tindale**. Say hello and welcome him when next you see him!

Geoff Atkinson is currently undergoing a program of radiation treatment. If you see him, give him some support and encouragement.

The Yass Valley Men’s Shed is very grateful for the generous support of the following entities (in alphabetical order):

BarkerHarle (Consulting Engineers); Chris Beck Tree Removal; Bunnings (Belconnen); Goodradigbee Bookkeeping; KidsBlitz (aka Allan McGrath); the Lansdowne Foundation; Millers Pharmacy, Yass; Minister Katrina Hodgkinson, (former Stte Member for Burrinjuck); Pollack Concreting Services; Priceline Pharmacy Yass; Southern Cable Services; Steve Bugden Plumbing; Supa IGA (Yass); Touie Smith Jnr; Yass Concrete; Yass & District Printing; Yass Fire Brigade; YassFM; Yass Freemasons; Yass Lions Club; Yass Outdoor Power Centre; Yass Rotary Club; Yass Valley Bakery; Yass Valley Council; Yass Valley First Aid Training; Yass Valley Physiotherapy; The Yass Tribune; Woolworths (Yass).

Please let me know if you think the list is missing an important sponsor/supporter.

For information on Shed Opening Times, regular events and contacts: please click on this link
<http://www.yassmensshed.org.au/>

Download a Membership Form if you know someone who would like to join our Shed.

Click on this link <http://yassmensshed.org.au/wp-content/uploads/YVMS-Membership-Application-Form.pdf>
and print the form for them.

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address
(just click on it): <http://yassmensshed.org.au/newsletter-archive> - go back and dig up some YVMS archaeology.

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