



# THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY & NIC CARMODY, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



BC Canada



Brother Sheds



NSW Australia

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If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive> - go back and dig out some YVMS history.

**The Yass Valley Men's Shed is very grateful for the generous support of the following entities:**

**BarkerHarle (Consulting Engineers), Bunnings (Belconnen), Goodradigbee Bookkeeping, Home Hardware (Yass), IGA (Yass), KidsBlitz, the Lansdowne Foundation, NSW Coalition Government, NSW Local Member Minister Katrina Hodgkinson, Southern Cable Services, Steve Bugden Plumbing, Touie Smith Jnr, Yass & District Printing, Yass Fire Brigade, YassFM, Yass Freemasons, Yass Lions Club, Yass Rotary Club, Yass Valley Council, Yass Valley First Aid Training, Yass Valley Physiotherapy, The Yass Tribune, Woolworths (Yass).**

Please let me know if you think the list is missing an important sponsor/supporter.

**For information on Shed Opening Times, regular events and contacts: please click on this link**

<http://yassmensshed.org.au/>

**Download a Membership Form if you know someone who would like to join our Shed.** Click on this link <http://yassmensshed.org.au/wp-content/uploads/YVMS-Membership-Application-Form.pdf> and print the form for them.

## Calendar of upcoming events at the Shed (or elsewhere)

### First Wednesday Morning Tea – Wednesday 6 August – 10am to 11.30am

This will be the first “Public” occasion on which we will be able to witness the new Kitchen in all its glory and potential.

Who knows, but Shed Chef ★★R2 might even plan and provide (ably assisted by assistants Phil O’Brien and Len McGuigan, who are the formal hosts for First Wednesdays) some exotic and extraordinary refreshments using the new facilities.

We hope to be joined in the celebrations by Mayor Rowena Abbey, one of our Co-Sponsors.

Put this one in your Diaries – it could be one of the “EVENTS” of the year!

### Proposed visit by some members of the Tumut Shed – some time soon

We have received a communication from one of the movers and shakers at the Tumut Men’s Shed.

The Tumut Shed is in its early establishment and set-up stages and we have provided them with some of our policies and procedures to help them to not have to reinvent any wheels unnecessarily. At the time of providing that information, we also extended to the Tumut Shed members an open invitation to come to our Shed when it suited them for a bit of socialising and exchange of ideas etc.

It seems that the Tumut members are now keen to take up that invitation – probably in the next month or so.

I will keep you informed and if we can organise it, I think we might need to roll Richard Rowan out with his Chef’s hat on **AND IN HIS NEW KITCHEN(!)** so they go home really envious of us.

### Important event at the Soldiers Club



The Red Cross will host a Centenary Dinner at the Soldiers Club on Saturday 9<sup>th</sup> August at 6.30 for 7pm.

The Guest Speaker will be Captain Bede Tongs OAM MM – Kokoda Veteran.

Price is \$50 per person and tickets are available at “Comur House”

Enquiries: Joy 6226 6799 or Vicki 6227 1226

## **News Review**

### **Successful Garage Sale – Saturday 19 July**

Many thanks to the Members (among them, David Staines, Tony Warren, Norm Leaney, Ron Doyle and some others) who helped with the organising and selling on the day.

We were more than moderately successful having taken \$136.50 on the day and with another \$50 still to come from the sale of a computer desk.

Given the need for us to clear the long room in the YVCC, we will now set about disposing of remaining items in that room. If anyone wants to come along and secure any item, please do so soon. There is still some very good stuff in there. I am thinking of starting a PhD on what drives Garage Sale buyers to pass the good stuff and buy the other stuff.

### **YVCC NEWS**

We have had a “win” with our proposal to have David Hale officially remembered. Here is an excerpt from the Minutes of the Council Meeting held last Wednesday night:

#### **12.4 YASS COMMUNITY CENTRE - NAMING REQUEST**

##### **SYNOPSIS**

A proposal has been received from the Yass Valley Men’s Shed for Council to consider naming the main meeting room at the Yass Valley Community Centre ‘The David Hale Room’.

**RESOLVED that –**

**1. Council adopt the suggestion of the Yass Valley Men’s Shed to call the main meeting room ‘The David Hale Room’.**

**2. A policy be developed for the naming of Council infrastructure after citizens who have made outstanding contributions to the community.  
(Jones/McManus) 170**

We will now set about making a sign to hang in the main meeting room of the YVCC to implement Council’s decision.

Good news!

### **Membership fees (\$25.00) now due**

Membership fees were due on 1 July and there is a period of grace until 31 July, after which your membership becomes non-financial. At the time of writing 24 members need to renew their membership (which means we already have some 75 members already paid up for 2014/15 – many thank yous to those members).

I have written to all members who are yet to renew their memberships to provide the options on how to pay. I have also advised those members who are paid up in advance and who do not need to pay this year.

You have two options:

**Cash** – drop in and pay at the Shed on any day that we are open – or put your payment in an envelope and drop it in the letter box next to the notice board beside the roller door; or

**EFT** - The procedure for you to follow if you wish to use the EFT option is as follows:

1. Log on to your bank account and select the “payments” or “transfers” option.

2. Fill in the details of the account into which you wish to transfer these funds:

- a. Name of Bank: Westpac (Yass)
- b. Name of account: YVMS
- c. BSB: 032 771
- d. A/c No. 148894
- e. Amount: \$25.00

3. Where you are requested to state the purpose of the payment (so we know what the payment is for and who it is from) can you provide information in the following format please: "W Smith Subs". Substitute your name for "W Smith".

4. Finally (and most important) can you then send an email to me advising that you have made the transfer. I will then issue a receipt which will be placed under your name tag on the board at the Shed. Please send that email to the Secretary address ([secretary@yassmensshed.org.au](mailto:secretary@yassmensshed.org.au)).

**Let's see if we can keep our membership at or around the iconic 100 members point going into the new membership year – and then build on it some more!!**

## Tuesday Exercise Classes



**We now have 2 classes on Tuesdays (until further notice):**

- **11am to noon; and**
- **2-3pm**



The classes are not onerous or difficult. They are designed to improve core strength and balance and the cost is \$5 per session.

**These classes are not just for Shed members or just for men.** At present we probably have a 50/50 representation of both men and women come to the classes. Tell and invite your friends – they will all be made welcome!

**The contributions made by members of the Exercise group each week (\$5 per person per session) are being saved in the YVMS Good Deeds Fund for use when we would like to help out either in the Shed or in the Community, but our normal resources don't cover the extra cost.**

Meanwhile, somewhere up country.... Here is Marje Holgate staying fit all over the place



St George, QLD (note, startled horse)



Roma, QLD (who is the sapling?)



Charters Towers (note, the duck can't look!)



With a new friend in Townsville

## Membership News

- Membership is currently in a state of flux as many of you have renewed your memberships, but others haven't and we have had a couple of new members join us. With resignations and movings away that I have been advised of, our current financial membership has dropped to 99. Memberships remain current until the end of July at which point they become unfinancial and numbers could drop. At this stage, we still have some 24 members who have not renewed their memberships. You can do it online – see the specific item above. Many thanks to those who have renewed – we have 75 financial members for the coming year – a really good effort!
- Peter Bernasconi is still in the Royal North Shore hospital recovering from his serious operation. He is hoping to return to the Yass Hospital when his condition is stabilised and he is deemed safe to travel. I understand that visitors will be very much restricted early on as he has been receiving large anti biotic treatments, so his immune system will be compromised for a while. As soon as he can safely receive visitors, I will let you know..

## Message from Vice President and Chief Chef, Richard Rowan

To all Shed Food Aficionados,

I am overwhelmed at the delivery and installation of the new kitchen in the Shed. It is not only a most professional job, but it will provide a much higher standard of living for all members and of course the delivery of food (I can now do a roast)!!

My personal congratulations and undying thanks to all who have been involved: Joe Morrissey, Tony Warren, John Backhouse, Ken Reidy, Ruben Larzabal, Bob Nash, Rob Barker, Ray Armour, Richard Saxby (my apologies if I have missed anyone). To these guys, **FANTASTIC!** I apologise that I have been unable to do more...but the mental health of the region called...!



A recent, but not current, photo of progress

This great new asset of ours has got my imagination going and I would like to propose a couple of ideas that I would like to see implemented to take best advantage of this new opportunity once we have the kitchen operational:

1. A regular lunch at the Shed using the new facilities (monthly?) We could call for a volunteer or two to take on the organising and cooking. These lunches would not be free, but they would also not be expensive – say \$5 per person – to cover ingredients, power etc.
2. Basic cooking lessons for members who would like to learn how to cook for themselves, or to surprise those at home. We could also look at more exotic things if there is interest. Gentlemen, I live alone and COOK, and am really willing to share some ideas that will give you a great meal at a very marginal cost.
3. I don't think we should stop at having a great kitchen, we now need some better equipment to put in it. I think we should place a prominent "donation" tin in the kitchen and hope members are happy to lob in the odd gold coin so we can improve our holdings of crockery, cutlery, stocks of basic items for the pantry and more interesting items held for the ad hoc event. At the moment we have soft drink, a couple of frozen pizzas etc. If we were more inventive, we might be able to be much better at entertaining ourselves and our quite regular unannounced visitors (who also would pay a donation). All takings from the kitchen to be ploughed back into further kitchen enhancements and improvements – not into "general revenue". I am not looking for 4★ dining but would like to serve coffee in matching mugs, plates of the same ilk would also be good.
4. To that end, if any members have surplus kitchen utensils that you could donate to amplify our holdings, improve the possibilities for your future gastronomic adventures at the Shed and also to help us fill all of those empty cupboards, I have made a list of the gaps in our current holdings of cooking equipment. If you can help it would be most appreciated. Perhaps Members could look through their own kitchen cupboards

and discover long ago gifts that have never been used or things that are surplus to requirements in the area of kitchen implements or food preparation gadgets. Of particular interest would be:

- blender
- sandwich maker
- mix master
- slow cooker
- wok;
- table knives, forks , spoons etc (we have a mixed lot of “cheappies – some of them plastic) real ones would be good!
- etc.....

This is to help the kitchen become self-sufficient so that we do not have to rely upon individual members' personal equipment brought in every time we decide to have a celebration . If you would like to help but don't have anything to donate, a couple of bucks in the donation tin would also greatly help.

Let's make this kitchen a real winner. I THINK the sky could be the limit!

**Richard Rowan**

## **Enhance our workshop equipment holdings?**

We have been offered an industrial sewing machine and an industrial overlocker. I m not sure of the likely cost.

Is there any interest in us acquiring these machines for the Shed – a number of uses (especially by members who might have home projects that would become very easy if these machines were available come to mind – canvas blind replacement repair, horse rug repairs etc). We could also make them available for community use (for a small donation).

Let me know if you think it would be good to have this kind of capability at the Shed and we can progress negotiations.

## **Laws they don't teach you in physics**

1. **Law of Mechanical Repair** – After your hands become coated with grease, your nose will begin to itch and you'll have to pee.
2. **Law of Gravity** – Any tool, nut, bolt, screw, when dropped, will roll to the least accessible place in the universe.
3. **Law of Probability** – The probability of being watched is directly proportional to the stupidity of your act.
4. **Law of Random Numbers** – If you dial a wrong number, you never get a busy signal; someone always answers.
5. **Variation Law** – If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now.
6. **Law of the Bath** – When the body is fully immersed in water, the telephone will ring.
7. **Law of Close Encounters** – The probability of meeting someone you know INCREASES dramatically when you are with someone you don't want to be seen with.
8. **Law of the Result** – When you try to prove to someone that a machine won't work, IT WILL!
9. **Law of Biomechanics** – The severity of the itch is inversely proportional to the reach.
10. **Law of the Theatre & Football Stadium** – At any event, the people whose seats are furthest from the aisle always arrive last. They are also the ones who will leave their seats several times to go for food, beer, or the toilet and who leave early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people are also very surly folk.
11. **The Coffee Law** – As soon as you sit down to a cup of hot coffee, your boss will ask you to do something, which will last until the coffee is cold.
12. **Murphy's Law of Lockers** – If there are only two people in a locker room, they will have adjacent lockers.
13. **Law of Physical Surfaces** – The chances of an open-faced jam sandwich landing face down on a floor are directly correlated to the newness and cost of the carpet or rug.

14. **Law of Logical Argument** – Anything is possible if you don't know what you are talking about.
15. **Law of Physical Appearance** – If the clothes fit, they're ugly.
16. **Law of Commercial Marketing Strategy** – As soon as you find a product that you really like, they will stop making it or the store will stop selling it.
17. **Doctors' Law** – If you don't feel well, make an appointment to go to the doctor. By the time you get there, you'll feel better. But don't make an appointment and you'll stay sick.

## **Why older men don't get employed**

### Job Interview

Human Resources Manager: "Well that was a great interview. It looks like you're exactly the kind of employee we are looking for. However, one last question"

Older Man: "OK."

Human Resources Manager: "What is your greatest weakness?"

Older Man: "Honesty."

Human Resources Manager: "I don't think honesty is a weakness."

Older Man: "I don't really give a damn what you think."

## **Don't forget!**

### **Reward Points at Home Hardware**

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to "allocate the loyalty points to the Yass Valley Men's Shed". A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time). Think about it and help us out – please. **It IS worth it.**

## **General Invitation**

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

## **Birthdays around this time**

**5/7: Richard Saxby, David Vilanti, Richard Rowan**

**7/7: Colin Statham, Edgar Mongan**

**11/7: John McClung**

**17/7: Merv Wright**

**18/7: Stan Walsh and Mark Ritchard**

**25/7: Jack Phemister**

**27/7: Charlie Royall – Today!!!**

**28/7: John Woodin (gone but not forgotten)**

**29/7: Cameron Madden**

**4/8: Reg Moebus**

**6/8: Peter Bernasconi, Derrick Mason**

**10/8: Alex Tewes**

Happy Birthdays, Chaps!!! (don't forget, significant others are real people too – we are happy to wish them "happy birthday" if you give me the details – this includes Canadians!)

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*Wayne Stuart*

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