



# THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 14 FOR 2013  
SUNDAY 21 JULY, 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive>

## Note: This is the 100th Men's Shed Messenger

### Important regular events @ the Shed

Every Tuesday, 9-10am

**TMC** – not telling you what this is – you will have to come along!

Every Tuesday, 2 to 3pm

**YVMS Exercise class** – concentrating on flexibility, balance and feeling good.

Every First Wednesday of the Month, 10 to 11.30am

**Morning Tea at the Shed** – No work or workshop noise to distract from good conversation, coffee, tea and cake. **Next one is Wednesday 7 August**

### This Week's Competition – Guess the Mystery Member?

Who among our many and varied, not to mention rakishly handsome and overwhelmingly desirable, members do you think:

- ☞ Went to Sydney last week for a “lost weekend” (ie he was lost to Yass for the period of his absence)?
- ☞ Got accommodation in a three bedroom (or was it a 3 bed) apartment at a **Youth** Hostel at Central?
- ☞ Must look young enough to get past the bouncers and security (not to mention check-in) at a **Youth** Hostel?
- ☞ Shared said apartment with several young (backpacker) ladies (from overseas, reportedly)?
- ☞ Took one of them out on a “show you the city” excursion one night and got back quite late?
- ☞ Managed to convince said young lady that he was familiar with the city and HE was a “safe” bet (yeah, RIGHT!!!)?

- ☞ Both of them had some trouble understanding the other – but communicated nevertheless?
- ☞ Was not arrested?
- ☞ Has had no complaints lodged concerning his behaviour?
- ☞ His name is not on any INTERPOL red list,
- ☞ Since arriving back has had a secret and knowing smile on his face? and
- ☞ Has launched a new runaway, overnight success International Men's Shed Internet consulting service entitled "[www.girls&howtowinem.com](http://www.girls&howtowinem.com)"?

Find the answer to this challenge at the end of this newsletter

## Calendar of upcoming events at the Shed (or elsewhere)

**Put these dates in your diary –you will NOT want to miss these!**

**Wednesday 24 July:** Visit at lunch time by some blokes from Gunning who want to see how we operate and get some ideas about how to start their own Shed. We will be putting on a lunch for them – come along and welcome them, tell them what YOU think is good about our Shed and give them your advice. And also join us for a nosh-up!

**Let me know if you want to organise an event – or if you want me advertise an event, and IT WILL BE DONE!**

## News Review

### Briefly.....

**We now have an ABN for the Shed.** While we are not in business, it seems that certain grant organisations require an ABN for them to consider an application, hence our need to apply for an ABN. Could be helpful for other reasons as well. As a follow up, the Tax Office has sent us a Tax File Number. I expect this is an automatic response to the ABN issue. I am sure our gritty and determined Treasurer, Reg Moebus, will do whatever is necessary on this front to prevent any unnecessary Tax Audits.

**Council officers visited on Tuesday afternoon** to work out a budget and prioritise work needed for the YVCC to be opened as a community centre. Apparently, there is a grant fund which will be applied to for the funding necessary to complete the work. Priorities for completion in order to get final DA approval include, installation of a fire hose and reel, completion of emergency exit door fitout to current national/state standards, conversion of the ladies toilet to a unisex and disabled toilet and conversion of the toilets/showers at the back of the building to ladies toilets (with basins). There is also talk of the possibility of carpeting the main room and perhaps upgrading the kitchen so in house catering can be undertaken. Watch this space for updates – it is interesting, though, that the S.355 Committee still has not been convened!

**We successfully sought verbal Council agreement** for them to undertake outstanding electricity and other works in the Community Centre we have been concerned about for some time. Also, we have approval to get timber to do some repairs to the front of the YVCC and authority to access the tip for materials for a couple of projects currently on the go at the Shed.

**Yass Rotary will fund the construction of two billy carts** for use by members of the public in the billy cart derby at the Yass Arts Trail weekend in November. Anyone interested to help build the billy carts?

**The Turning Wave Festival organisers** have asked us to build 6 platforms that will bolt together to be used for the Irish Dancing in Riverside Park in September. We have provided a quote for the work and are currently awaiting a response.

**All three tanks are full** following recent rain – bring on Spring and Summer!

## **Generous Donation – visit to the Shed by Kay and Terry Lemon (Southern Cable Services)**

We recently received a **\$1,000 donation from Kay and Terry Lemon** the proprietors of Southern Cable Services here in Yass. These very generous supporters of our Shed have previously donated \$500 in 2011 and \$600 in 2012. With those earlier donations, we purchased our band saw and our sliding compound mitre saw. At this stage, we have not decided how to apply the latest \$1,000 donation.

Kay and Terry attended at the Shed yesterday to receive our thanks and to see how we have used their donations from previous years. Len McGuigan and David Staines presented the Lemons with a cutting board made by Allan Carey and a bowl turned specifically for the purpose by Ray Armour, as well as a letter of thanks and a Certificate of Appreciation. They are private people and were not too comfortable about having their photo taken (in any case it was difficult to get them in the one place at the same time). We also had CAKE!

There was a quorum of the Shed Committee present and, at the suggestion of Irish Joe (Morrissey) it was agreed by the Committee members and other members present that Terry should be offered honorary life membership because of the ongoing generosity the Lemons have shown to us.

Terry was grateful and accepted this offer – AND indicated that he would like to visit the Shed when his work and social life permits.

Welcome, Terry – and many thanks to Terry and Kayleen and also to Southern Cable Services!

## **Table for VALMAR aka Lauren's Table**



This table was built on Thursday of this week at the request of, and to a plan provided by, VALMAR for use by clients who are confined to wheelchairs.

The idea is that the person can get in close (in their wheelchair) to the table so that they can take part in craft and other activities which would be more difficult if they were seated at a standard table. The table is built to a height and breadth to satisfy this requirement.

Many thanks to Allan Carey and Joe Morrissey – furniture makers.

## **Survey on Men's Sheds**

We recently received this note which invites members to complete the attached survey. If you intend to do so, you have until the end of the month – I have done so and it only takes 10-15 minutes:

“Dear Men's Shedders,

My name is Sean Ford. I'm a student at the University of Canberra and I'm currently running a study examining the benefits of Men's Shed membership using a confidential survey that my supervisor and I developed. This is separate to the research study being conducted by Beyond Blue/Ultra Feedback which you may have recently completed.

We are hoping to receive at least 300-350 responses, and I am writing to ask you to participate. We hope that our research will allow for better understanding of how Men's Sheds are related to the Quality of Life of their users. The survey should only take about 15 minutes to complete and is located at:

[http://canberrahealth.qualtrics.com/SE/?SID=SV\\_5tcP1D5x4iLBI1v](http://canberrahealth.qualtrics.com/SE/?SID=SV_5tcP1D5x4iLBI1v)

If you or your shed members would rather complete paper surveys please email me at [u3011364@uni.canberra.edu.au](mailto:u3011364@uni.canberra.edu.au) and I will organise this. If you have members who have trouble with reading or writing, the research can also be conducted over the phone. Please call **0421 817 904** to arrange. The survey will be open until 31 July 2013, however we urge you to complete it as soon as you can.

Thank you for your time, and we hope that you are able to participate in this research.

Sean Ford  
University of Canberra  
Email: [u3011364@uni.canberra.edu.au](mailto:u3011364@uni.canberra.edu.au)

## Membership News

Our **membership** has risen to 92 members with the addition this week of Michael Hawkins and Terry Lemon. We hope to see lots of you both at the Shed and a very warm welcome to the best men's group and collection of interesting and rude blokes you will find in a thousand miles in any direction!

## Membership Dues

It is **THAT** time of year again, chasps. As of 1 July, our new membership year has commenced. Those of you who are now "non-financial", have probably already received a note from Ron Doyle inviting you to submit this year's dues. You can renew your membership for one year (\$20), 3 years (\$50 – a saving of \$10), or 5 years (\$80 – a saving of \$20 or 5 years for the price of 4).

We do have quite a number of members who have taken advantage of the multiple year option – give it a thought and you won't have to worry about being chased for the next several years!

And don't forget, you can renew your membership by one of two methods:

1. Cash/cheque given to one of the Committee members or by posting in our letterbox at the Shed; or
2. By Electronic Funds Transfer as follows:
  - i. Log on to your bank account and select the "payments" or "transfers" option.
  - ii. Decide the payment you wish to make (\$20 for 1 year 2013.14, \$50 for 3 years 2013.16, or \$80 for 5 years 2013.18).
  - iii. Fill in the details of the account into which you wish to transfer these funds:

a. Name of Bank:	<b>Westpac (Yass)</b>
b. Name of account:	<b>YVMS</b>
c. BSB:	<b>032 771</b>
d. A/c No.	<b>148894</b>
  - iv. Where you are requested to state the purpose of the payment (so we know what the payment is for and who it is from) can you provide information in the following format please: "B Bloggs Subs 2013.14" (or 2013.16 or 2013.18 if paying for longer periods). Substitute your name for "B Bloggs" (eg W Smith, B Jones etc – if you don't do this we won't know who you are and we will think you are still unfinancial). Please note that some banks won't allow any characters other than alphanumeric in the transaction record – hence the suggested "2013.14" format.

# *GST* (goods and services trading) OR *Lost and Found*\* - contact Richard Rowan

\*(I was **LOST** in my mess but I **FOUND** a solution at the Shed)

This is a section of the newsletter where members can avail themselves of the great knowledge pool within the shed. Secondly it is also a place where members can get rid of stuff or seek stuff. New items added this week are in **red type**.

## *Help needed or available*

### *Required*

### *Please come and collect*

We have had quite an amount of timber of varying kinds and sizes donated in recent times. If you have that small job to do but haven't got the right materials, we may have them and at a very competitive price (a gold coin or two depending on how much you need/take).

### *Wanted*

**Al Phemister** - 0419 439 710 is still looking for old tools for a sculpture he has been asked to make to help Canberra celebrate its Centenary. He needs old (weldable – ie iron or steel) tools such as garden tools (shovels, rakes, hoes, mattocks etc) as well as other tools (hammers, hand shears, large spanners and the like). To make it easy, we will have a box at the Shed into which you can drop your offerings. Alternatively, give Al a ring and he will take it from there. We already have a few items finding their way to the box – redouble your efforts and see what you can do to help Al and his project.

### *For Sale*

#### Howard the Horticulturist is Back in Business

Have you notice that it is Spring already? Howard has!!

He has already collected, packaged up and we now have for sale (\$2 per packet) a range of seeds for you to get started in your glass house or on the window sill. You can plant them at home or grab yourself a bed at the Shed Gardens.

Come by and check them out before they all go!

At this stage we have seeds for sweet corn and golden pod snow peas. Howard tells me he will have a range of tomatoes in the very near future, so watch the garden produce bar in the main room at the Shed.



A young bloke, **Ben Scanes**, runs a small business in which he will sell you all the sheep poo you can possibly need or want for a modest fee per bag (three bag sizes available). If you would like to take advantage of this offer, phone this number: **0409 819 324**, talk to Ben's mother (Veronica) and make the arrangements that suit you both (they deliver).

## YVMS *Shedde Shoppe*

We have a good selection of stuff for sale (things made by members and some other donated things like tables (both dining and computer), a bike, an "Abs Cruncher" exercise machine, and lots of other things – you never know, but we might just have what you want! Contact me if you want more info.

Even if you don't need anything from the shop, come along and buy something – we need the funds (and we'd like to get rid of some stuff so we can replace it with other stuff)!

### Current Specials:



← Electrically operated recliner chair. It has been repaired by Joe Morrissey and Bill Findley. It both lies almost flat and elevates to the point where you are almost standing which helps you get out of it. The gorgeous model is Bill Findley.

Make us a reasonable offer! Too late it was sold on Saturday!!

Our current collection of around 2,000 vinyl LPs →. We have sorted them into categories including: Classical, Country, OZ, Pop, Jazz, Folk, Shows, Bands/Orchestras and Misc. Records are free to a good home – will cost you \$1 each if you want to return them!



### Other

If anyone is interested there are a couple of small projects at the shed waiting for someone to take them on.

Richard Rowan is managing this column on behalf of all Shed members. The way it works is that you give Richard the info – I will publish it here with your contact details, and hordes of Shed members will then contact you (and both of you will be happy). **Richard can be contacted on 6226 6839, 0429 980 337 or [richard.rowan@ozemail.com.au](mailto:richard.rowan@ozemail.com.au).**

## THE WORLD EXPLAINED (some thoughts of Steven Wright)

- \* Borrow money from pessimists – they don't expect it back
- \* A conscience is what hurts when the rest of your other parts feel really good
- \* All of you who believe in psychokinesis – raise my hand
- \* I almost had a psychic girlfriend, but she left me just before we met
- \* Depression is merely anger without enthusiasm
- \* When everything is coming your way, you are in the wrong lane
- \* What happens if you get scared half to death twice?
- \* Why do psychics have to ask your name?
- \* I'd kill for a Nobel Peace Prize

And one for Richard Rowan:

- \* Don't cut yourself while preparing vegetables, get a friend to hold them while you cut.

## Don't forget!

### TMC at the Shed 9-10am on Tuesdays

– if you don't come, you will never know what your mates are up to..... And DON'T try to find out by asking a member who does attend on Tuesdays – they will not tell you , you will just have to come. Support your Shed, we are trying our best to make it interesting for you.

### Exercise Classes at the Shed – Tuesdays 2-3pm

Classes will be held this coming Tuesday - \$5 per session. We are now saving the \$5 contributions and when we get enough in the kitty, the Exercise Class will be going to Thyme to Taste for a classy afternoon nosh-up following the Class. Join up now, you have only better health and better eating to look forward to!

### Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to “allocate the loyalty points to the Yass Valley Men's Shed”. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – so it IS worth it.

Think about it and help us out – please.

## YVMS Website

Have a surf – enjoy yourselves! [www.yassmensshed.org.au](http://www.yassmensshed.org.au)

## General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

## Birthdays around this time

**5/7: Richard Saxby, Richard Rowan, David Villanti**  
**7/7: Colin Statham, Edgar Mongan**  
**11/7: John McClung**  
**17/7: Merv Wright**  
**18/7: Stan Walsh, Mark Ritchard**

**25/7: Jack Phemister**  
**27/7: Charlie Royall**  
**29/7: Cameron Madden**  
**4/8: Reg Moebus**  
**6/8: Peter Bernasconi**

Happy Birthdays Chaps!!!

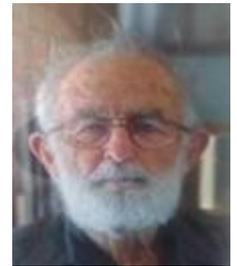
## Shed Opening Times and opening volunteers

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 <sup>st</sup> Wednesday 10 – 11.30am <u>Coffee &amp; Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549  Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300  Richard Saxby 0408 802 411	Joe Morrissey is currently doing this for us – but he cannot commit full time. Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

We like to have at least two volunteers for opening/closing duties to help share the load. If you can help by nominating to open/close the Shed (either on one of the regular days – or you would like the Shed to open at some other time and you are prepared to do the honours), please let me know and we'll make the arrangements.

**Mystery Member** ↓



### Some of the current YVMS contacts and “Code Holders” (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	<a href="mailto:rayhill01@dodo.com.au">rayhill01@dodo.com.au</a>
Wayne Stuart	0419 292 022	<a href="mailto:wayne@stuartoz.com">wayne@stuartoz.com</a>
Reg Moebus	6227 3238	<a href="mailto:wargeila@bigpond.com">wargeila@bigpond.com</a>
Roger Holgate	6226 1664	<a href="mailto:roger42@dodo.com.au">roger42@dodo.com.au</a>
Dave Staines	0408 340 040	<a href="mailto:yccc@dodo.com.au">yccc@dodo.com.au</a>

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*Wayne Stuart*

Secretary, Yass Valley Men's Shed

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