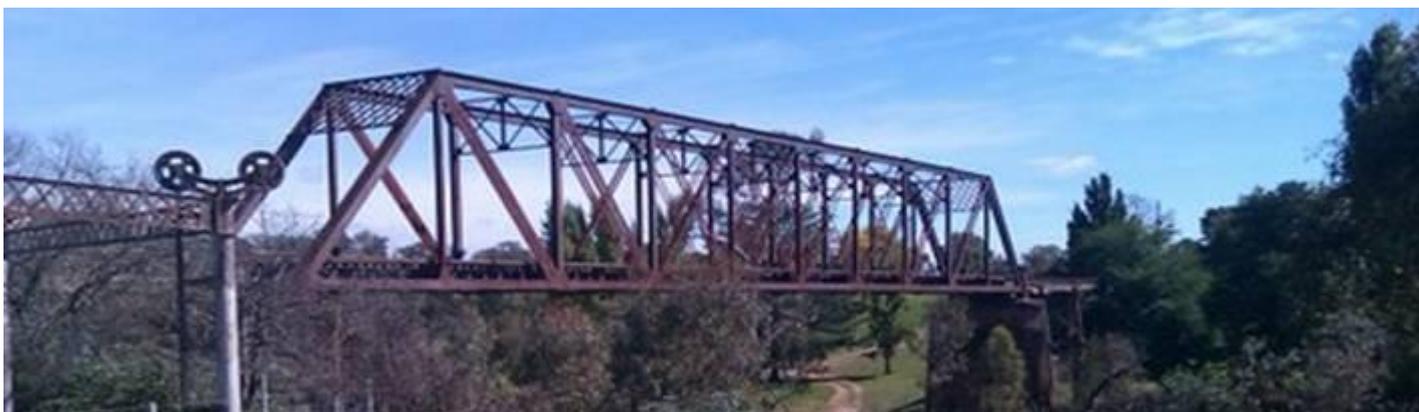




# THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSANGER NO 15 FOR 2013  
SUNDAY 4 AUGUST, 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive>

*Something New: listen to YassFM between 5 and 6pm on Mondays and hear news of the Shed or learn something you didn't know (including their taste in music) from Shed members. First cab off the rank this week will be YVMS President Len McGuigan*

## Important regular events @ the Shed

Every Monday – 5-6pm

**Shed Show on Yass FM (100.3)** – This week it is Len McGuigan being interviewed by Richard Maxwell

Every Tuesday, 9-10am

**TMC** – not telling you what this is – you will have to come along!

Every Tuesday, 2 to 3pm

**YVMS Exercise class** – concentrating on flexibility, balance and feeling good.

Every First Wednesday of the Month, 10 to 11.30am

**Morning Tea at the Shed** – No work or workshop noise to distract from good conversation, coffee, tea and cake. **Next one is Wednesday 7 August – ie NEXT WEDNESDAY!**

## Calendar of upcoming events at the Shed (or elsewhere)

**Put these dates in your diary –you will NOT want to miss these!**

**First Wednesday Morning Tea is on this coming Wednesday** (7 August) – come long at 10am for an hour or so for a coffee, cake, a chat and enjoy some quality time with some really good blokes. (there is no workshop allowed – so you will be able to hear yourself think and what the bloke next to you is actually saying.)

**Regional Men's Sheds Bowls Day – Yass Bowling Club – Tuesday 24 September – 9.30am to 12.30pm.**

	<p>There will be around 30 blokes from Sheds all around southern NSW attending this one (being organised by the Murrumbateman Shed) <b>We will be hosting all of these blokes afterwards to lunch at the Shed and our in-house Chefs are currently working on plans to feed those masses.</b></p> <p>If you would like to form a team to play bowls (we must have more talented members than any other Shed, surely!) , help with the food or just come along to have a feed on the day (\$5 per head) let me know by return email.</p> <p>YVMS Uniforms for the Bowls day – ← Chef Richard is resplendent in his Chef outfit (which saves his clothes from spills, splashes and other minor disasters) and → Captain of the YVMS Bowling Team Richard is modelling the Bowlers' outfit that all YVMS Bowlers will wear on the day.</p>	
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**Let me know if you want to organise an event – or if you want me advertise an event, and IT WILL BE DONE!**

### **Men's Shed Science Report**

Did you know that most of the great breakthroughs in science have been as a result of observing animals' behaviours.

Using animals in various kinds of experiments to determine reactions, impacts of chemicals, new possibilities in surgeries, transplants, psychological testing - the list is endless. Animals are also great companions, sometimes the only friend you have.

Is it any wonder, then, that scientists continue to seek new ways to use animals to improve our way of life and the safety of mankind?

In a recent experiment, scientists have conclusively proven that men are much safer drivers than women by measuring heart rate, respiration rates and other visible cues.

You are now in a position to make an informed decision about who you will travel with as a passenger. In this case, all you need to do is look at the eyes (of the dog)!



You cannot argue with scientific proof!

## **News Review**

### **Briefly.....**

Council officers visited the Yass Valley Community Centre (YVCC) a couple of weeks ago to work out a budget and prioritise work needed for the YVCC to be opened as a community centre. I understand that the Council has approved a budget of \$75,000 to be used to complete the work necessary to open the centre to the Yass Valley Community. Watch this space for updates – perhaps, now, the relevant S.355 Committee will now be convened?

Tony Stevens, the Business Services Manager at the Council has recently organised the repair of the interrupted electricity service in the YVCC, and has also arranged for the big chain link gates at the eastern end of the YVCC to be repaired (the hinges were broken). Many thanks to Tony and the Council for these improvements. Tony is also organising some timber so we can cover the gap at the top of the veranda on the YVCC where birds rest and foul the front of the building.

Dara Madden completed and lodged an application to the NSW Govt during the week seeking \$10,000 for us to purchase 2 x 20 ft containers: one to be fitted out as a metal workshop and the second to be used as a secure store for timber etc (which we will need to move from the YVCC when it becomes a facility for the Yass Valley Community). We expect to hear the outcome of that application around mid September. In the meantime, Richard Maxwell is on the case seeking out best prices for containers for us. If anyone has good intelligence about where we might source a couple of containers at a good price, please let us know.

Yass Rotary will fund the construction of two billy carts for use by members of the public in the billy cart derby at the Yass Arts Trail weekend in November. Anyone interested to help build the billy carts? We have collected bikes and old wheelie bins for the first billy cart – we should make a start in the next couple of days on this one.

The U3A has commenced using the YVCC (next door) for their Thursday programs (History Group in the mornings and Art Group after lunch). From reports received, both groups are very happy with the arrangements and the venue. We wish them well and welcome them to a very good side of town! If you are at a loose end on Thursdays, perhaps the U3A might have something for you?

All three tanks are full following recent rain – bring on Spring and Summer!

### **Visit to the Shed by the Guys from Gunning**



Part of the crowd on the day – could not fit all of them in the room (or the photo!)

Last Wednesday week (25 July) Richard Maxwell borrowed the Andalini bus and collected 6 or 7 blokes from Gunning and Dalton and brought them to the Shed for a visit and to try out our new pizza cooker.

We also managed to attract about 12 of our own Shed members and so a really good day ensued.

There was much conversation and discussion about the Gunning blokes setting up their own Shed. We tried really hard to convince them to join our Shed (it would save them all the set up and growing pains and would deliver them (and us) a fully established and trained set of new friends. I will keep you informed.

## **Table for VALMAR aka Lauren's Table**



Last time, I reported on this table which was recently built at the request of, and to a plan provided by, VALMAR for use VALMAR by clients who are confined to wheelchairs.

The table had a "road test" and was accepted and carried away by VALMAR last week and from all accounts it fits the need precisely (a testament to the plan, the drawings and to the skill and reading ability of the builders).

Many thanks (again) to Allan Carey and Joe Morrissey – furniture makers.

## **Membership News**

Our membership has fallen slightly in the last week and we now have 91 members. This is result of a couple of members being removed from the list due to health and in one case, being unfinancial for two years consecutively (and not renewing so far this year).

### **Membership Dues**

Anyone whose membership was not renewed by the end of July is now technically unfinancial. I would urge any such members to renew your memberships as soon as possible please – we rely on that income for a number of costs that we must meet (electricity and insurance being two biggies!)

You can renew your membership for one year (\$20), 3 years (\$50 – a saving of \$10), or 5 years (\$80 – a saving of \$20 or 5 years for the price of 4).

We do have quite a number of members who have taken advantage of the multiple year option – give it a thought and you won't have to worry about being chased for the next several years!

And don't forget, you can renew your membership by one of two methods:

1. Cash/cheque given to one of the Committee members or by posting in our letterbox at the Shed; or
2. By Electronic Funds Transfer as follows:
  - i. Log on to your bank account and select the "payments" or "transfers" option.
  - ii. Decide the payment you wish to make (\$20 for 1 year 2013.14, \$50 for 3 years 2013.16, or \$80 for 5 years 2013.18).
  - iii. Fill in the details of the account into which you wish to transfer these funds:
    - a. **Name of Bank:** Westpac (Yass)
    - b. **Name of account:** YVMS
    - c. **BSB:** 032 771
    - d. **A/c No.** 148894
  - iv. Where you are requested to state the purpose of the payment (so we know what the payment is for and who it is from) can you provide information in the following format please: "B Bloggs Subs 2013.14" (or 2013.16 or 2013.18 if paying for longer periods). Substitute your name for "B Bloggs" (eg W Smith, B Jones etc – if you don't do this we won't know who you are and we will think you are still unfinancial). Please note that some banks won't allow any characters other than alphanumeric in the transaction record – hence the suggested "2013.14" format.

# *GST*(goods and services trading) OR *Lost and Found*\* - contact Richard Rowan

\*(I was *LOST* in my mess but I *FOUND* a solution at the Shed)

This is a section of the newsletter where members can avail themselves of the great knowledge pool within the shed. Secondly it is also a place where members can get rid of stuff or seek stuff. New items added this week are in **red type**.

## *Help needed or available*

**David Hale**, (one of our original and esteemed members) has a large pile of wood chips for distributing around his garden. David is not a well boy and it would be a good and Shed-like thing to do if we could get a number of blokes together one day to do the job for David.

Can you **let RICHARD MAXWELL**, [cherex@bigpond.net.au](mailto:cherex@bigpond.net.au), or **0416 022 416 know** if you are interested and we will try to find a day that suits most (if not all) people. The more volunteers we get the quicker will be the job. Would be good to bring a wheelbarrow, rake and shovel/fork for the job.

**Richard Maxwell** is looking for volunteers to nominate to help people in the town who might want small jobs done at their homes. We are thinking along the lines of changing tap washers, fixing a broken step or railing etc. It is important to underline here, that we are not a job centre or a handyman operation. We also need to be very careful not to be taking work away from Yass small business people who are in the handyman game. If you are interested in this possibility, please **contact Richard Maxwell** [cherex@bigpond.net.au](mailto:cherex@bigpond.net.au), or **0416 022 416** and he will do any necessary organising of jobs etc.

## *Required*

??

## *Please come and collect*

We have had quite an amount of timber of varying kinds and sizes donated in recent times. If you have that small job to do but haven't got the right materials, we may have them and at a very competitive price (a gold coin or two depending on how much you need/take).

## *Wanted*

**Al Phemister** - 0419 439 710 is still looking for old tools for a sculpture he has been asked to make to help Canberra celebrate its Centenary. He needs old (weldable – ie iron or steel) tools such as garden tools (shovels, rakes, hoes, mattocks etc) as well as other tools (hammers, hand shears, large spanners and the like). To make it easy, we will have a box at the Shed into which you can drop your offerings. Alternatively, give Al a ring and he will take it from there. We already have a few items finding their way to the box – redouble your efforts and see what you can do to help Al and his project.

## *For Sale*

### Howard the Horticulturist is Back in Business

At this stage we have seeds for sweet corn and golden pod snow peas. Howard tells me he will have a range of tomatoes in the very near future, so watch the garden produce bar in the main room at the Shed.

All proceeds are ploughed (boom boom!) back into Shed garden related projects, supplies etc.



## Joe Morrissey has the following items FOR SALE

1. 105 Weathertex boards. The pattern is Millwood smooth, and each is 3.66M long and 280mm wide. I estimate they will cover 112 square metres. They are pre-primed. If you bought them from a famous hardware warehouse they would be over \$35 each. For quick sale you can have them for \$20 each. If you buy the lot the price is negotiable and I will include two internal and one corner mouldings, and about 50 or 60 joiners.
2. GMC rotary hammer (heavy duty hammer drill). Little used. Includes case, adapter for standard chuck and a separate carry case with 14 SD drills. Price \$45
3. Homelite 14inch chainsaw. It has been used for less than 10 hours. Included is a chain sharpener and an almost full container of chain and bar oil. Retail price \$180 for the chainsaw alone. The lot for \$110.

Contact Joe on **0412 258 300**

A young bloke, **Ben Scanes**, runs a small business in which he will sell you all the sheep poo you can possibly need or want for a modest fee per bag (three bag sizes available). If you would like to take advantage of this offer, phone this number: **0409 819 324**, talk to Ben's mother (Veronica) and make the arrangements that suit you both (they deliver).

## YVMS *Shedde Shoppe*

We have a good selection of stuff for sale (things made by members and some other donated things like tables (both dining and computer), a bike, an "Abs Cruncher" exercise machine, and lots of other things – you never know, but we might just have what you want! Contact me if you want more info.

Even if you don't need anything from the shop, come along and buy something – we need the funds (and we'd like to get rid of some stuff so we can replace it with other stuff)!

## Current Specials:

Don't forget our current collection of around 2,000 vinyl LPs➔.

We have sorted them into categories including: Classical, Country, OZ, Pop, Jazz, Folk, Shows, Bands/Orchestras and Misc. Records are free to a good home – will cost you \$1 each if you want to return them!



## Other

If anyone is interested there are still a couple of small projects at the shed waiting for someone to take them on.

Richard Rowan is managing this column on behalf of all Shed members. The way it works is that you give Richard the info – I will publish it here with your contact details, and hordes of Shed members will then contact you (and both of you will be happy). **Richard can be contacted on 6226 6839, 0429 980 337 or [richard.rowan@ozemail.com.au](mailto:richard.rowan@ozemail.com.au).**

## Male VS Female logic (don't try this at home)!

Bloke meets sexy woman in a Bar. They have both been coming to this Bar for about 20 years but neither has actually spoken to the other in all that time.

**Woman:** Do you drink Guinness?

**Man:** Yes

**Woman:** How many a day?

**Man:** Usually about 3

**Woman:** How much do you pay per beer?

**Man:** \$9.00

**(This is where it gets scary !)**

**Woman:** And how long have you been drinking?

**Man:** About 20 years, I suppose

**Woman:** So a Guinness costs \$9 and you have 3 a day which puts your spending each month at \$810. In one year, it would be approximately \$9,855 ...correct?

**Man:** Correct

**Woman:** If in 1 year you spend \$9,855, not accounting for inflation, the past 20 years puts your spending at \$197,100, correct?

**Man:** Correct

**Woman:** Do you know that if you didn't drink so much Guinness, that money could have been put in a step-up interest savings account and after accounting for compound interest for the past 20 years, you could have now bought a Ferrari?

**Man:** Do you drink Guinness?

**Woman:** No

**Man:** **Where's your Ferrari?**

## What every older bloke should know

### Rye Bread

Two old guys, one 80 and one 87, were sitting on a park bench one morning. The 87-year-old had just finished his morning jog and wasn't even short of breath.

The 80-year-old was amazed at the guy's stamina and asked him what he did to have so much energy. The 87-year-old said, "Well, I eat rye bread every day.

It keeps your energy level high and you'll have great stamina with the ladies."

So, on the way home the 80-year-old stopped at the bakery. As he was looking around, the saleslady asked if he needed any help. He said, "Do you have any rye bread?" She said, "Yes, there's a whole shelf of it. Would you like some?"

He said, "I want five loaves." She said, "My goodness, five loaves! By the time you get to the 3rd loaf, it'll be hard."

He replied, "I can't believe everybody knows about this but me!"

## Don't forget!

### TMC at the Shed 9-10am on Tuesdays

– if you don't come, you will never know what your mates are up to..... And DON'T try to find out by asking a member who does attend on Tuesdays – they will not tell you , you will just have to come. Support your Shed, we are trying our best to make it interesting for you.

### Exercise Classes at the Shed – Tuesdays 2-3pm

Classes will be held this coming Tuesday - \$5 per session. We are now saving the \$5 contributions and when we get enough in the kitty, the Exercise Class will be going to Thyme to Taste for a classy afternoon nosh-up following the Class. Join up now, you have only better health and better eating to look forward to!

### Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to “allocate the loyalty points to the Yass Valley Men's Shed”. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – so it IS worth it.

Think about it and help us out – please.

## YVMS Website

Have a surf – enjoy yourselves! [www.yassmensshed.org.au](http://www.yassmensshed.org.au)

## General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

## Birthdays around this time

**18/7: Stan Walsh, Mark Ritchard**

**25/7: Jack Phemister**

**27/7: Charlie Royall**

**29/7: Cameron Madden**

**4/8: Reg Moebus TODAY!!**

**6/8: Peter Bernasconi**

**9/8: Col McMillan**

**10/8: Alex Tewes**

**11/8: John Wolstencroft, John Nash**

**12/8: Warren Hall, Max Wykes**

**14/8: Gary Reynolds**

**20/8: Arnold Rigby**

Happy Birthdays Chaps!!!

## Shed Opening Times and opening volunteers

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 <sup>st</sup> Wednesday 10 – 11.30am <u>Coffee &amp; Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549  Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300  Richard Saxby 0408 802 411	Joe Morrissey is currently doing this for us – but he cannot commit full time. Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

We like to have at least two volunteers for opening/closing duties to help share the load. If you can help by nominating to open/close the Shed (either on one of the regular days – or you would like the Shed to open at some other time and you are prepared to do the honours), please let me know and we'll make the arrangements.

### Some of the current YVMS contacts and “Code Holders” (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	<a href="mailto:rayhill01@dodo.com.au">rayhill01@dodo.com.au</a>
Wayne Stuart	0419 292 022	<a href="mailto:wayne@stuartoz.com">wayne@stuartoz.com</a>
Reg Moebus	6227 3238	<a href="mailto:wargeila@bigpond.com">wargeila@bigpond.com</a>
Roger Holgate	6226 1664	<a href="mailto:roger42@dodo.com.au">roger42@dodo.com.au</a>
Dave Staines	0408 340 040	<a href="mailto:yccc@dodo.com.au">yccc@dodo.com.au</a>

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### *Wayne Stuart*

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