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YVMS MATTERS

(aka "The Messenger")

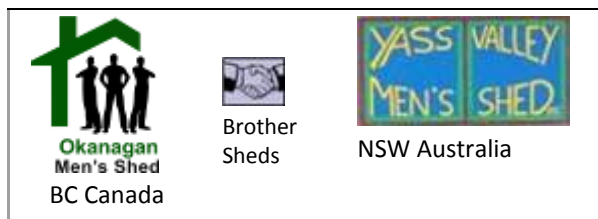
Issue No 172; No 9 of 2017

*YVMS acknowledges the Ngunnawal people on
whose land we meet and we pay our respects to
their Elders past and present*

October 2017
Issued: 1/10/17

YVMS Motto:
"Minimal
bureaucracy
Maximum fun!"

CO-PATRONS:
COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY, &
NIC CARMODY, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



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Quote for meditating upon:

*Sleeping is no mean art:
one must stay awake all day!
.....Nietsche*

Shed Committee

President: Bob Nash 0418 691 423

Vice President: Roger Holgate 0428 509 242

Secretary: Wayne Stuart 0419 292 022

Treasurer: Sam Noor

Manager IT: Nicholas Londey

Member: Richard Rowan

Member: Ian (Mac) McLean

Public Officer: Brian Millett

Editorial – from the Cave - Wayne Stuart

Chaps,

At the risk of being accused of getting a bit self-satisfied, not to mention a little collectively big-headed, I think it is time to give ourselves a big pat on the back. Our Shed has managed a number of achievements in September which show what a great asset we are in Yass. Read this edition for detail, but a couple of standouts for me are:

- the building and installation of access ramps for a local community member who needs that help;
- the installation of support handles on some walls in the home of a member;
- a small group of members signing up to transport R2 to his radiation commitments 5 days per week for 6 weeks;
- help given and appreciated by the YECCA early childhood centre and the Bowning Hill Walk event for Can Assist;
- good progress being made with our Roof project - including the receipt of some significant and smaller but no less valuable or appreciated donations that will fund the project;
- the design and purchase of a curb-side flag sporting our LOGO to lift our profile; and
- acceptance and then sale of some donated flooring that has raised about \$750 for the Shed; and

I challenge you to tell me you don't agree with me!



ws Editor

Message from the President - Bob Nash

Members of the Shed,

Where has the time gone, the ink has only just dried on the last Messenger.

Lots has happened over that time, the flooring which was donated to us has been all sold in a very short time.

The BBQ last Saturday was a success, many thanks to Tony and Warwick for their culinary delights and were enjoyed by all that attended. The gathering of members afterwards was also a success with input from members to help the shed moving forward.

I would have to say that the shed is progressing at a very steady pace and I am very grateful to those members who help in many ways in keeping it that way.

Many thanks to Peter and Allen for the old tool display they have erected at the entrance, it has become a talking point for members.

The shed hasn't previously been in such a sound financial position as it is now, and I thank all those who have helped to attain that position. I believe when we pay for the installation of the roof over the containers we will still have a surplus of \$3000 to \$4000 still in the project account. This will more than cover the proposed smaller shed erection at the back of the workshop to house the dust extractor and possibly a second unit as well.

We will move all the paint and other materials etc in there as well to make more room in the machine areas so that safety can be better attained around them.

Our membership is increasing at a steady rate and as the Messenger goes to press I believe we have 89 paid up members. (I stand corrected, maybe).

Spread the word about what the Shed stands for so that we can pursue our goals of better things to come.

Thank you for your continued support for me during some difficult times of late.



Keep coming to the shed and enjoy

BOB NASH, President.

Message from the Workshop Manager - Roger Holgate

There has been the usual activity in the workshop over the past month.

A few highlights would be :-

1. The building and installing of disability ramps at the front and rear doors of a home for a person who has had a debilitating stroke, also the fitting of hand rails in the toilets and entry doors for one of our long time members who hasn't been enjoying the best of health. These jobs were done without expectation and we have been rewarded very well for our trouble.
2. The delivery of two Knitting Bowls to a local craft supplies shop. This could be a repeat order if they sell OK.
3. The delicate repair of the Yass Rotary Iconic Bell for which a donation was received.
4. A couple of other minor jobs brought in rewards also.

The Canberra Timber and Working with Wood Show is on at the Canberra Racecourse from 27th to 29th October. At this point in time 4 members are planning to attend.

If you would like to attend I can obtain tickets for Shed members for \$10.00 plus a small postage fee, the fee per person will depend on how many tickets we order. If you would like to take advantage of this please contact me

promptly on rhologate3@gmail.com or phone 0428 509 242. Time is limited on this offer so if you hesitate you may miss out. The normal entry prices are \$16.00 or \$14.00 concession.

Lastly, thank you to those of you who took the interest and attended our little session in the workshop. I am sure that all will agree that this is the best way to get some of our messages through and to explain some of our additions and improvements.



Regards to all,
Roger Holgate (aka R~~X~~1) - Vice President and Workshop Manager

What has happened since the last Messenger?

High Profile Flag for the Shed

Our new "teardrop flag" has arrived and has been installed using a pre-existing small post that has been on the verge next to Yass Valley Way for many years.

The old wheely sign has seen better days and would require some significant re-engineering to give it another 9 years of service.

We intend to find a way to preserve the original sign and have it as a memorial to our first President, Paul Haslam, who designed and built it.

The new flag adds a more visible indicator that the Shed is open. It is a dynamic presence on the side of the road by responding to breezes, and the movement attracts the eye.

At the same time, being attached to an existing point, it does not pose any line of sight, trip hazard or access problems.

Many thanks to Bob Nash and Rod Perceval and, more recently Bruce Skillin for doing the minor modifications on the nature strip on Yass Valley Way that will allow easy mounting and taking down of the flag.

It will only fly when the Shed is open and we are actively welcoming passing locals and visitors (and the winds are not too severe!)



Shed IT news

Our new Shed Website is now fully functioning. Give it a go: www.yassmensshed.org.au

If you want something added to it or have some good ideas, please let us know.

Roof over our Containers

This project is on track and we are hopeful that the roof might be built and in place before the summer gets too hot.

Progress so far includes:

- Yass Engineering (Dave Warner) has been contracted to fabricate and install the roof - 30% deposit paid;
- The plans have been finalised and issued by Rob Barker and his team at 5QS Barker Harle Engineers and Bob Nash has finalised the DA paperwork. Both will be submitted to Council early this coming week.
- We have written letters to a number of potential donors which has resulted in two generous donations.

We intend to install in a prominent place under the new roof, a significant "Donor Board" which will look a little like this →

We hope more donations will emerge in the next while and, as they do occur, the Donor Board will be updated with detail of those donations.

You will note from the picture, that we are having some modest success with our "Great YVMS Roof Sponsorship Challenge". So far this effort has resulted in donations totalling \$400 and we hope for more. **If you know a business owner who might be interested to support the Shed in this way, please gently mention the project to them.** We have 18 roofing panels still needing sponsors!

Of course, Shed members might also like to help with sponsoring a Colourbond roofing sheet. Contact me for details on how you can help.

To the extent that we do not secure sufficient donations to fully cover the total cost of the project, the Shed will use its own funds.

ROOF PROJECT 2017

<i>TOTAL COST OF PROJECT</i>	<i>\$24,366</i>
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DONATIONS

<i>YASS VALLEY COUNCIL</i>	<i>\$5,000</i>
<i>BARKER HARLE ENGINEERS</i>	<i>\$4,400</i>
<i>YASS SOLDIERS CLUB</i>	<i>\$2,000</i>
<i>ANONYMOUS SHED MEMBER</i>	<i>\$2,000</i>
<i>TERRY LEMON (S.C.S)</i>	<i>\$1,500</i>
<i>YVMS EXERCISE GROUP</i>	<i>\$500</i>
<i>YASS ROTARY</i>	<i>\$250</i>

\$100 (EACH) COLORBOND SPONSORS

ROB BARKER
MARCHMONT ALPACAS
ELEVENTWELVE PTY LTD
RON MCMULLEN

As of now, the Shed needs to find \$8,316 from our own funds. It would be good if we can further reduce this call on our funds by members asking local businesses to help buy a roofing iron panel - just \$100.

It is very important for the Yass Valley Men's Shed Committee and Members to acknowledge all Community organisations and Shed members who in various guises and degrees have assisted in achieving one of our more important physical projects to date. The Roof over the Containers has many far reaching and important potential benefits for Shed members and visitors. We intend to test the boundaries in fully utilising this valuable new asset to the limits of its potential!

We are very grateful to the Yass Valley Council, 5QS Barker Harle (Rob Barker and his team), Southern Cable Services (Terry Lemon), Yass Rotary, the Yass Soldiers Club, The YVMS Exercise Group. Roofing panels have already been donated (at \$200 each) by Marchmont Alpacas, ElevenTwelve Pty Ltd, Rob Barker, Ron McMullen. We also want to thank a number of donors who wish to remain anonymous for helping us achieve our ambitions.



YVMS Exercise Group

We have benefited from much Community support since we were established in 2008. Without this support, we would not be the wonderful asset that we can confidently claim to be in the Yass Valley in 2017.

Sponsors can help us by donating \$100 to the Shed in one of the following ways:

1. Cash (\$100) given to one of the Shed Committee members;
2. Cheque (\$100) left in the Shed letterbox; or
3. Transfer cash (\$100) by EFT to the Shed's Projects Account
 - BSB 032 771
 - Account Number: 209175
 - Account Name: YVMS Projects

With this option, please make sure the transaction records the purpose and identifies you – eg "[your name] roof".

You can be sure that your current Committee as well as many "hands-on" members will work hard to make the place more comfortable and welcoming and a great place for our current and future members.

Interesting and useful projects undertaken during September

Rotary Gong given a new life



You might recall that I called for a volunteer (in the August Messenger) with super skills to try to fix the Yass Rotary Club's Gong which had suffered a major injury when the Rotary International insignia which sits atop the gong was separated from it recently.

Our modest hero, Dave Lynne (Metal Shop Master) put his hand up and it is now like new again. The skills some of our members have continually amaze me!

Many thanks to Dave - especially as it has resulted in a donation of \$50 from Rotary.

← This is what it looked like, all forlorn and broken; and

This is how it looks now! →



Major ramp built and installed for community member

Allan Carey and Roger Holgate with lots of assistance from Alf Atkin, David Campbell, Allan McGrath, Joe Morrissey, Peter Roberts and Clarrie Schlunke (strict alphabetical order to avoid hints of bias!) recently built, delivered and installed, at the request of his wife, front and rear door access ramps for a local man who has suffered a stroke the results of which would have made access to his home problematic.

This is the result:



Another example of the Shed and its members doing very good things.

Installation of "Old Tools" display units

Peter Roberts built the display units out of wood Grant was threatening to burn.

Allan Carey installed them on the Wall and then set about tastefully and artistically displaying some of our old tools.

Many people wonder why a place seems not to have been left for me - but I heard Bob asking Peter to make more display units for more old tools - so maybe I'll get a guernsey yet!



Yecca tables

You might recall I reported, in the August Messenger, on a couple of tables Mac McLean and Peter Roberts fixed up for the Yecca Early Childhood Centre. Those tables have been a big hit with the staff and especially the kids.

Here are a number of photos showing how well they have been accepted and are being used:



Mac McLean and Peter Roberts being thanked ↑ by the "team" at Yecca

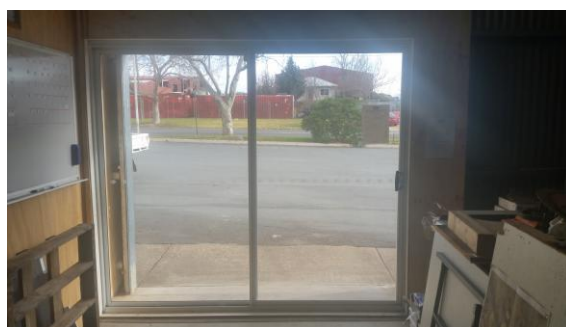
The tables have been such a success that Yecca has donated \$100 to the Shed - how good is that?

Sliding door to Shed

The other BIG improvement that has been made in recent times, has been the installation of a patio sliding door just inside the roller door at the front of the Shed. For all of the time that we have been at the Shed, we have suffered when it is really cold or really hot with (cold or hot) winds blowing through the place and making the place very uncomfortable. Not only that but it is has been almost impossible to effectively heat or cool the place with large openings leaking those attempts to the outside.

Even worse, those winds have seemed to be conspiring to deliver lots of rubbish, leaves and other debris into the Shed and keeping the place clean and tidy has been a thankless task.

Now, thanks to Bob Nash, Allan Carey, Joe Morrissey, Clarrie Schlunke and John Backhouse, the front of the Shed is closed and weather proof and the place is much more comfortable - especially on those terribly cold days we have experienced on the later days of August and the early weeks of September.



Big Can-Assist event

On Sunday 24 September a major fund raising event was held by Can Assist - the Bowning Hill Walk. The Shed had a minor involvement and you can see the photos on the last page of this Messenger.

Yass Landcare Community Nursery launched

Our newest neighbour had their BIG launch on Saturday 30 September and quite a number of Shed members were there (nothing to do with the sausage sizzle!!)

All members of the Yass Community have been invited to come along to the Nursery every Saturday morning to help with their ongoing programs, perhaps to learn a few things and also to get assistance with improving and potting up for their own domestic gardens. I see opportunities for the Shed and its members in that invitation.

By way of reciprocation, on behalf of the Committee and Members, I extend an open invitation to all members of the Yass Landcare Group

and its helpers, to feel free to drop into the Shed at any time that our opening times coincide. We have shade, coffee, conversation and lots of other good things to offer.

I do hope our two community groups can forge a strong and lasting relationship.



Calendar of upcoming events at the Shed (or elsewhere)

Wednesday 4 October - **First Wednesday Morning Tea 10am to 11.30am** – come along and enjoy Tasty Treats from Tanks Bakery (not to mention tea or coffee). Don't miss it! We had a really good turnout in September - it is a great morning! And don't worry - the treats have already been booked, so there will be no waiting to get started.

Saturday 21 October - **YVMS at the Farmers' Markets**

Roger Holgate, Clarrie Schlunke, Peter Roberts & Allan Carey have decided to attend the Farmers' Markets once each month (**on the 3rd Saturday of each month**) to showcase Shed workshop things and to sell what they can to raise funds for the Shed. These blokes are doing their bit! Your challenge, is to bring your skills out of hiding and produce some items that will sell at the Markets.

The feedback I have is that small interesting pieces (clocks, quirky turned items and useful items and gifts are the best sellers. Talk to Roger if you wish to know more.

Wednesdays 25 October and 22 November - **Yass Friendship upcoming visits**

We will be hosting the Yass Friendship group twice before the end of the year. I would urge members to come along and have some fun on those days - they bring morning tea!

It would also be good if some of our more inventive members could dream up a couple of small projects for the Friendship Group members to undertake. Some years ago, we would make small cut-out figures and shapes for them to paint or finish for family presents. With Christmas coming this might be an idea for these two visits? Could we make use of some of the floating flooring suddenly in the place? - OOPS, too late!

Saturday 4 November - **Early Warning - Classic Yass**

Calling all members who like to make things. We are planning to take a large table again at this Year's Classic Yass event to show off our wares.

We had a very successful day in 2016, so Clarrie Schlunke, Peter Roberts, Roger Holgate and Allan Carey will (probably) man the table again if there is enough output to make it worth our while.

Your challenge: make some interesting and saleable things to put on that table and help the Shed keep the wolf from the door!

The early warning is to give you time to get organised and to start a collection of good things for the stall.

General info and other stuff

Latest Membership News

New members this month are Rod Perceval a Viet Vet, guitarist/vocalist and former Yass Postmaster and Malcolm Bamford a refugee from QLD who has arrived in Yass recently. Say hello to Rod and Malcolm make them welcome when you see them.

At the end of September with a trickle of members getting their memberships renewed, our membership now stands at 90. I am confident that we will soon be back at around the 100 members benchmark again.

Other Membership News:



Richard (R2) Rowan started 6 weeks of radiation treatment on 11 September and a number of members have been keen to help him with this process by volunteering to drive him to Canberra Hospital for those treatments - we had all days filled with reserves for each day. Unfortunately, all of that came to a screaming halt when, after his first treatment, he had a fall in Yass and has broken his femur which has resulted in more surgery (a hip replacement this time) and he is now in Canberra hospital recovering and undergoing rehab to learn how to use his new leg. What some blokes will do to get drugs!

The Radiation treatment regime has been reinstated while he is in Canberra Hospital and it is now likely that he will remain in the Canberra Hospital until that radiation treatment is concluded. All of our driver volunteers have been stood down - but their commitment and willingness to help are no less appreciated.

If you would like to contact Richard to give him support, or to offer help, you can call or text him on 0478 598 593.

Here is a note Richard has asked me to include in the October Messenger:

" To: Yass Valley Shed Members.
From: R2, Ward 5B, Bed18
Thank you.

Whilst I have been exploring the delights of hospital cooking of late, I am somewhat humbled and very appreciative of the concern, good wishes and interest shown in my wellbeing by members.

I came to Yass 6 years ago and knew none. I have an 88 year old foster mother in Sydney so no close relatives or friends EXCEPT for the shed. So thank you all very much for the support during my 'heady-thigh' adventure.

One thing that has abundantly become crystal clear..."do it now" as a general premise for living at our age. I am determined to cook at the shed before Christmas and get my hands dirty with those projects I have been lax in starting or even scribbling an outline on paper.

So once again THANKS a million Shed friends....R2."

In October 2008 Alzheimer's Society published 'Dementia: out of the shadows'. The report gave an opportunity to those living with dementia to speak out about their lives, before and after receiving a dementia diagnosis; the problems they encountered and the changed relationship with family and friends.

In a foreword to the report, Sir Terry Pratchett said he believed it better to know about having the condition but that when you do 'come out' the attitude of others changes dramatically. People are embarrassed and one person quoted in the report said that friends he had known for many years now 'crossed the road' to avoid meeting him.

People with dementia often feel that dementia becomes the only thing others know about them. But they remain individuals in their own right and dementia is not the most important thing about them. Many are still able to do what they did before despite their life changing and some things becoming increasingly difficult to do.

However, very consistent themes emerged from the research about what was important in people's quality of life and the methodology proved successful enough to indicate that it could be used on a much bigger scale, with some refinements, to gather information about quality of life, especially from people with more severe dementia.

The key quality of life indicators and findings, in order of importance, that came out of the research were:

- Relationships or someone to talk to
- Environment
- Physical health
- Sense of humour
- Independence
- Ability to communicate
- Sense of personal identity
- Ability or opportunity to engage in activities
- Ability to practise faith or religion
- Experience of stigma

The ability to lead a fulfilled life doesn't stop on diagnosis. A good quality of life can be maintained

from: My name is not dementia - people with dementia discuss quality of life indicators - UK Alzheimer's Society = April 2010

R☆☆☆ 2's Ravishing Recipe of the Month (he can even provide this info from his hospital bed!)

Folks, another of my all in dishes. We actually throw away a lot of food because it's a left over or something that we have not completely used. Like half an onion, half a capsicum, some carrots, brussels sprouts, ginger etc. Do not forget to look in your freezer for the remains of frozen vegetables. As I said this recipe is an all in flavour mix this month I've added some personal notes to the ingredients which I hope will assist in purchase and preparation. This dish will keep at bay the hollow stomachs of grandchildren as well as those casual drop-in's.

Beef and sweet potato pasta bake with spinach and pine nuts (Serves 4)

INGREDIENTS

- 350g penne or other pasta
- 1 tablespoon olive oil
- 1 small onion, finely chopped
- 2 garlic cloves, crushed
- 500g lean beef mince (note: leftovers from Sunday's roast be it chicken, lamb, or beef will also fill the bill)
- 400g sweet potato, peeled, coarsely grated (note: this is a great vegetable and seldom used in the kitchen, for summer roasted sweet potato added to a potato salad makes a huge difference in terms of flavour, texture and visually, we eat with our eyes first!)



- 1 small zucchini, coarsely grated
- 2 tbsp tomato paste (note: Aldi have a great tomato paste with garlic and onion)
- 400g can diced tomatoes (note: Italian style tomatoes with herbs adds just a bit of a kick and flavour)
- 1 cup salt-reduced beef stock (note: buy stock cubes, as you are not paying for water in the premixed packages).
- 4 sprigs thyme
- 50g baby spinach leaves
- 100g ricotta
- ½ cup (40g) grated Parmesan (note: Aldi stock in their cheese area a 3-cheese pizza packet. 2/3 of the 3 cheeses and 1/3 Parmesan is a good mixture).
- 2 tablespoons pine nuts
- some parsley or coriander chopped to serve.
- Salt and pepper to taste.
- Note: you can empty your crisper by utilizing items that may not have longer to survive before they are in your compost bin. (I do hope you have one or a worm farm). Such things as capsicum, diced cabbage, diced carrot. A can of corn, frozen peas or mixed vegetables are also options. Additionally, a chilli or two will add some extra spice and tang.

METHOD

1. Cook pasta in a large pan of salted, boiling water until al dente. Before draining reserve some of the cooking water. (Note: follow the cooking directions on the package, however I tend to reduce the time by a minute or so as this pasta is going to be baked).
2. Meanwhile, heat oil in a medium pan on a medium-high heat. Cook onion and garlic for 3-4 minutes until softened. Add beef and cook until browned, breaking up lumps with a spoon. Alternatively add in your leftovers. This could be a mixture of lamb and chicken or whatever is staring you in the face when you open your fridge. Add sweet potato and zucchini and whatever else you have managed to find. Cook for 2 minutes until softened slightly.
3. Add paste, tomatoes, stock and thyme. Simmer, uncovered for 15-20 minutes until thickened slightly. Stir through spinach leaves until wilted.
4. Meanwhile, preheat oven to 220°C/200°C fan forced.
5. Combine pasta and beef mixture in a 8-cup capacity ovenproof dish. Sprinkle with ricotta, Parmesan and pine nuts. Bake for 15-20 minutes until golden.



Cook..... Serve..... Enjoy..... R☆☆☆2

Helpful Handy Hints

Members are invited to send in any good ideas that might make all of our lives a little easier or solve a problem. If some of these hints are working well, I will keep them in the Messenger for a couple of editions. ws

Kitchen hints

Tomato season is almost upon us. I believe the golden rule is “Plant your tomato seedlings the weekend after the Melbourne Cup”. But I will stand corrected on this matter. Anyway, a couple of things you may wish to contemplate:

1. Tomatoes have a great variety of nutritious substances which add to our general health and well-being. If I am like you, I was unaware of the way to get maximum benefit from the tomato. The answer is, simple cooking. So the next time you desire one of my favourite sandwiches (ham cheese and tomato) grill your

tomato lightly first. And the sandwich stack would be (my preference), a smear of extra virgin olive oil on sourdough bread and lightly grilled, ham, grilled tomato, a little basil and cheese. With the heat from the tomato the cheese should lightly melt. I know it's a little bit of extra effort, but the reward is in the tasting. Grilled tomatoes with eggs on toast is a great way to start the day add some mushrooms, bacon and beans and one has a true breakfast feast.

2. One of the tricks, I have just learned about is that when planting out your tomato seedlings also plant some basil. I suggest basil be planted in the middle of every 4 plants. The rationale for the basil is that it will protect the tomato plants in a natural way from bugs and other creatures wishing to destroy your crop. Anything that reduces the need to use a pesticide I believe is an advantage.

Happy planning and toasted sandwiches.....R2



Pallet furniture and other ideas

I have noticed a growing collection of pallets near the water tanks in recent weeks.

I am aware that these pallets are probably already earmarked for other projects, but if there are any left over, or perhaps we have discovered a secret supply of never ending pallets, then perhaps some members might be interested in just how versatile and potentially useful they can be. Here is just one example, there are hundreds! ➔

Have a look at this website and see if any ideas give you the urge to start building pallet masterpieces for yourself or as a possible Shed income source:

<https://au.pinterest.com/pin/547961479652629977>



Three handy battery tool storage ideas



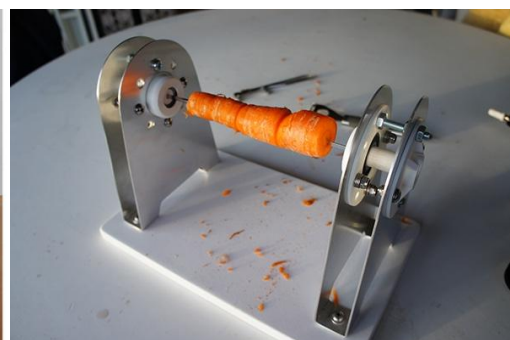
Some "better" kitchen utensils we could make in the workshops?



Workshop food processor



Metal shop juice pourer



Boy's fun carrot peeler (works on apples too)

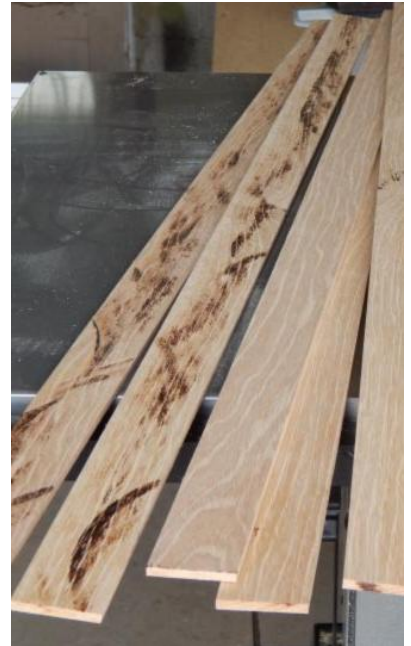
If you see burn marks on the cut edges of wood after you cut them with your [table saw](#), it is because excessive heat from the saw blade is scorching the stock as it passes through the wood. There are three reasons why this can occur.

1. First, a **dull or dirty saw blade** might be the culprit. Make sure that the blade is sharp, clean and [free of pitch](#). A dull blade will make it hard to cut quickly, and the slower the feed rate of the saw, the more friction against the wood and the greater the likelihood of scorch marks.

Pushing the stock through the saw too slowly is a common cause of saw blade burn.

Sometimes a blade that feels dull might only be dirty. If wood pitch resins build up behind the teeth of the blade, the cutting speed will slow down, increasing the chances for burns. Commercial [blade cleaners](#) are sold for this purpose.

2. Second, if the **saw blade and guide fence are not perfectly aligned**, the stock tends to push sideways against the fence as you feed it through, creating more pressure and friction on the wood. Measure between the blade and the fence at both front and back of the blade and if the measurements aren't exactly the same, check your saw use-and-care manual and adjust the blade alignment so it is correct.



3. Third, **feed speed may be incorrect**. Woods like cherry or soft maple are more susceptible to burning, and they will need to be fed faster in order to prevent burns. Experience with different wood species will eventually teach you optimal feed speeds for different types of wood and thicknesses of stock.

While slow feed speeds create smoother cuts, they also make burns more likely. Finding the not-too-fast, not-too-slow feed speed takes some practice.

If you have burns on your stock that you need to remove, you can try sanding them out, but you might have a bit more luck using a wood plane or a sharp, flat scraper.

However, if you make the proper adjustments to your saw before you begin the project, you'll decrease the chances that you'll have to deal with saw blade burns



Roger Holgate, Workshop Manager

Scuttlebut

Scuttlebut 1 - As if golfers don't have enough tall tales...

Two Mexican detectives were investigating the murder of Juan Gonzalez.

'How was he killed?' asked one detective..

'With a golf gun,' the other detective replied.

'A golf gun! What is a golf gun?'

'I don't know. But it sure made a hole in Juan.'



Birthdays around this time

September

2/9: Kim Turner
 5/9: Kevin Mitchell
 7/9: Keith Chappell
 9/9: John Pratten
 10/9: Geoff Cubit
 14/9: Rob Barker
 16/9: Rob Molchanoff
 17/9: Duncan Waugh
 22/9: Rick Jackson
 24/9: Peter Miller
 26/9: Garry Flaherty

October

4/10: Ian Lumsden
 12/10: Norm Leaney
 18/10: Daniel Anderson
 21/10: Mark Bosma
 22/10: Dennis Wicklander
 23/10: Al Phemister
 24/10: Wayne Stuart
 26/10: David Coonan
 29/10: Warren Dickson, Zac Croker

Happy Birthdays, Chaps!!! (don't forget, significant others are real people too – we are happy to wish them “happy birthday” if you give me the details).

Shed Opening Times

- **Tuesdays: 9am to noon.** On Tuesdays we have the VALMAR contingent attend and they enjoy the mentoring that Shed members are able to give – especially help with their projects. There is always something warm to eat on Tuesday mornings, too.
- **Thursdays: 1.30pm to 4.30pm** – normal activity (ie anything anyone wants to do – workshop, coffee and chat, garden, joke telling, etc etc)
- **Saturdays: 1.30pm to 4.30pm.** – activity same as Thursdays
- **First Wednesday of each month:** 10am to 11.30am, we have “First Wednesday Morning Tea” which is a time at the Shed for simply social-only time. No workshop activity or noise to interrupt the chat. This is a very good time to meet like minded members and to find those with whom you might have a lot in common. Tank of Tank's Bakery fame (also a member) provides cakes and pastries, gratis, for this event.
- **Last Saturday of the Month (generally around 2pm)** – an informal Info Exchange that allows members to interact with the Committee and vice versa – discussing issues and keeping everyone up to date. It is at meetings like this where we have great ideas like building a roof over our containers. Come long and tell us what you want.

Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. We have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time). Think about it and help us out – please. **It IS worth it.**

Tuesday Exercise Classes



2-3pm on Tuesdays

The classes are not onerous or difficult. They are designed to improve core strength and balance and the cost is \$5 per session.

These classes are not just for Shed members or just for men.



Tell and invite your friends – they will all be made welcome!

See you in *The David Hale Room* in the Yass Valley Community Centre (next door to the Men's Shed).

The contributions made by members of the Exercise group each week (\$5 per person per session) are being saved in the YVMS Good Deeds Fund for use when we would like to help out either in the Shed or in the Community.

The Yass Valley Men's Shed is very grateful for the generous support of the following entities (in alphabetical order):

BarkerHarle (Consulting Engineers), Chris Beck Tree Removal, Bunnings (Belconnen), Goodradigbee Bookkeeping, Home Hardware (Yass), IGA (Yass), KidsBlitz, the Lansdowne Foundation, NSW Coalition Government, NSW Local Member Minister Katrina Hodgkinson, Southern Cable Services, Steve Bugden Plumbing, Touie Smith Jnr, Yass & District Printing, Yass Fire Brigade, YassFM, Yass Freemasons, Yass Lions Club, Yass Outdoor Power Centre, Yass Rotary Club, Yass Valley Council, Yass Valley First Aid Training, Yass Valley Physiotherapy, The Yass Tribune, Woolworths (Yass).

Please let me know if you think the list is missing an important sponsor/supporter.

For information on Shed Opening Times, regular events and contacts: please click on this link
<http://www.yassmensshed.org.au/>

Download a Membership Form if you know someone who would like to join our Shed.

Click on this link <http://yassmensshed.org.au/wp-content/uploads/YVMS-Membership-Application-Form.pdf>
and print the form for them.

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive> - go back and dig up some YVMS archaeology.

Wayne Stuart 0419 292 022

The 4 signs ("Old Bowning Town", " Gaol", " Gold Office" and "Undertaker") made by YVMS for the Bowning Hill Walk hosted by Can Assist in September 2017. Photos, courtesy Tony and Gillie Warren.

