



THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY & NIC CARMODY, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



BC Canada



Brother
Sheds



NSW Australia

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If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive> - go back and dig out some YVMS history.

The Yass Valley Men's Shed is very grateful for the generous support of the following entities:

BarkerHarle (Consulting Engineers), Bunnings (Belconnen), Goodradigbee Bookkeeping, Home Hardware (Yass), IGA (Yass), KidsBlitz, the Lansdowne Foundation, NSW Coalition Government, NSW Local Member Minister Katrina Hodgkinson, Southern Cable Services, Steve Bugden Plumbing, Touie Smith Jnr, Yass & District Printing, Yass Fire Brigade, YassFM, Yass Freemasons, Yass Lions Club, Yass Rotary Club, Yass Valley Council, Yass Valley First Aid Training, Yass Valley Physiotherapy, The Yass Tribune, Woolworths (Yass).

Please let me know if you think the list is missing an important sponsor/supporter.

For information on Shed Opening Times, regular events and contacts:

please click on this link

<http://yassmensshed.org.au/>

Download a Membership Form if you know someone who would like to join our Shed.

Click on this link <http://yassmensshed.org.au/wp-content/uploads/YVMS-Membership-Application-Form.pdf> and print the form for them.

Calendar of upcoming events at the Shed (or elsewhere)

Early warning – upcoming Shed Seminar

Vice President Richard Rowan has organised a Seminar that many members and community members might find very worthwhile and informative – many thanks Richard.

The details are:

Presenter : NSW Fair Trading

When: 5 November, immediately following our usual First Wednesday Morning Tea celebrations. The Fair Trading people will be invited to attend the morning tea (kicks off at 10am)

Where: Yass Valley Community Centre (next to the Men's Shed)

Topic: the presenter(s) will cover, among other things:

- ✓ Your shopping rights,
- ✓ consumer guarantees,
- ✓ repairs etc;
- ✓ product safety;
- ✓ motor vehicles;
- ✓ home renovations;
- ✓ retirement villages;
- ✓ lodging complaints...etc

In case you are wondering why we have changed the day and time (Seminars are usually held on Thursday evenings at 7pm), we were unable to get NSW Fair Trading to come at that time.

There will be publicity and posters around town in the next couple of weeks.

Mention this to your friends and let's see if we can get a very good turnout for this one!

Would you like to help save a life/lives?

We have been invited to provide some volunteers to help with Driver/Reviver efforts on the Hume Highway as Spring approaches. At this stage we don't have many details, but I imagine the first event might be on the long weekend in October and, perhaps, during school holidays.

I think a normal "shift" is 12 hours – but before you panic and go into catatonic meltdown, we (the Shed) normally provide 3 volunteers for a 12 hour shift, so – 4 hours max each.

If you are interested, can you let me know and I will collect and collate names for onforwarding to the organisers.

Think about this seriously please – the life/lives you save might be known or very close to you. Also, you will meet an amazing cross section of Australia and the World rushing up and down the Hume.

So far I have one response to this invitation, Richard Rowan – surely we can do better than that??

News Review

Dara does déjà vu!

Dara has struck again!!

Bendigo Bank in Boorowa has granted us the princely sum of \$3,174 for the purposes of us setting up a community computer familiarisation and training facility for people in Yass who might like to have one on one lessons. The plan is to set up a computer room in the YVCC with a couple or 3 computers (already donated by Rob Barker) and to demonstrate to interested people how to surf the net, email or SKYPE friends and family, do on line shopping and banking etc.

Watch this space for further info once we have advanced the plans and have the program in place.

Many thanks and much congrats to Dara for once again expanding our horizons at the Shed!

Community Greenhouse(s) at the Community Centre?

We have heard that Transgrid is wanting to dispose of some major hot/greenhouses on their site. We understand that there might be a greenhouse made from polypipe with plastic sheet coverings, watering systems controlled by computer and a number of tanks, racking and similar things. These facilities have been used by Greening Australia, Landcare and others.

There has been some frantic activity behind the scenes to see if a coalition of interested groups cannot be cobbled together to see if this terrific asset cannot be saved from the wreckers and moved onto the site behind the Community Centre and the Men's Shed. Groups such as the Yass Garden Club, Yass Community Garden/Yass Organic Growers, Landcare and others have all expressed interest and Sandy Crisp also has a plan for the beautification of Comur Street which will also fit well with such a facility.

A project of this size is not within the current planning or core business of the Shed, but we are very keen to see it progress and to support it if we can. We do have a plan to build some above ground gardens and a small greenhouse for use by both interested Shed members and members of the Friendship Group who will be making the YVCC their Headquarters' as soon as the centre is opened – so this proposal could play neatly into that planning should it come to pass. Mark Bosma (who also is a member of Landcare, has offered to represent the Shed in any way he can consistent with other calls on his time – many thanks Boz.

At this stage, the feeling is that it being a community project, the Council should be the main player (it is also their land we are talking of) and interested bodies could be brought together in a S.355 type operation to help advise and drive the issue (much like has occurred with the development of the Yass Valley Community Centre).

Watch this space for further news on this exciting development.

Thank you note from Tumut Men's Shed

The TMS would just like to thank the YVMS for the warm welcome and hospitality shown during our recent visit. (Cooks did a great job with the Bikkies straight out of the oven.)

Members all agreed that it was a great day and a good learning experience. It is good to be able to share ideas and information on the running of a shed. Our committee is very grateful for your help with our health and safety policy and also the machine accreditation recording.

Ray has already been in touch with Dara Madden and he has indicated a first step forward regarding grants.

Thank you again. We will organize a return visit. Our President, David Wren, was unable to come on the Yass trip and will be away for another week.

Kind Regards

Pat.

Pat Ludford
Secretary TMS

Shed Kitchen now fully operational

You will be thrilled to hear that the Shed Kitchen is now fully in service.

In the last week, Ken Reidy has installed plumbing (via the new pump) to the kitchen and has also installed our hot water service so we have hot water at the sink. Bob Nash made sure the electrics were up to specification and Steve (Buggo) Bugden and Al Phemister organised the blue line pipe used to get the water to the sink.

Many thanks to all who have been involved in this not inconsiderable task to bring our kitchen in to the late 20th Century (1970s!)

Suggested new Community health activity for the Community Centre

Mark Ritchard (Physiotherapist, Honorary Life Member of the Shed and all round good guy) has made the following suggestion:

“As an interested member of our community I would like to recommend the establishment of a Table tennis competition for the Mens shed. I know a lady who drives to Griffith Canberra for a weekly competition.

It would be perfect for a falls prevention, fitness as well as dementia prevention. It would also attracting like-minded ladies and gentlemen to the facility enabling "shy" members of our community to the benefits of the shed.”

This is a great idea and will give the new Community Centre another worthwhile purpose and *The David Hale Room* will be ideal – it could easily accommodate at least two tables. We already have one table and a bucket of balls – I think most players tend to have their own favourite bats – but we may need to get a couple for occasional players.

My view is that this should be a “Community organised” effort. Of course the Shed would do its best to assist and facilitate.

If there is any interest from Shed members (players, organisers, competitors), please let me know – one organisational thing we will need to do is fix on a time for the competition and permanently book the time in the Centre.

Other ideas:

From time to time, we have had other suggestions for activities as well. These include:

- darts, billiards, snooker, carpet bowls, chess, lawn bowls, cards, boules, golf. We might also be able to organise Bridge classes if there is enough interest. We actually have an almost fully restored 7 sided (antique?) card table to be used in such activity.

Contact me – let’s see if we can make the place even more attractive by having lots of community engagement!

Responses so far: nil, nada, nothing and ZERO – this is your last chance – I will remove this item if there is no interest!

Shed taxi service – ready to roll!



So far we have a basic service ready to start operations as follows:

Our Shed Taxi coordinator is Richard Maxwell (well done, Richard!) you can contact Richard on his mobile: 0416 022 416 or by Email: cherex@bigpond.net.au to book your taxi for a time and place that suits you (remember this only works when the Shed is open for normal activity (Tuesdays 9am to noon, Thursdays 2-4.30pm and Saturdays noon to 4pm – AND the First Wednesday of each month (10am to 11.30 when we have a morning tea and not workshop noise!))

Taxi drivers: Chris Brown in the Rossi Street (West) area and en route to and from the Shed from there on Saturdays. Also Richard Rowan (Tuesdays) and Wayne Stuart.

This is a great idea – don't leave it to others – be an active part of helping mates enjoy the Shed! Let me know if you can volunteer.

YVCC NEWS

New Shed Service

The “artiste” who crafted *The David Hale Room* sign now hanging proudly in the YVCC has offered to do it for anyone else who wants a personalised sign made for any purpose (*Property* or *House* naming, *DOG Kennel* name, “*Keep out of my room*” etc)

All proceeds will go to the Shed.

Arrangements are:

- You find/supply the piece of timber you want to use – minimum sizes will need to apply as the router bit will not do very small work;
- You finish it (paint, stain, polish etc);
- Price: \$50 for signs having less than 10 letters and \$5 per letter for signs having more than 10 letters (you will pay heaps more than this if you can actually find anyone to do it for you!).

Contact me and I will put you in touch.

Tuesday Exercise Classes



For the next 5 weeks or so the morning class will be in abeyance (quite a number of afternoon people are away, so we will consolidate the groups).

➤ **Class time: 2-3pm until further notice**



The classes are not onerous or difficult. They are designed to improve core strength and balance and the cost is \$5 per session.

These classes are not just for Shed members or just for men. At present we probably have a 50/50 representation of both men and women come to the classes. Tell and invite your friends – they will all be made welcome!

See you in *The David Hale Room*

The contributions made by members of the Exercise group each week (\$5 per person per session) are being saved in the YVMS Good Deeds Fund for use when we would like to help out either in the Shed or in the Community, but our normal resources don't cover the extra cost.

Membership News

- Membership has now climbed back to 91 financial members. If there are any members who have not caught up with their dues and who want to do that, there are a couple of really nice blokes at the Shed who will be very happy to help make you “legal” again.

Men's Shed Life Skills - Lesson # 314...

How Babies are Made



(this is actually a real Canadian couple, Patrice and Sandra Laroche, who photographed themselves over the full 9 month period in the same location).

Don't forget!

Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to “allocate the loyalty points to the Yass Valley Men's Shed”. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time). Think about it and help us out – please. **It IS worth it.**

General Invitation – help me out

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

Birthdays around this time

29/8: Tom Kelly, Joey Brown

5/9: Kevin Mitchell

14/9: Rob Barker

17/9: Duncan Waugh

22/9: Rick Jackson

26/9: Garry Flaherty

29/9: Chris Brown

4/10: Ian Lumsden

12/10: Norm Leaney

Happy Birthdays, Chaps!!! (don't forget, significant others are real people too – we are happy to wish them "happy birthday" if you give me the details – this includes Canadians!)

w

Wayne Stuart

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