



# THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 13 FOR 2013  
SUNDAY 7 JULY, 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive>

## Important regular events @ the Shed

Every Tuesday, 9-10am **TMC** – not telling you what this is – you will have to come along!

Every Tuesday, 2 to 3pm **YVMS Exercise class** – concentrating on flexibility, balance and feeling good.

Every First Wednesday of the Month, 10 to 11.30am **Morning Tea at the Shed** – No work or workshop noise to distract from good conversation, coffee, tea and cake. **Next one is Wednesday 7 August**

## Calendar of upcoming events at the Shed (or elsewhere)

Nothing on the list at present.

Let me know if you want to organise an event – or if you want me advertise an event, and IT WILL BE DONE!

## News Review

### Generous Donation

We have received a **\$1,000 donation from Kay and Terry Lemon** the proprietors of Southern Cable Services here in Yass. These very generous supporters of our Shed have previously donated \$500 in 2011 and \$600 in 2012. Over the next little while we will be having some discussion about how best to utilise those funds – a number of

suggestions are already in the mix – if you have a good idea let us know, come along and tell us about it on Wednesday morning, or any other time that suits you – even by return email will be good.

The suggestion that is getting most support so far is that it is time to look to enhance the space at the Shed so that we can physically separate the metal working shop from the wood working areas (for both safety and space reasons). We also need secure and waterproof storage for much of our timber and other holdings. The suggestion is that we seek to acquire 2 x 20 foot containers and have them set up to the west of the Shed.

If anyone knows where we can acquire one or, better still, two containers (for the best price possible) can you let us know so we can see what might be able to be done? Thanks

## **Surveys**

We are still awaiting the Survey on Men's Sheds that Beyond Blue has asked us to complete. When it arrives, I will circulate to all members.

In the meantime, we received this note (which I have already circulated). If you missed it, you may wish to complete this survey while we wait for the other one:

Dear Men's Shedders,

My name is Sean Ford. I'm a student at the University of Canberra and I'm currently running a study examining the benefits of Men's Shed membership using a confidential survey that my supervisor and I developed. This is separate to the research study being conducted by Beyond Blue/Ultra Feedback which you may have recently completed.

We are hoping to receive at least 300-350 responses, and I am writing to ask you to participate. We hope that our research will allow for better understanding of how Men's Sheds are related to the Quality of Life of their users. The survey should only take about 15 minutes to complete and is located at:

[http://canberrahealth.qualtrics.com/SE/?SID=SV\\_5tcP1D5x4iLBI1v](http://canberrahealth.qualtrics.com/SE/?SID=SV_5tcP1D5x4iLBI1v)

If you or your shed members would rather complete paper surveys please email me at [u3011364@uni.canberra.edu.au](mailto:u3011364@uni.canberra.edu.au) and I will organise this. If you have members who have trouble with reading or writing, the research can also be conducted over the phone. Please call **0421 817 904** to arrange. The survey will be open until 31 July 2013, however we urge you to complete it as soon as you can.

Thank you for your time, and we hope that you are able to participate in this research.

Sean Ford  
University of Canberra  
Email: [u3011364@uni.canberra.edu.au](mailto:u3011364@uni.canberra.edu.au)

## **Membership News**

Our **membership** has risen to the heady heights of 90 members with the recent addition of Isaac (Zac) Croker. You are very welcome Zac!

Other news of members:

## **Members' Birthday Party**

Richards Saxby and Rowan celebrated birthdays last Friday (5 July). There was a Pizza Party at the Shed on Saturday to celebrate these birthdays and I have had the following note and been asked to publish it:

Richards x 2 sincerely thank the shed for the Pizza party to celebrate their birthdays. Very many thanks to Joe and David for the cooking. It was a great afternoon ...thank you to all for showing up.

Saxby and R<sup>2</sup>

## News From Queensland

Roger Holgate recently visited John and Marilyn Woodin while trekking north to Townsville. They also delivered some of the vinyl records that members very kindly donated when they heard that John had lost his entire collection in the Bundaberg floods earlier this year.

John has sent the following note:

“Many thanks for the vinyl, that Roger & Marje delivered to us, we had a great time and it was good to talk with them and update Yass info etc.

Some of the material received is fabulous, and I can't thank you enough, for your efforts and care, so I will definitely be with you in late Sept / early October as already planned, and will be in the area for about a week

I have accommodation in Canberra, and of course will have my car, so can be very flexible, as to my catch-up situations.



John and Roger at John's recently refurbished home in Bundaberg (notice they have lied about the warm weather in QLD? – and, don't people in QLD have funny haircuts?)

Here are some more pictures of John & Marilyn's house before and after:



After the flood



After the refurbishment

## Membership Dues

It is **THAT** time of year again, chasps. As of 1 July, our new membership year has commenced. Those of you who are now “non-financial”, have probably already received a note from Ron Doyle inviting you to submit this year's dues.

You can renew your membership for one year (\$20), 3 years (\$50 – a saving of \$10), or 5 years (\$80 – a saving of \$20 or 5 years for the price of 4).

We do have quite a number of members who have taken advantage of the multiple year option – give it a thought and you won't have to worry about being chased for the next several years!

And don't forget, you can renew your membership by one of two methods:

1. Cash/cheque given to one of the Committee members or by posting in our letterbox at the Shed; or
2. By Electronic Funds Transfer as follows:
  - i. Log on to your bank account and select the “payments” or “transfers” option.
  - ii. Decide the payment you wish to make (\$20 for 1 year 2013.14, \$50 for 3 years 2013.16, or \$80 for 5 years 2013.18).
  - iii. Fill in the details of the account into which you wish to transfer these funds:
    - a. **Name of Bank:** Westpac (Yass)
    - b. **Name of account:** YVMS
    - c. **BSB:** 032 771
    - d. **A/c No.** 148894
  - iv. Where you are requested to state the purpose of the payment (so we know what the payment is for and who it is from) can you provide information in the following format please: “B Bloggs Subs 2013.14” (or 2013.16 or 2013.18 if paying for longer periods). Substitute your name for “B Bloggs” (eg W Smith, B Jones etc – if you don't do this we won't know who you are and we will think you are still unfinancial). Please note that some banks won't allow any characters other than alphanumeric in the transaction record – hence the suggested “2013.14” format.

***GST***(goods and services trading) OR ***Lost and Found***\* - **[contact Richard Rowan](#)**

\*(I was **LOST** in my mess but I **FOUND** a solution at the Shed)

This is a section of the newsletter where members can avail themselves of the great knowledge pool within the shed. Secondly it is also a place where members can get rid of stuff or seek stuff. New items added this week are in **red type**.

*Help needed or available*

*Required*

*Please come and collect*

**YassFM have donated a large pile of LPs to the Shed. Some are probably just what you are looking for – some definitely are NOT!**

**We need a few more plastic milk crates to finalise the sorting into genres – if you can help that would be great – and thanks to those who have helped out already (Richard Saxby and Al Phemister).**

**Come along, have a rummage – all of these LPs are free to a good home.**

We have had quite an amount of timber of varying kinds and sizes donated in recent times. If you have that small job to do but haven't got the right materials, we may have them and at a very competitive price (a gold coin or two depending on how much you need/take).

## Wanted

**Al Phemister** - 0419 439 710 is still looking for old tools for a sculpture he has been asked to make to help Canberra celebrate its Centenary. He needs old (weldable – ie iron or steel) tools such as garden tools (shovels, rakes, hoes, mattocks etc) as well as other tools (hammers, hand shears, large spanners and the like). To make it easy, we will have a box at the Shed into which you can drop your offerings. Alternatively, give Al a ring and he will take it from there. We already have a few items finding their way to the box – redouble your efforts and see what you can do to help Al and his project.

## For Sale

A young bloke, **Ben Scanes**, runs a small business in which he will sell you all the sheep poo you can possibly need or want for a modest fee per bag (three bag sizes available). If you would like to take advantage of this offer, phone this number: **0409 819 324**, talk to Ben's mother (Veronica) and make the arrangements that suit you both (they deliver).

## YVMS *Shedde Shoppe*

We have a good selection of stuff for sale (things made by members and some other donated things like tables (both dining and computer), a bike, an "Abs Cruncher" exercise machine, and lots of other things – you never know, but we might just have what you want! Contact me if you want more info.

The latest item (according to the furniture specialists and valuers among our members) is either a Loius XIV, Tudor or Jacobean upholstered telephone table which is going for a song. Don't be the second person to contact me about this one!

Even if you don't need anything from the shop, come along and buy something – we need the funds!

## Other

If anyone is interested there are a couple of small projects at the shed waiting for someone to take them on. A small table, repair of a recliner chair, and a number of similar challenges.

Richard Rowan is managing this column on behalf of all Shed members. The way it works is that you give Richard the info – I will publish it here with your contact details, and hordes of Shed members will then contact you (and both of you will be happy). **Richard can be contacted on 6226 6839, 0429 980 337 or [richard.rowan@ozemail.com.au](mailto:richard.rowan@ozemail.com.au).**

## MEN ARE NOT FROM MARS (courtesy Ron Doyle)

Ladies, if a man says he will fix it, he will. There is no need to remind him every 6 months about it.

My sex life is like a Ferrari... I don't have a Ferrari.

I heard a guy complaining about how expensive his wedding is. He is going to be real pissed when he finds out how much his divorce is going to cost.

NASA's robot Curiosity landed on Mars. Early pictures show no signs of ESPN, beer, or porn. This makes it very clear that men are not from Mars.

I once won an argument with a woman... in this dream I had.

It is funny when my girlfriend gives me the "silent treatment." She thinks it is a punishment.

If there was a way to read a woman's mind, I am not sure I would want to. I hate shoes, shopping, gossip, and I already know I am annoying.

Men have feelings too. For example, we feel hungry.

## Don't forget!

### TMC at the Shed 9-10am on Tuesdays

– if you don't come, you will never know what your mates are up to..... And DON'T try to find out by asking a member who does attend on Tuesdays – they will not tell you , you will just have to come. Support your Shed, we are trying our best to make it interesting for you.

### Exercise Classes at the Shed – Tuesdays 2-3pm

Classes will be held this coming Tuesday - \$5 per session. We are now saving the \$5 contributions and when we get enough in the kitty, the Exercise Class will be going to Thyme to Taste for a classy afternoon nosh-up following the Class. Join up now, you have only better health and better eating to look forward to!

### Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to "allocate the loyalty points to the Yass Valley Men's Shed". A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – so it IS worth it.

Think about it and help us out – please.

## YVMS Website

Have a surf – enjoy yourselves! [www.yassmensshed.org.au](http://www.yassmensshed.org.au)

## General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

### Some of the current YVMS contacts and "Code Holders" (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	<a href="mailto:rayhill01@dodo.com.au">rayhill01@dodo.com.au</a>
Wayne Stuart	0419 292 022	<a href="mailto:wayne@stuartoz.com">wayne@stuartoz.com</a>
Reg Moebus	6227 3238	<a href="mailto:wargeila@bigpond.com">wargeila@bigpond.com</a>
Roger Holgate	6226 1664	<a href="mailto:roger42@dodo.com.au">roger42@dodo.com.au</a>
Dave Staines	0408 340 040	<a href="mailto:yccc@dodo.com.au">yccc@dodo.com.au</a>

## Birthdays around this time

<b>15/6: Doug Holston</b> <b>16/6: Ron McMullen</b> <b>22/6: Wayne Mann</b> <b>1/7: Jason Söderblom</b> <b>5/7: Richard Saxby, Richard Rowan, David Villanti</b>	<b>7/7: Colin Statham, Edgar Mongan – TODAY!!!</b> <b>11/7: John McClung</b> <b>17/7: Merv Wright</b> <b>18/7: Stan Walsh, Mark Ritchard</b> <b>25/7: Jack Phemister</b> <b>27/7: Charlie Royall</b>
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Happy Birthdays Chaps!!!

## Shed Opening Times and opening volunteers

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 <sup>st</sup> Wednesday 10 – 11.30am <u>Coffee &amp; Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549  Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300  Richard Saxby 0408 802 411	Joe Morrissey is currently doing this for us – but he cannot commit full time. Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

We like to have at least two volunteers for opening/closing duties to help share the load. If you can help by nominating to open/close the Shed (either on one of the regular days – or you would like the Shed to open at some other time and you are prepared to do the honours), please let me know and we'll make the arrangements.

w

*Wayne Stuart*

Secretary, Yass Valley Men's Shed

0419 292 022

[secretary@yassmensshed.org.au](mailto:secretary@yassmensshed.org.au)

<http://yassmensshed.org.au>