



# THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 16 FOR 2013  
SUNDAY 4 AUGUST, 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive>

## Important regular events @ the Shed

- |   |   |
|---|---|
| Every Monday – 5-6pm or 6-7pm                     | <b>Shed Show on Yass FM (100.3) – BUT NOT FOR THE NEXT TWO WEEKS (19/8 and 26/8)</b>  |
| Every Tuesday, 9-10am                             | <b>S&amp;M</b> – not telling you what this is – you will have to come along!  |
| Every Tuesday, 2 to 3pm                           | <b>YVMS Exercise class</b> – concentrating on flexibility, balance and feeling good.  |
| Every First Wednesday of the Month, 10 to 11.30am | <b>Morning Tea at the Shed</b> – No work or workshop noise to distract from good conversation, coffee, tea and cake. <b>Next one is Wednesday 4 September</b> |

## Men's Shed Science Report

### Men With Deep Voices have Fewer Sperm



Results of a study released in 2012 show that there's nothing wrong with the sperm of men with lower voices. But those men are likely to have fewer sperm than their higher-voiced counterparts.

A new study shows men with deep voices tend to have lower sperm counts than their higher-pitched counterparts. The sperm is just as fertile and mobile, but there are fewer of them swimming around.

That's a surprising discovery. Numerous studies have shown women prefer men with masculine features, such as lots of [muscles](#) and that deep voice. And those traits were thought to be present in prime male specimens -- meaning those with plenty of sperm, among other things [source: [Dell'Amore](#)].

Researchers already knew that [testosterone](#), a male hormone that lowers your voice pitch, can also lower sperm production. Now they're reasoning that this new finding means men who are biologically programmed to put more effort into attracting women -- by developing lower voices, strong jaws and the like -- may be doing so at the cost of sperm production. This trade-off makes sense from an evolutionary standpoint if the result is that they get the women, and have more status and dominance [source: [Dell'Amore](#)].

[I look forward to meeting lots of Shed Members whose voices have magically lifted a couple of registers into the boy soprano region next time the Shed opens! Ed.]

## **Calendar of upcoming events at the Shed (or elsewhere)**

**Put these dates in your diary –you will NOT want to miss these!**

### **Thursday 22 August – Steve Grace at the Club House Hotel.**

John Backhouse has just sent me this note:

“I saw a concert advertised at IGA noticeboard and thought shed members may be interested as it is called a Shed Tour performed by a chap called Steve Grace. 7 pm Thurs 22nd August at the Club house hotel. Not sure how it relates to a shed though.”

If you are interested and also wish to solve John’s conundrum, the Yass Trib recently did an article on this bloke – click on this link to get the story: <http://www.yasstribune.com.au/story/1707948/grace-draws-crowd-to-yass/?cs=12>

### **Tuesday, 27th August, Health Seminar at 10am at the Murrumbateman Menshed**

Program:

1000 hrs Home Living Support Service Speaker: Lynette Moore.

1035 hrs (Approx) Stroke Foundation Speaker: Melissa Cowie.

1105 hrs (Approx) Heart Foundation Speaker: Jeanette Ryan.

If you are interested to attend this event, [can you let me know](#) so I can pass on numbers to the organisers (for both accommodation and catering purposes). So far we have 2 takers.

### **Monday 9 September – Full Irish Breakfast with the Gunning Guys (in Gunning)**

See item below

### **Tuesday 24 September – 9.30am to 12.30pm - Don't forget the Regional Men's Sheds Bowls Day – Yass Bowling Club.**

There will be around 30 blokes from Sheds all around southern NSW attending this one (being organised by the Murrumbateman Shed) We will be hosting all of these blokes afterwards to lunch at the Shed and our in-house Chefs are currently working on plans to feed those masses.

If you would like to form a team to play bowls (we must have more talented members than any other Shed, surely!), help with the food or just come along to have a feed on the day (\$5 per head) let me know by return email.

Haven't had much interest so far!! We have faint murmurings about fielding one or possibly two teams of 4 and only one or two offers of help with the catering. I am hoping for a bit more interest in the next couple of weeks.

**Let me know if you want to organise an event – or if you want me advertise an event, and IT WILL BE DONE!**

## **News Review**

### **Briefly.....**

**Yass Valley Community Centre (YVCC)** It appears that Council now has in the region of \$75,000 to spend on fixing up the Community Centre so that it can open (hopefully quite soon). We also have lift-off on the S.355 Committee activity, which, I understand will be having its first meeting since the Council elections almost a full year ago) on Thursday 22 August. The Shed is represented on this Committee by Len McGuigan and Allan McGrath.

**Farewell to Ross Hutton** there was a memorial service held for Ross Hutton last Thursday morning in the Len Waters Room at Linton. Four Shed members attended to pay our respects.

It seems to me appropriate for us to remember those members we have lost since we started some 5 years ago:

Jack Schenning 2008	Edward Jessop* (Deceased 2010)	Doug Aspinall 2012	John Daley (December 2012)
Gordon Duncan* (Deceased Sept 2009)	Bob McKissack* (August 2011)	Graham McLeod* (November 2012)	Ross Hutton (5/8/13)
Viv Grey (Deceased 2009)	Donald Hoffmann 2011	Patrick Carey (November 2012)	

\*Returned Serviceman

**Containers for the Shed.** As you know we have a grant application going to acquire 2 x 40 ft containers: one to be fitted out as a metal workshop and the second to be used as a secure store for timber etc (which we will need to move from the YVCC when it becomes a facility for the Yass Valley Community). We have found that MA Steel has one container and is expecting another in a couple of weeks that they are prepared to sell to us for a good price. If anyone knows of someone in Yass who has the capability to transport 40 foot containers from MA Steel to the Shed, then unload them and place them on site for us, can you let us know please. We think an empty 40 foot container weighs about 4 tonnes. It would also be good if you could use your influence to get us a good price on that service.

**Yass Rotary will fund the construction of two billy carts** for use by members of the public in the billy cart derby at the Yass Arts Trail weekend in November. We have collected bikes and old wheelie bins for the first billy cart – The VALMAR boys have started on this project – expect photos soon!

**Workshop Tool Care update.** We have had a couple of episodes of damage to tools at the Shed in recent times. Please ask for assistance if you are not sure how to use any particular piece of equipment – it can get pricey for us to be fixing tools – to the exclusion of us updating and acquiring more. It can also render tools unusable until they are fixed, thus limiting the use and convenience of the Shed facilities.

## **Return Visit to meet the Guys from Gunning on their own ground**

We have received the following note from the Gunning guys:

Hi Wayne, We had our meeting this morning in Gunning(12th).



Part of the crowd when the Gunning Guys visited our Shed – could not fit all of them in the room (or the photo!)

We had a discussion about asking some of your men from the Yass shed to pay us a visit  
We're planning a full Irish breakfast for **Mon Sept 9<sup>th</sup>** - there will be no cost for our visitors

A Butcher in Crookwell is donating some goodies  
Also what we put in ourselves  
If there is an interest in visiting, we would appreciate approx numbers.....for catering purposes.

We meet at the Anglican hall in Biala St ...starting at 10-30am

I will be in Yass next week with my application form and membership fees etc. I believe you will have 4 or 5 new members from Gunning / Dalton areas.

I look forward to your reply  
many thanks  
Tony (Gough)

I sent this note out during the week and already have 5 takers – so one car is organised already. It would be good if a few more blokes are interested. Let me know in the next week or so in order that we can advise Tony and his Chefs so they can start early on that full Irish Breakfast (Black pudding, taties, Irish Soda Bread and Guinness???). We have the option of using the Andalini Bus if there are enough takers. Otherwise we'll organise a couple of cars – so transport is not a major issue.

The plan would be to meet at the Shed and depart by about 10am on Monday 9 September.

## **James' new fangled clothes hanger**

James Mather and Allan Carey have been carefully planning and building a clothes hanger for James' room for a few weeks now.

The idea was to have, in one device, storage for coats, hats, shoes and anything else that needs picking up off the floor.

They finished it last week and here is a picture of James and the work of art in its finished state.

When asked where in his room would he put the new piece of furniture, James responded: "I'm not putting it in my room, I'm putting it in the lounge room – no one will see it in my bedroom!"



## **Old Cars at the Shed**

On Saturday, the Yass Antique Car Club (and some of its antique members) visited the Shed to have a Rego Check Day. This happens two or three times each year.

Here are some of the vehicles you could have seen if you had bothered to get out of bed before about 11.30 on the day:



There were a number of others as well, but they had gone by the time I got out of bed....

## Membership News

Our membership remains at 91 with the signing up of a new member, Derrick Mason, from Boorowa. You are very welcome Derrick and we hope you will have the opportunity to call in and enjoy the camaraderie both regularly and often!

## Membership Dues

Anyone whose membership was not renewed by the end of July (still about 25 of you out there) is now technically unfinancial. I would urge any such members to renew your memberships as soon as possible please – we rely on that income for a number of costs that we must meet (electricity and insurance being two biggies!)

You can renew your membership for one year (\$20), 3 years (\$50 – a saving of \$10), or 5 years (\$80 – a saving of \$20 or 5 years for the price of 4).

And don't forget, you can renew your membership by one of two methods:

1. Cash/cheque given to one of the Committee members or by posting in our letterbox at the Shed; or
2. By Electronic Funds Transfer as follows:
  - i. Log on to your bank account and select the "payments" or "transfers" option.
  - ii. Decide the payment you wish to make (\$20 for 1 year 2013.14, \$50 for 3 years 2013.16, or \$80 for 5 years 2013.18).
  - iii. Fill in the details of the account into which you wish to transfer these funds:
    - a. **Name of Bank:** Westpac (Yass)
    - b. **Name of account:** YVMS
    - c. **BSB:** 032 771
    - d. **A/c No.** 148894
  - iv. Where you are requested to state the purpose of the payment (so we know what the payment is for and who it is from) can you provide information in the following format please: "B Bloggs Subs 2013.14" (or 2013.16 or 2013.18 if paying for longer periods). Substitute your name for "B Bloggs" (eg W Smith, B Jones etc – if you don't do this we won't know who you are and we will think you are still unfinancial). Please note that some banks won't allow any characters other than alphanumeric in the transaction record – hence the suggested "2013.14" format.

# *GST*(goods and services trading) OR *Lost and Found*\* - contact Richard Rowan

\*(I was *LOST* in my mess but I *FOUND* a solution at the Shed)

This is a section of the newsletter where members can avail themselves of the great knowledge pool within the shed. Secondly it is also a place where members can get rid of stuff or seek stuff. New items added this week are in **red type**.

## *Help needed or available*

David Hale, (one of our original and esteemed members) has a large pile of wood chips for distributing around his garden. David is not a well boy and it would be a good and Shed-like thing to do if we could get a number of blokes together one day to do the job for David.

Can you let RICHARD MAXWELL, [cherex@bigpond.net.au](mailto:cherex@bigpond.net.au), or 0416 022 416 know if you are interested and we will try to find a day that suits most (if not all) people. The more volunteers we get the quicker will be the job. Would be good to bring a wheelbarrow, rake and shovel/fork for the job.

Richard Maxwell is looking for volunteers to nominate to help people in the town who might want small jobs done at their homes. We are thinking along the lines of changing tap washers, fixing a broken step or railing etc. It is important to underline here, that we are not a job centre or a handyman operation. We also need to be very careful not to be taking work away from Yass small business people who are in the handyman game. If you are interested in this possibility, please contact Richard Maxwell [cherex@bigpond.net.au](mailto:cherex@bigpond.net.au), or 0416 022 416 and he will do any necessary organising of jobs etc.

## *Required*

??

## *Please come and collect*

We have had quite an amount of timber of varying kinds and sizes donated in recent times. If you have that small job to do but haven't got the right materials, we may have them and at a very competitive price (a gold coin or two depending on how much you need/take).

## *Wanted*

**Al Phemister** - 0419 439 710 is still looking for old tools for a sculpture he has been asked to make to help Canberra celebrate its Centenary. He needs old (weldable – ie iron or steel) tools such as garden tools (shovels, rakes, hoes, mattocks etc) as well as other tools (hammers, hand shears, large spanners and the like). To make it easy, we will have a box at the Shed into which you can drop your offerings. Alternatively, give Al a ring and he will take it from there. We already have a few items finding their way to the box – redouble your efforts and see what you can do to help Al and his project.

## *For Sale*

**Joe Morrissey** has the following items FOR SALE

GMC rotary hammer (heavy duty hammer drill). Little used. Includes case, adapter for standard chuck and a separate carry case with 14 SD drills. Price \$45

Homelite 14inch chainsaw. It has been used for less than 10 hours. Included is a chain sharpener and an almost full container of chain and bar oil. Retail price \$180 for the chainsaw alone. The lot for \$110.

Contact Joe on **0412 258 300**

## Howard the Horticulturist is Back in Business

At this stage we have seeds for sweet corn and golden pod snow peas. Howard tells me he will have a range of tomatoes in the very near future, so watch the garden produce bar in the main room at the Shed.

All proceeds are ploughed (boom boom!) back into Shed garden related projects, supplies etc.



A young bloke, **Ben Scanes**, runs a small business in which he will sell you all the sheep poo you can possibly need or want for a modest fee per bag (three bag sizes available). If you would like to take advantage of this offer, phone this number: **0409 819 324**, talk to Ben's mother (Veronica) and make the arrangements that suit you both (they deliver).

## *YVMS Sheddle Shoppe*

We have a good selection of stuff for sale (things made by members and some other donated things like tables (both dining and computer), a bike, an "Abs Cruncher" exercise machine, and lots of other things – you never know, but we might just have what you want! Contact me if you want more info.

Even if you don't need anything from the shop, come along and buy something – we need the funds (and we'd like to get rid of some stuff so we can replace it with other stuff)!

We still have lots of vinyl records too!

## *Other*

If anyone is interested there are still a couple of small projects at the shed waiting for someone to take them on.

Richard Rowan is managing this column on behalf of all Shed members. The way it works is that you give Richard the info – I will publish it here with your contact details, and hordes of Shed members will then contact you (and both of you will be happy). **Richard can be contacted on 6226 6839, 0429 980 337 or [richard.rowan@ozemail.com.au](mailto:richard.rowan@ozemail.com.au).**

## **Don't judge a book.....**

Precious little girl walks into the local Pet Shop and asks, in the sweetest little lisp, between two missing teeth,

"Excute me, mithter, where do you keep the widdle wabbits?"

As the shopkeeper's heart melts, he gets down on his knees so that he's on her level and asks,

"Do you want a widdle white wabbit, or a thoft and fuwwy, bwack wabbit, or maybe one like that cute widdle bwown wabbit over there?"

She, in turn, blushes, rocks on her heels, puts her hands on her knees, leans forward and says, in a tiny quiet voice:

"I don't think my python weally gives a thit."

[Thanks to Roger Holgate for this little beauty! Ed.]

## Don't forget!

### S&M at the Shed 9-10am on Tuesdays

– if you don't come, you will never know what your mates are up to..... And DON'T try to find out by asking a member who does attend on Tuesdays – they will not tell you , you will just have to come. Support your Shed, we are trying our best to make it interesting for you.

### Exercise Classes at the Shed – Tuesdays 2-3pm

Classes will be held this coming Tuesday - \$5 per session. We are now saving the \$5 contributions and when we get enough in the kitty, the Exercise Class will be going to Thyme to Taste for a classy afternoon nosh-up following the Class. Join up now, you have only better health and better eating to look forward to!

### Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to “allocate the loyalty points to the Yass Valley Men's Shed”. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – so it IS worth it.

Think about it and help us out – please.

## YVMS Website

Have a surf – enjoy yourselves! [www.yassmensshed.org.au](http://www.yassmensshed.org.au)

## General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

## Birthdays around this time

**4/8: Reg Moebus**  
**6/8: Peter Bernasconi, Derrick Mason**  
**9/8: Col McMillan**  
**10/8: Alex Tewes**  
**11/8: John Wolstencroft, John Nash**  
**12/8: Warren Hall, Max Wykes**  
**14/8: Gary Reynolds**

**20/8: Arnold Rigby**  
**22/8: David Todd**  
**29/8: Tom Kelly**

Happy Birthdays Chaps!!!

## Some of the current YVMS contacts and “Code Holders” (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	<a href="mailto:rayhill01@dodo.com.au">rayhill01@dodo.com.au</a>
Wayne Stuart	0419 292 022	<a href="mailto:wayne@stuartoz.com">wayne@stuartoz.com</a>
Reg Moebus	6227 3238	<a href="mailto:wargeila@bigpond.com">wargeila@bigpond.com</a>
Roger Holgate	6226 1664	<a href="mailto:roger42@dodo.com.au">roger42@dodo.com.au</a>
Dave Staines	0408 340 040	<a href="mailto:yccc@dodo.com.au">yccc@dodo.com.au</a>



## Shed Opening Times and opening volunteers

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 <sup>st</sup> Wednesday 10 – 11.30am <u>Coffee &amp; Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549  Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300  Richard Saxby 0408 802 411	Joe Morrissey is currently doing this for us – but he cannot commit full time. Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

We like to have at least two volunteers for opening/closing duties to help share the load. If you can help by nominating to open/close the Shed (either on one of the regular days – or you would like the Shed to open at some other time and you are prepared to do the honours), please let me know and we'll make the arrangements.

w

*Wayne Stuart*

Secretary, Yass Valley Men's Shed

0419 292 022

[secretary@yassmensshed.org.au](mailto:secretary@yassmensshed.org.au)

<http://yassmensshed.org.au>