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 We are on Facebook:
[Facebook.com/yassvalleymensshed](https://www.facebook.com/yassvalleymensshed)

YVMS MATTERS

(aka "The Messenger")

Issue No 178; No 3 of 2018

*YVMS acknowledges the Ngunnawal people
 on whose land we meet and we pay our
 respects to their Elders past and present*

April 2018
 Issued: 1/4/18

YVMS Motto:
 "Minimal
 bureaucracy
 Maximum fun!"

**2018 IS OUR 10TH
 ANNIVERSARY
 YEAR**

CO-PATRONS:

COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY, &
 NIC CARMODY OAM, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



Shed Committee

President: Bob Nash 0418 691 423
 Vice President: Roger Holgate 0428 509 242
 Secretary: Wayne Stuart 0419 292 022
 Treasurer: Sam Noor
 Manager IT: Nicholas Londey
 Member: Richard Rowan
 Member: Ian (Mac) McLean
 Public Officer: Brian Millett

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Truism #327

*You do not need a parachute to skydive.
 You only need a parachute to skydive twice.*

Editorial - from the Cave - Wayne Stuart

The BIG issue for April is the AGM to be held on 14 April starting at 2pm. More on this later in this Messenger.

Other good things that are happening and which have more coverage later are: the \$20,000 grant/donation from the NSW Government, progress with the roof project, progress with the storage Shed and other good things coming soon.

Perhaps the most significant experience in March was the visit by the Melba Shed. It appears they don't have a workshop and concentrate entirely on camaraderie, excursions, health activity and other non-workshop activity which was explained in some detail by their President, Roger Amos, on the day. This really impressed some of our members and after some informal consultation, we have been asked to make this an issue for discussion at the AGM to follow the Melba example and to discontinue both workshops – after all, "we are not a job centre". There are two options:

1. Sell all our equipment and develop the Shed as an enhanced community centre for the men of the Yass Valley with many more options in the freed-up spaces for entertainment etc; or
2. Hire out the workshops to interested groups or businesses to help generate income for us to have more inclusive and better funded recreation and entertainment activity. Come to the AGM and have your say.



The Shed is changing and improving at a rapid rate. Come along and see what is happening. You might be amazed at what we have achieved and where we are going next.

ws Editor

Message from the President - Bob Nash

The year has come and gone for my term of office as your President. I hope that I have come up to your expectations but the year hasn't gone without its ups and downs which is to be expected in any organisation. I think we have evolved over the past twelve months at an alarming rate with membership and attendance by members both very stable.

At last we have work started on the roof over the containers and hopefully will be close to being finished by the AGM. Our other project at the rear of the workshop has been steady and when finished will allow us to settle in to revamp the workshop as a safer place to carry out the works we do so well.

JUST AS A REMINDER TO THOSE MEMBERS WHO USE THE TOOLS, IF YOU ARE USING MACHINES LIKE THE DRILL STAND PRESS "PLEASE PLEASE PLEASE" FOR GOODNESS SAKE, DO NOT LEAVE THE CHUCK KEY IN THE CHUCK AS THE NEXT PERSON WHO COMES ALONG MIGHT JUST LOSE A FINGER OR WORSE.

I was very happy to see so many come to our outing to Wee Jasper during the month, everyone did seem to enjoy the trip as well as the cave tour and lunch together with the usual tall tales etc. I hope there will be further outings during the next twelve months.

The visit from the Melba Shed was a great example of comradeship, with lots of discussion, laughter and jokes.

The AGM is only two weeks away so those who wish to stand for the smooth running of the Shed for the next twelve months please put your hand up, we do need new blood as well as ideas to keep the shed moving forward.



Thanks for the support over the last twelve months it has been great to have served you. See you all at the SHED.

BOB.

Message from the Workshop Manager – Roger Holgate

There are no startling items to report from the workshop this month.

We have however picked up quite a bit of timber, some of it worth quite a lot of money, eg. a large supply of Cypress Pine with a little more to come and a quantity of Tasmanian Oak suitable for furniture such as book shelves etc. This in particular would cost in excess of \$40.00 per lineal metre to buy. Thanks to all who picked up this timber and delivered to the shed.

Attention Members using the Metal Cutting Bandsaw.

We have had a small issue with the metal cutting band saw with the blade slipping and coming off the drive wheel. Prior to purchasing I had spoken with a local who has a similar saw and his comment at the time was to be careful how much cutting fluid we use for this very reason. We have had an excellent run until we had to replace the original blade recently. When the cover was taken off to replace the blade the area under the cover was choked with metal filings carried through with the coolant

I have done quite a bit of online study and it appears that using a cutting fluid on a hobby style saw is not nearly as necessary as on a big machine, it may just shorten the life of the blade a little but they are quite reasonably priced. ***In the interim we should try not using any cutting fluid or oil***, I will put a sign near the saw to that effect. Let's see how thing go and we will have a discussion a little later.



Thanks to all who have assisted in any way with the running and upkeep of both the woodwork and metal shops, there are always lots of things that need checking and it can take up lots of time.

Roger Holgate.

The AGM will be a very quick and clean event (we promise). Last year's event took just 23 minutes – we are intent on bettering that record this time – although not at the expense of full consideration of agenda items and giving all members the opportunity to comment or request any information they might want.

Here is the Agenda:

1. Meeting opening, welcome and Apologies -
2. Confirmation of the Minutes of the 2017 AGM
3. President's Report
4. Secretary's Report
5. Treasurer's Report
6. Election of Committee for next year (meeting handed over to Returning Officer, Alan McGrath)
7. Other Business (proposal to change Constitution)
8. Wrap up
9. Close meeting.

Items 6 and 7 are the significant items this time.

Item 6: Election of Committee: Two current Committee Members (Nicholas Londey and Ian McLean) are both retiring. Many thanks to both of them for committing to and helping manage the Shed for their respective terms.

At this point, we have 7 nominations to fill the 7 Committee positions, which, under the terms of our Constitution, are automatically vacated and must be filled annually. Current nominees are: Bob Nash, Roger Holgate, Sam Noor, Wayne Stuart, Richard Rowan, John Pratten and John Backhouse. Many thanks to these members for offering to help us keep the place operating professionally and successfully for another year. It is not too late if you wish to be considered.

Item 7: Proposal to amend the Yass Valley Men's Shed Constitution: The Yass Valley Men's Shed was established in 2008 as a Not for Profit organisation and it has operated in this way for 10 years. In recent times it has become apparent that it is sometimes difficult to prove this status as nowhere in our Constitution or in other accessible and authoritative places can we point to or prove this status. Recently we had to swear a Statutory Declaration to demonstrate this status. This is not an ideal way to manage or prove our status.

Accordingly, it is proposed that the Constitution of the Yass Valley Men's Shed be amended at the 2018 YVMS Annual General Meeting to put this issue beyond any doubt by incorporating the following definition in Sub Clause 1(1) as follows:

“1. Definitions

(1) In this constitution:

“**Association** means The Yass Valley Men's Shed which is a Not for Profit organisation””.

All outstanding AGM Business Papers will be emailed to all members on Monday morning and paper copies (of all AGM papers) will be on the pool table on Tuesday for members without email.

R2 will be doing his thing again to help us celebrate the AGM and another year – so come prepared to enjoy some finger food and snacks with the special R2 treatment.

Cricket – what a disaster!

I know I have made this proposal previously when “our team” managed to lose tests and perform poorly – but up until now, as far as I know, they did not blatantly cheat – they certainly didn't play dumb and get caught!

Consequently, I think we should, again, offer some of our members to Cricket Australia to represent Australia and resurrect our now destroyed reputation. We can field a team of famous names from our YVMS Membership (all of whom have played Test Cricket for Australia) and here they are again:

Keith Chappell (Captain), Allan McGrath (Vice Captain and fast bowler), Grant Johnston (Wicket Keeper – not much gets past him!), Richard Maxwell (all rounder), Peter Miller (all rounder), Chris Smith (although we are checking that he is not related to Steve), Blake Reid (fast bowler and probably the only member young enough to actually take the field), Duncan Waugh (champion batsman, leader and strategist), Ben Harvey, Russell Hill, Bob Nash and Ian McLean (12th Man – but only because he has changed the spelling of his name).

I'll let you know how Cricket Australia reacts to our suggestion.

Major Projects on the go

Solar Panels and Aircon in the Shed

Here is the item that appeared on Pru Goward's Website the day following the visit to the Shed by the NSW Premier and our Local Member:

News from our State Member

\$20,000 for Yass Valley Men's Shed *State Government Media Release: 28 February 2018*



Yass Valley Men's Shed is set to get a whole lot greener and cooler, thanks to a funding boost from the NSW Government.

NSW Premier Gladys Berejiklian and Member for Goulburn Pru Goward visited the Men's Shed on Wednesday 28 February and announced \$20,000 in funding to upgrade the facility.

"This Men's Shed plays a vital role in the Yass community. As well as giving locals the opportunity to learn a new skill and contribute to projects, it's a place where men can come and have a chat and a coffee," Ms Berejiklian said.

"The NSW Government understands how important spaces like Yass Valley Men's Shed are to communities, which is why I'm proud to announce \$20,000 to install a rooftop solar system and air conditioning."

Member for Goulburn Pru Goward said the upgrade will not only reduce power bills for the Men's Shed, it will also benefit the local environment by reducing energy consumption.

"This funding is a great investment in our region, that will keep on giving well into the future," Ms Goward said. "I would like to thank the Premier for recognising Yass Valley Men's Shed and the wonderful contribution they make to the Goulburn electorate".

Since that announcement we have made the following progress:

- We have completed and lodged the necessary Government paperwork to secure the \$20,000 and have it deposited into the Shed's "Projects" Bank Account (still waiting for that to happen).

- Quotes for the solar and the air conditioning installations in the Kay Lemon Room and in the workshop have been sought and (mostly) received. The Committee will (hopefully) be meeting to discuss and decide the successful tenderers before the AGM.
- And here is a copy of a letter written by the Premier, The Hon Gladys Berejiklian, to Pru Goward with a personal note directed to Shed members:



16 MAR 2018

Ref: A2441792

12 MAR 2018

The Hon. Pru Goward MP
Member for Goulburn
PO Box 168
GOULBURN NSW 2580

Dear Ms Goward,

Thank you for your correspondence of 21 February 2018, on behalf of Yass Valley Men's Shed, regarding funding assistance towards a project that includes installing solar panels and air-conditioning.

On behalf of the New South Wales Government, I am pleased to provide a one off grant of \$20,000 (excluding GST) for this project.

To arrange for payment of this grant, please ask the Men's Shed to complete and return the documentation as per the enclosed information sheet to Ms Louise Mahady, Communications and Engagement, Department of Premier and Cabinet.

Thank you for bringing this important community request to my attention.

Yours faithfully,

Gladys Berejiklian MP
Premier

Say hello to the lovely people I met here at the recent meeting.

GPO Box 5341 Sydney NSW 2001 ■ P: (02) 8574 5000 ■ F: (02) 9339 5500 ■ W: premier.nsw.gov.au

Storage Shed Progress



Frame completed



Skin on (mostly)



Final outcome (soon)
We **DO** have progress, but it is slow at this point

Roof over the containers

As you can see, we have “lift off” on the Roof Over the Containers Project. It is now up to you to suggest good things we can do under cover, out of the sun and rain and how we can maximise the fun and opportunities this major improvement will offer Shed Members. Get creative – we don’t mind if you also get “suggestive”. We re now pretty confident that the Roof might be finished before the AGM.



Thanking our supporters #5

In previous Messengers, I have listed a number of major supporters (not in any order) that we benefit from at the YVMS and who are celebrated and thanked on our "Sponsor Thank You Board" on the front wall of the Shed. Here is the next listing.



Goodradigbee Bookkeeping

Anna Shannon, the proprietor of Goodradigbee Bookkeeping, acted as the Yass Valley Men's Shed's Honorary Auditor for 5 years before moving to Tasmania. She provided a wonderfully professional service and usually made a cash donation at the conclusion of her audit each year. Anna is a valued and fondly remembered supporter of our Shed.



Super IGA (Yass)

During the aftermath of the major Cobblers Road bushfire west of Yass in 2013, a major property clearance and fencing reinstatement project was undertaken by the BlazeAid organisation. The Yass Valley



Men's Shed volunteered to cook a number of evening meals for the BlazeAid Volunteers during that period and Yass Supa IGA made a number of significant donations of foodstuffs that facilitated that cooking effort.



Robertson Landscape Supplies (Yass)

Robertson's have been very generous in donating a number of loads of gravel, soil and sand for various purposes at the Shed, including, for the installation of 8 disabled access gardens behind the Community Centre and also to make an all weather surface around the Containers and Shed Workshops.



Yass & District Printers

Nic Carmody was Yass Valley Mayor at the time of the Shed being established in 2008. He was a major influence in our very successful start up and was an active voice in Council's decision to provide our premises and the conditions under which we have enjoyed those benefits since then. He honoured us by serving as our first Patron and now shares that role with the current Mayor, Rowena Abbey. For that service the Committee has granted him Honorary YVMS Membership.



In recent times, Nic has, via Yass & District Printers, continued to actively support the Shed by providing us free printed copies of the Messenger each month that helps us get our message to members who don't have email and also to a wider public audience. He has also very generously donated a supply of Shed Business cards which are helping us to promote the Shed and better manage our interactions with the local community.



Yass Pharmacy

Andrew Douglas at Yass Pharmacy has made a generous cash donation to the Shed each Christmas for the past several years.

This is another example of how the Yass Valley Community and especially some of the Business houses appreciate and support the work of the Men's Shed in the Yass Valley.



What has happened since the last Messenger?

Yass Show Gates duty

A number of members responded to a call for assistance from the Yass Lions Club this year and helped man the back gate at the Yass Show. Roger Holgate, Stephe Jitts, Richard Rowan, Allan Carey, Brian Millett, Grant Johnston and Chris Smith all gave up their time to help the Show Society and the Lions Club. I understand that the Lions Club will provide us with a donation in response to that effort. I will let you know when it arrives.

Many thanks to those members – these little efforts help us keep our Shed head above water.

The recycling facility in the Woolworths Carpark will from now on be providing a regular and steady income for the Shed. We have not yet received any funds into our Bank Account as a result of donations made by depositors at the facility. However, Allan Carey, Allan McGrath and some others have deposited a significant number of bottles and cans and we have receipts (destined for our Bank Account) of at least \$30+. Not bad for the first month of operation. . Many thanks to them both and all members and friends who are quietly helping us.

We anticipate that bank deposits will be made monthly or perhaps even less frequently – so if you do make a deposit and donation to the Shed, can you please bring the receipt you will be provided to the Shed so that we can keep an eye on the process and keep them honest.

The bin in the front room is the place to put your drink cans and bottles when you have finished with them (**DON'T CRUSH THE CANS!!!** The receiving machine needs to be able to read bar codes, apparently). You might even be prepared to bring in the odd empty complying container from home to help the Shed raise some funds?? Would be good! Happy collecting, recycling and depositing!!

Saturday 10 March – trip to Carey's Caves, Wee Jasper

This turned out to be a most successful, enjoyable and fantastic day. Around 21 Members and friends took the very scenic drive, had a generous tour with lots of info that no one knew before (including a lot about geology, lights out, how many candles a caveman can hold in his two hands at any one time) and then enjoyed a picnic/BBQ lunch and lots of pleasant chat and friendship.

There is already talk of doing it again later in the year. Perhaps some who were unable to make it this time might sign up next time?



Saturday 17 March - Farewell lunch for Peter Rooberts

R2 and his elves have done it again, providing a fantastic foody fantasia for all. Not only that there was mayhem and bedlam with members telling Pete he will be missed. There was even a song sung for him. Here are the words (for posterity, you understand);

Big Time Operator (with apologies to Jeff St John and the Id – and to Black Pete)

| | | |
|--|---|---|
| <p>Here we are a pack of celebrators Assuring Pete we're his appreciators Now a word from a commentator 'About a self-promotion hater Here's the tale of a Men's Shed Operator</p> <p>Early on, a UK escapist Then a self-esteem self-flagellator All the time he knew that later He would be a higher rater Perhaps a small town big time operator?</p> | <p>Got to Yass on the job search elevator A Dastyari move/shake imitator A Chinese biz co-ordinator Doing deals North the Equator On his way, this work/life integrator</p> <p>For the Shed he's been an inspirator Often times a gentle agitator A letterbox manipulator A deep thinking ruminator Got things done, this Men's Shed stimulator</p> | <p>A man of parts, quotes stuff ad nauseator Shed PR - widespread participator Midnight Vespa traveller Kangaroo assassinator So qualified! - A good life perpetrator!</p> <p>Time has come: "see you later alligator" Hone your skills, you good times excavator No more Men's Shed gladiator We wish you well - we'll catch you later This is your life, you <u>Big Time Operator</u></p> |
|--|---|---|

And here is a visual record:



Unfortunately, the trailer had a mental and physical breakdown as Pete was approaching Jugiong and ended up on its side. Pete and the car were OK, so after an unplanned night back in Yass, Peter set off again for Adelaide on Saturday morning and we have heard in recent times that he is now happily settled, his furniture which had a brief holiday in Harden is on its way back to him and life is (hopefully) getting back to normal.

We wish you well Pete, but nothing compares with Yass – so when you have had enough, let us know and we'll put the jug on for you.

Here is the latest news I have: "Hey Wayne, I've watched this show a couple of times, others might enjoy. www.woodworkingmasterclass.com.au. No real news, my stuff is still in Harden! I'm going to Morgan for Easter, my brother in law has a ski boat (I will be sitting in the boat, not out the back). Croweater Pete 🍷"
(Given Peter's well documented ability to attract unwelcome passengers, I am not sure he should be too happy about being in the boat when water snakes, leeches and crocodiles might be nearby. Ed.)

Friday 23 March – visit by the Melba Men’s Shed

It is always fantastic to welcome and host a visit from another Shed. We have not met this group before and it turned out to be very interesting as they are a Shed with no actual workshop. If you would like a bit more info, here is their website: <https://melbashed.com/> - have a look at some of their newsletters to get a real feel for them.



Once again R2 did the honours with the refreshments. I think the Melba blokes were impressed. I heard of a plot to snare R2 and spirit him away to Melba where he would be required to cook for their weekly meetings.

Here is a “quick” report of their visit on the Melba Shed website – perhaps more will come in their next newsletter: <https://melbashed.com/program/2017-2020/>

Calendar of upcoming events at the Shed (or elsewhere)

Monday 2 April – Jerrawa Show Gates: Rowan, Warren and Stuart are doing the Show Gates duty again this year. In previous years we have had very generous donations from this volunteering. We are hopeful that experience will continue.

Wednesday 4 April: First Wednesday Morning Tea 10am to 11.30am – come along and enjoy Tasty Treats from Tanks Bakery (not to mention tea or coffee). Don't miss it!

Thursday 14th April: YVMS AGM 2pm. It will be quick! And don't forget R2 is doing food again!

General info and other stuff

An opportunity to do some real good, locally

A couple of weeks ago, I circulated this message to all members. If you didn't see it, or haven't decided to help so far, perhaps you might reconsider? You might have even caught “Ole Golden Tonsils”, Boz Bosma, talking to Tracy about this adventure on YassFM recently? If you wish to contact Tracey Winkler to support or donate, her email address is: walls_talk@hotmail.com. ws

I will walk 500 miles - So you can rest

Have you ever met someone and within an instant had your life changed? That's happened to me a few months ago.

Hi. My name is Tracey and I am a manager of ALDI supermarket in Yass NSW. A few months ago I was asked for a little help from a woman whom I can tell has never asked for help before. Tash came to me and asked who she could write to for help with www.mayasrest.com

Maya's rest is a respite for families who have children with a terminal illness. Tash and her husband created a farm stay respite, that they fully fund out of their own pockets. Just to give other families a rest from everyday life. They named it after the beautiful little girl that they lost a few years ago.

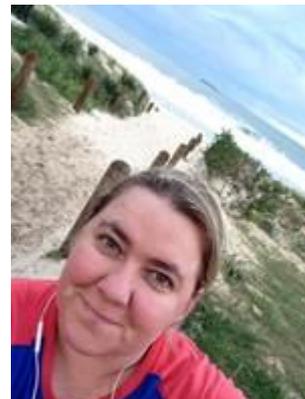
Tash and her family do so much to help others in their greatest time of need. Help me give them a financial rest for 12 months?

I will walk the full 890kms of the Camino De Santiago leaving 1st May 2018. I am fully funding the trip myself. Every single cent raised will go to Maya's Rest. I don't know Spanish and I've never travelled solo.

This will be a journey to remember. Please help it be a trip that so many families will never forget.

#walkforarest

<https://www.gofundme.com/a-walk-for-mayas-rest>



The YVMS Exercise Group does it again!!

Len McGuigan and his band of very fit community members, know as the YVMS Exercise Group (who meet in the YVCC every Tuesday afternoon between 2 and 3pm) have donated \$500 from their \$5 per person contribution at each exercise session to the Bega Shire Mayoral Appeal for the people of Tathra recently devastated in the terrible bushfires there.

At this rate, I am pretty sure the Governor-General must hear of this group's generosity and will no doubt call them all to Government House for some kind of imparting of an award. If not, there is no justice in this world!

Latest Shed Hero – Brian Wilson



Brian is our latest member to join and has made a very positive impact since he arrived.

This bloke is full of energy and has set about quietly and unobtrusively doing all the hidden jobs that we appreciate but don't really notice and no-one else does.

- He has cleaned out (with help from Alf Atkin) the truck mudguard gardens which were overgrown with plants long past their use-by date and replanted a kitchen garden so R2 can get even more adventurous;
- He has taken two serious trailer loads of rubbish to the tip;
- He has washed our kitchen floor on a couple of occasions when it definitely needed some TLC; and
- He has taken to controlling the untidy parts of our yard by tidying up some overgrown and fallen sticks from trees around the place and poisoning those places where the mowers will not go.

Brian, in my view, is one of those mythical "unsung" heroes. Perhaps someone might write a song about him?

Now, if you were not at Peter Roberts' farewell you missed a great meal. However, if you were there you might like the recipe for the crab and salmon canapé which was served on authentic Japanese prawn crackers. An alternative to the prawn crackers and much more affordable are Brown rice crackers (Aldi).

Crab and Salmon (canapé or dip)

Depending on numbers, small, medium or large cans of both crabmeat and red salmon. Now if you wish to go all out and impress, buy the smoked salmon in a packet (cheaper at Aldi) and finely chop.

Ingredients:

- 1x can of crabmeat and 1 x can of salmon (or one packet)
- 2 x tbs of good egg mayonnaise
- 1 1/2 tbs of olive oil
- 1 x tbs of horse radish cream
- 3/4 tbs of lemon juice
- 2 x tbs finely chopped spring onions
- 1 x tps finely chopped washed and drained capers
- 1 x medium red pepper deseeded and finely chopped (or 1/2 tsp red chilli flakes)
- 3/4 x tsp of fish sauce
- 1 1/2 tbs of crème fraiche
- 3/4 x tbs Chinese five spices
- 1/2 x tsp of cumin and oregano
- 1 x tps of dill
- fresh still deserve



Method:

Ensure that both crabmeat and Salmon are drained but retain liquid. In a large bowl thoroughly mix crabmeat and Salmon with mayonnaise, creme fraiche and horseradish cream. Add remaining ingredients. Looking for a consistency of cake batter, if mixture appears to be too dry add some of the retained liquid from the crabmeat and Salmon cans.

Cover bowl with Glad wrap and refrigerate for at least two hours. Overnight is even better to allow the flavours to join-together and have a party (sorry just had to say that!!). Remove dish from refrigerator at least half an hour before serving, allowing dish to come to room temperature. Serve with fresh finely chopped dill on top of dish and brown rice crackers.

A Quick Mustard Sauce (Sweet if you wish)

Now this sauce, is quick and easy and great to spice up chicken, beef, steak or even the odd ham sandwich.

Ingredients:

- 2 x tbs of egg mayonnaise
 - 1/2 tbs of horseradish cream
 - 1 x tbs of olive oil
 - 2 x tps white wine vinegar
 - 1 1/2 tps Dijon mustard
 - 1/2 tps chilli flakes, Chinese five spices and cumin
 - 1 1/2 x tps lemon juice
- To make this sweeter add castor sugar to taste.

Method:

Mix all ingredients in a bowl and refrigerate for at least half an hour.



I do hope you will enjoy..... Please let me know your likes and dislikes.....

R☆☆☆2

Helpful Handy Hints

Members are invited to send in any good ideas that might make all of our lives a little easier or solve a problem. If some of these hints are working well, I will keep them in the Messenger for a couple of editions. ws

Kitchen and cooking hints



Hi, Folks try some of these on...You Tube videos to make life easier in the kitchen...

R☆☆☆2

https://www.bonappetit.com/entertaining-style/pop-culture/article/youtube-food-hacks-2?mbid=nl_nl20180324am_recipeoftheday&CNDID=49516349&spMailingID=19392799&spUserID=MTc0MDc5Mjg0MTcwS0&spJobID=1184387923&spReportId=MTE4NDM4NzkyMws2

Scuttlebut

Scuttlebut 1 - Why do we bake cookies and cook bacon?

Scuttlebut 2 –. The content of the 3rd paragraph in my Editorial on Page 1, is this year’s April Fools attempt on my part. I hope you had a good result with any attempt you might have made. I also hope no one has her a heart attack! ws

Birthdays around this time

March

4/3: Norbert Burmester
5/3: Paul Karamaroudis
7/3: John D’Arx, Bill Findley, Tony Warren
9/3: Ray Armour
12/3: Peter Hurley
13/3: William Grace
15/3: James De Mestre, Chris Smith
17/3: Ron Doyle
25/3: Graeme Fountain
26/3: Rick Williams
27/3: Allan McGrath
30/3: David Campbell

April

4/4: Tom Pankhurst
9/4: Alistair McGregor
10/4: Ken Reidy
11/4: Roger Holgate
13/4: Brian Millett
21/4: Ian Forgie
23/4: Tim Gee
27/4: Trevor Clunne
29/4: Richard McGuirk

Happy Birthdays, Chaps!!! (don’t forget, significant others are real people too – we are happy to wish them “happy birthday” if you give me the details).

Shed Opening Times

- **Tuesdays: 9am to noon.** On Tuesdays we have the VALMAR contingent attend and they enjoy the mentoring that Shed members are able to give – especially help with their projects. There is always something warm to eat on Tuesday mornings, too.
- **Thursdays: 1.30pm to 4.30pm** – normal activity (ie anything anyone wants to do – workshop, coffee and chat, garden, joke telling, etc etc)
- **Saturdays: 1.30pm to 4.30pm.** – activity same as Thursdays - **closed on Saturday 4 November**
- **First Wednesday of each month:** 10am to 11.30am, we have “First Wednesday Morning Tea” which is a time at the Shed for simply social-only time. No workshop activity or noise to interrupt the chat. This is a very good time to meet like minded members and to find those with whom you might have a lot in common. Tank of Tank’s Bakery fame (also a member) provides cakes and pastries, gratis, for this event.

- **Last Saturday of the Month (generally around 2pm)** – an informal Info Exchange that allows members to interact with the Committee and vice versa – discussing issues and keeping everyone up to date. It is at meetings like this where we have great ideas like building a roof over our containers. Come long and tell us what **you** want.

Tuesday Exercise Classes



2-3pm on Tuesdays

The classes are not onerous or difficult. They are designed to improve core strength and balance and the cost is \$5 per session.

These classes are not just for Shed members or just for men.



Tell and invite your friends – they will all be made welcome!

See you in *The David Hale Room* in the Yass Valley Community Centre (next door to the Men's Shed).

The contributions made by members of the Exercise group each week (\$5 per person per session) are being saved in the YVMS Good Deeds Fund for use when we would like to help out either in the Shed or in the Community.

The Yass Valley Men's Shed is very grateful for the generous support of the following entities (in alphabetical order):

BarkerHarle (Consulting Engineers), Chris Beck Tree Removal, Bunnings (Belconnen), Goodradigbee Bookkeeping, KidsBlitz, the Lansdowne Foundation, Former NSW Coalition Government, NSW Local Member Minister Katrina Hodgkinson, Rob Pollack Concreting Services, Priceline Pharmacy Yass, Southern Cable Services, Steve Bugden Plumbing, Supa IGA (Yass), Touie Smith Jnr, Yass Concrete, Yass & District Printing, Yass Fire Brigade, YassFM, Yass Freemasons, Yass Lions Club, Yass Outdoor Power Centre, Yass Rotary Club, Yass Valley Council, Yass Valley First Aid Training, Yass Valley Physiotherapy, The Yass Tribune, Woolworths (Yass).

Please let me know if you think the list is missing an important sponsor/supporter.

For information on Shed Opening Times, regular events and contacts: please click on this link
<http://www.yassmensshed.org.au/>

Download a Membership Form if you know someone who would like to join our Shed.

Click on this link <http://yassmensshed.org.au/wp-content/uploads/YVMS-Membership-Application-Form.pdf> and print the form for them.

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive> - go back and dig up some YVMS archaeology.

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