



THE MEN'S SHED MESSENGER

CO-PATRONS:

COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 1 FOR 2013
MONDAY 7 JANUARY 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <http://yassmensshed.org.au/newsletter-archive>

This is the first Messenger for 2013!



The Management and crew here at YVMS HQ wish you all a very successful year and many visits to the Men's Shed – come along and see what all the fuss is about and why the blokes that go seem much more balanced and happier than those who pay their dues but then don't attend!

As of Thursday of this week (10th January) we will be fully back in service. The Shed will be open from 2pm until 4.30pm. Normal service (Saturdays noon until 4pm, Tuesdays 9am – noon and Thursdays 2-4.30pm) will then resume every week.

We will have our normal Tuesday exercise group starting again tomorrow (2-3pm)

Important regular events @ the Shed

Every Tuesday, 2 to 3pm

YVMS Exercise class – concentrating on flexibility, balance and feeling good.

Every First Wednesday of the Month, 10 to 11.30am

Morning Tea at the Shed – No work or workshop noise to distract from good conversation, coffee, tea and cake.

Next one is Wednesday 6 February

Every Thursday, 1.30 to 2.30pm

YVMS Tai Chi Classes – for greatly enhanced health and well being. First class for 2013 will be on Thursday 31 January!

Calendar of upcoming events at the Shed (or elsewhere)

February appointment for your diaries

Info from Terry Hunt of the Murrumbateman Shed:

On the 14th of February, 2013, the ACT Public Trustee will be giving a presentation at the Murrumbateman Rec Grounds Hall from 10:30Am till 12:30 PM. Topics to be covered are:

- Wills
- Estate Planning
- Associated financial issues.

We are having the ACT Public Trustee speak, because the nearest NSW Public Trustee office is in Wollongong, and for some reason the south west are of NSW seems to be left off their map. Although the ACT laws are slightly different than NSW laws, it is unlikely that any of those issues will crop up.

This should be a very interesting and informative presentation, and should give us vital information about passing on our estate. I understand each attendee will be given an information pack as well.

At this moment, I am issuing the invitation to the local Mensheds, but if we have enough room, we can open it up to a greater audience. So I would appreciate it if at this stage, if you could give me an indication of your interest, I can arrange for seating, information packs, maybe a sausage sizzle, etc.

Thanks.
More to follow.

Terry Hunt
President
Murrumbateman Menshed
0414 55 34 83
www.murrumbatemanmenshed.org.au

If you are interested, let me know and I'll keep a list of people for passing to Terry as the time approaches.

News Review

John Daley

A number of Shed members attended John's funeral on Friday 14th December. We also sent a letter of condolence to his wife, Rhonda.

High School Fire – YVMS hoping to help

There have been no further contacts from the High School over the holiday break. The Shed has offered to help and we have been collecting a number of items for donation to help them get started again.

We are not sure if or when we may see Yass High students at the Shed (we have invited the High School to use our workshop and garden areas if that will assist in delivering classes pending facilities being re-established at the High School).

We have made two things clear to the High School:

- We need a letter from the School assuring us that their students and teachers are covered by normal High School excursion insurance when they are on/in our grounds/workshop; and
- Students will be the responsibility of their teachers while they are at the Shed and those teachers will present the classes (not Shed members).

Until the YVCC upgrade work is complete, it cannot be offered to the High School – however, the S.355 Committee has been approved by Council and can start its work as soon as it is ready – so progress on the YVCC could start to be seen in the near future.

Water tanks project

We took delivery of two new 10,000 litre water tanks very early (5.30am!!) on Monday 10 December and they have been placed in position on the base cleared by Al Phemister and then finished off by Roger Holgate, Len McGuigan, Allan Carey and Russell Hill.



As you can see the plumbing has commenced (and with the good rain we had late in the month, the first tank is about half full already).

The Council has also organised the digging of trenches we need to reticulate the water to all the garden beds (this was completed before Christmas). Laying of pipe and fixing taps etc will commence when the Shed gets back into full swing and a small working bee to complete the work can be organised.

Given the temperatures we are experiencing, this might have to be done very early over a couple of mornings.

Are you reviewing your internet and phone contracts?

You might recall I mentioned this message from Terry Hunt in Murrumbateman:

Just for your information, I switched my personal internet and telephone to Oneseniors, and am saving myself a fair bit of money. I had my telephone with Telstra, and was paying just over \$30.00 a month line rental, plus call charges. My internet was with Internode on ADSL1 and had a 20Gig limit for \$39.00 a month. If I wanted to upgrade to ADSL2, which is nearly all you can get these days, I would to have had to go to \$59.00 a month to get the equivalent download limit.

With Oneseniors, I am paying \$49.00 a month total (\$29.00 for internet and \$20.00 telephone + call charges, same as Telstra), and I get unlimited ADSL2 internet with no restrictions. The only requirement is you have to be over 55!!!. I also got a new ADSL2 modem for \$16.50.

Changeover was painless, they did it all in a couple of days. This is the link: <http://www.oneseniors.com.au/>

Terry Hunt
President
Murrumbateman Menshed
0414 55 34 83
www.murrumbatemanmenshed.org.au

I am also in the throes of changing/upgrading my contract and am currently in negotiation with iiNet (my current provider) to see if they can match the good deals OneSeniors can offer. If they come to the party, I have promised them that I will sing their praises to the Yass Shed members and also to other Sheds that I have connections with. Could be a win for them and a win for us – hence the derivation of the term "win/win".

Stand by – we might be on the cusp of some reasonable savings....

Shed management info and updates

1. We will be organising a Committee meeting early in the year to get ideas from the membership about how we should be planning activities and other issues (remember we need to have our next AGM in April) – so watch this space. If you would like to see some changes, please let us know – for example:
 - Shed opening times – are they OK or do you want to see changes – if so, are you prepared to open at other times to suit other members (and you) ?
 - Activities, any suggestions (outings, movies, cards, carpet bowls, music (do it yourself or playing DVDs), book club – the sky is the limit, all you need to do is let us know and we will try to organise (we might ask you to lead, though, if you are keen for the activity to succeed);
 - Social events: is there an interest in an occasional Shed lunch at a restaurant/cafe at various places?
 - Seminars: any suggestions for topics or speakers – doesn't have to be about health etc – we might be able to get some interesting speakers on a range of topics – just let us know.
2. Those members who have access rights to the Shed, please be careful to lock up properly and make sure the light/power is off when you leave.
3. Thanks to everyone who has kept an eye on the Shed and YVCC over the holiday break – this year we seem to have survived unscathed.

Membership News

Membership stands at 81.

YVMS *Shedde Shoppe* (formerly the Bargain Basement)

Don't forget, we have stuff for sale – you never know, but we might just have what you want! Contact me if you want more info.

Heroes of the Week

Nothing from 2013 to report so far – so I have to dredge the last week of 2012 and have had the following photos provided by Ron Doyle of the Venerable and Highly renowned YVMS Chrissy Bash held at the Shed on the final Tuesday opening day.

All of the blokes in these photos are heroes (one for cooking: Cmdr Richard Rowan Esq (Chef), and the others who attended on the day for helping him out by demolishing all he was able to produce and provide!)



It is one of our strong intentions this year to do much more of the social stuff – it's about time we gave ourselves a good time!

Fact is stranger than fiction #1037

Remember this photo → of Joe Morrissey taken by his pooch "Scrappy" who bolted screaming into the distance when Joe shaved off his moustache and, thereupon, smiled sweetly at Scrappy?

Well Scrappy is apparently home again, not too much the worse for wear (as long as he keeps up with his medication) and his photo of Joe now resides famously in the Portrait Gallery in Canberra in the section "Handsome Masters". The photo has also been nominated for a prize in the next "Nightmares I have Known" photography competition to be held in Transylvania on the first Friday 13 (December), in 2013.



Joe (as Scrappy sees him)

Don't forget!

Exercise Classes at the Shed – Tuesdays 2-3pm

Back to normal from this coming Tuesday (8 January). The first couple will be informal sessions and not too onerous – but to get us a bit flexible and ready for when Mark returns after the School Holidays.

Tai Chi classes at the Shed – Thursdays 1.30 to 2.30pm

The 2013 season recommences on Thursday 31 January – be there or be square! \$10

Reward Points at Home Hardware

Don't forget that you can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to "allocate the loyalty points to the Yass Valley Men's Shed". A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – **so it IS worth it.** Think about it and help us out – please.

YVMS Website

Have a surf – enjoy yourselves! www.yassmensshed.org.au

General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

Birthdays around this time – Lots aren't there?

18/12: Bob Frank, Don McCann	7/1: Graham McIntosh (Today!!)
19/12: Ray Hill	11/1: John Backhouse
20/12: Dara Madden	12/1: Geoff Frost
27/12: Russell Hill	20/1: Rod Therkelsen
29/12: Harold O'Brien	24/1: Bob Small
30/12: Paul Heath	
6/1: Robert McGregor	

Happy Birthdays Chaps!!!

Shed Opening Times and opening volunteers

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1st Wednesday 10 – 11.30am <u>Coffee & Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Thursdays 2 - 3pm <u>Tai Chi Classes</u> YVCC (starting 25 October)	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549 Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300 Richard Saxby 0408 802 411	Wayne Stuart 0419 292 022 -	No volunteers (so far). Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

Current YVMS contacts and “Code Holders” (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	rayhill01@dodo.com.au
Wayne Stuart	0419 292 022	wayne@stuartoz.com
Reg Moebus	6227 3238	wargeila@bigpond.com
Roger Holgate	6226 1664	roger42@dodo.com.au
David Hale	6226 4227	haled3@optunsn.net

w

Wayne Stuart

Secretary, Yass Valley Men's Shed
0419 292 022

secretary@yassmensshed.org.au <http://yassmensshed.org.au>