

## THE MEN'S SHED MESSENGER

CO-PATRONS: COUNCILLOR ROWENA ABBEY, MAYOR OF YASS VALLEY & NIC CARMODY, INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 37 FOR 2012 SUNDAY 21 OCTOBER 2012

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): <a href="http://yassmensshed.org.au/newsletter-archive">http://yassmensshed.org.au/newsletter-archive</a>

## Editor's Note:

You will have noted that the name of the Messenger has changed this week. I have tried manfully, but have failed dismally, to keep the Messenger short – so I have removed the misleading word "Mini" from the title. ws

## Important dates for your Diary

Every Tuesday, 2 to 3pm	YVMS Exercise class – concentrating on flexibility, balance and feeling good.		
<b>Every First Wednesday of the</b>	Morning Tea at the Shed – No work or workshop noise to		
Month, 10 to 11.30am – next one	distract from good conversation, coffee, tea and cake.		
is Wednesday 7 November			
Every Thursday, 2 to 3pm	YVMS Tai Chi Classes – for greatly enhanced health and		
	well being. Starts this coming Thursday 25 October.		

#### **Welcome to new Members**

This week we welcome new member **John Nash**. John is a teacher and inventor. We hope he will bring great fame to the inventions.

Current membership stands at 80

## Headlines for this Week (see stories below)

- > Tai Chi at the Shed
- > Hero of the Week
- Farewell note from John Woodin
- YVMS Bargain Basement (stuff for sale)

## Tai Chi Classes starting on this coming Thursday 25 October



# TAI CHI Classes

gentle, enjoyable fitness

Keren Walker who already provides Tai Chi classes in Yass has agreed to provide a class at the Community Centre next door to the Shed on Thursday afternoons between 2 and 3pm.

Cost of the class will be \$10 per person, with \$1 of that payment going to the Shed as a payment for organising etc.

If you are interested in attending these classes, or know someone who would like to attend (men and women are all most welcome), we look forward to seeing you there.

A feature of Keren's classes is that there are worthwhile and effective exercises that can be done using a chair if balance or strength is an issue.

## YVMS Hero of the Week

## Our hero this week is Zac (from Valmar).



Zac has only been coming to the Shed for two weeks, and already he has made and finished a coat rack.

Pretty damn neat Zac – well done!

## **Farewell note from John Woodin**

I received this note from John during the week (he and Marilyn left on Thursday for the long drive to Bundaberg – they should have arrived by now):

"Thanks to everyone at the Shed for the farewell Pizza party, where I was able to meet up with the friends that both I and Marilyn have made over the past 4+ years, and my support for the YVMS will never wa(y)ne

.

We will be back to visit you we think January 2014, and I will keep you all posted on our activities in Bundaberg.

My Sincere thanks to you all.

Our blessings to you all

Our New fixed line phone no after Nov 1st will be 0741536581 - our mobiles and email address remain the same.

Au Revoir John & Marilyn Woodin "

I should also mention that the Committee has considered the situation with John leaving town. We have decided that as John's membership fees are paid up until 30 June 2013 he remains a member and, by virtue of his election as a Committee member at the AGM in April, he remains a Committee member unless he resigns.

We do most of our Committee work these days by email, so John will remain engaged and able to continue his association and strong engagement as an active Committee member.

All Committee members (other than John) unanimously supported this approach and urged him to stay on as a Committee member until elections are held for a new Committee in April next year. This is consistent with other Committee members having the freedom to leave town for extended periods – which happens quite often. There is no adverse impact on the Committee doing its job.



## YVMS Bargain Basement (stuff for sale)

We are starting to get a good collection of things for sale – so in the interests of space, I will from now on, just show photos and perhaps a brief description etc. If you are interested contact me and we can take it from there:

## Kitchen/dining table



Good quality heavy duty table restored by Graham McLeod and Len McGuigan

## Cabots' stains

Don't forget that we have a good selection

If you (or a friend) needs some stain, come

#### **Projects on CD**

Ray Hill has very kindly put together a CD containing:

- Over 350 projects for your workshop
- Jig making made easy
- Making storage units for your shed
- Making work benches
- Pen making

In addition the CD contains:

- A list of timbers available in the local area
- ♦ 60 timbers with pictures and their uses

#### **Heirloom Bean Seeds**

Howard Hollingsworth has prepared packages of 5 varieties of Heirloom beans available for sale at the Shed for \$2.00 per packet (these seeds will cost you more than twice as much for fewer seeds if you buy them elsewhere. Varieties are:

- Heavenly Gold (climbing)
- Purple King (climbing)
- Sex without strings (bush beans)
- Scarlet Runner (runner beans)
- Sunset Runner (runner beans)

#### Shed-made items



Come and see the range of items members are turning out for sale.

#### Compact computer desk



## Large computer/office desk



## **Repco Racing Bike**



Multi speed, tool kit.

## Other stuff

There are other items for sale as well. Why not come along and rummage – we may have exactly what you are looking for!

## **Other Stuff**

## Sheds in the region #4

This is the third in the series of looks at other Sheds in the region following Ron Doyle's terrific suggestion. This week's Shed is the **Hall Shed**.

It is most timely to look at this Shed as we recently received this note from Kevin Stone at the Hall Shed:

"At least six of the guys, including me, would like to pay a visit to both the Murrumbateman and Yass sheds. I've met you, Terry, and been to your shed, so I've already given it a good 'rap'!!

We could make a day of it one Saturday, possibly in November, by stopping in at Murrumbateman in the morning, then travelling on to Yass for the afternoon.

We're keen to meet your members and chat about what you do, as like you, we see it as a great way to share ideas and gain friendships. So can you give us an idea of what date would suit."

Len has already answered this request and we hope to arrange a day and announce it to you all quite soon.

Another opportunity for a BBQ????

We don't know very much about the Hall Shed at all – other than this brief item on the wider Hall community website: <a href="http://www.hall.act.au/read/1441/mens-shed-powers-up.html">http://www.hall.act.au/read/1441/mens-shed-powers-up.html</a> and this brief info found on another site:

Hall Cottage Palmer Street Hall ACT 2618

The Hall Men's Shed is an affiliate of the Village of Hall and District Progress Association (VHDPA). It is a fairly new Shed, having just been formally established in August 2011 and joined the AMSA in late 2011.

Members participate in a range of activities from just enjoying a cuppa and discussions with other men to physical projects of a community nature. Examples of our projects to date include construction of a new gate for the local showground; repair of display cases and restoration of furniture for the school museum; restoration of garden furniture and making of toys such as rocking horses and wooden puzzles for the local Pre-School.

Woodwork is currently the central theme of the shed's activities, but in the future we would like to expand with a community garden and branch into some metalwork. Plans are in place to have presentation by guest speakers and visits to local places of interest.

The shed is open on Thursday Mornings from 10:00 to 12:30.

Watch this space for some info on other Sheds in the Region every fortnight.

## Men's Sheds within 200km of Yass

For those of you with the urge to plan little drives in the country, have a look at this website. Many thanks to David Hale for this hint:

http://www.mensshed.org/Find-A-Shed/.aspx?search=yass&distance=200&filter=-1

It shows details for all Men's Sheds in a 200km radius of Yass. If you scroll down the page past the map, you will find all of the Sheds addresses, contacts, in many cases email addresses and in some cases, websites.

Have surf on this site and then plan your annual holidays by seeing how many Men's Sheds you can drag your wife along to when she thinks she is getting you out of town to get you away from the Yass Shed!!

## Visit to The Entrance Men's Shed – now they are coming to us!

## Another opportunity for a BBQ lunch!!

I reported recently that I called in at The Entrance Men's Shed on my recent family reunion trip to Coffs Harbour and had a very enjoyable couple of hours there.

#### The Entrance Men's Shed (TEMS)



I am very pleased to announce that the Secretary/Treasurer of that Shed, Bob Ihlein, will be in Canberra for the Biggest Front Lawn Barby on Tuesday of next week (see item immediately below) and will, on the following Thursday (1 November), call at Yass to visit us. He will be at the Shed at 12.30 and I have invited him to have a BBQ lunch with us.

Everyone is most welcome to come along (if you are coming, let me know so I can organise enough food for all!!)

## Interesting events about to happen

The Men's Shed Blokes' Barby – Tuesday 30 October



Grenfell Shed – 10<sup>th</sup> Anniversary – Saturday 3 November 2012



## Join us to celebrate 10 years of Operation

West St. Grenfell

SAT. 3<sup>RD</sup> NOVEMBER 2012

Len McGuigan and Roger Holgate will be representing the YVMS at this celebration. Unfortunately the RSVP date has now come and gone, so late acceptances will, most likely, be unsuccessful.

## Red Cross REDiPlan Emergency Workshop – 9.30 to noon Wednesday 7 November

I received this note from the Red Cross this week and promised to communicate it to you all – so here it is:

From: Sant, Andrea [mailto:asant@redcross.org.au]

**Sent:** Monday, 15 October 2012 4:01 PM **To:** <u>secretary@yassmensshed.org.au</u> **Subject:** REDiPlan Prepares Yass

#### Dear Wayne

I write to inform you about a special workshop that will be conducted in Yass on November 7th.

Initiated by the Australian Red Cross, 'REDiPlan Prepares Yass' is designed to assist the Residents of Yass prepare for any emergency. Sponsored by the Yass Valley Council and the Rotary Club of Yass, the workshop will be held in conjunction with the State Emergency Service and Rural Fire Brigade.

REDiPlan consists of four steps to prepare your household: 1. Be informed;

- 2. Make an emergency plan;
- 3. Have an emergency kit;
- 4. Know your neighbour.

People attending the morning will be able to:

- take part in a REDiPlan interactive session and complete their own emergency household plan;
- experience real stories about how people have dealt with emergencies;
- view items suitable for an emergency kit;
- discover what is inside the Shelterbox;
- listen to storm and fire information;
- find out about Telecross and TeleCHAT.

This program will be held at the **Yass Memorial Hall** from **9.30am till 12noon** on **November 7**. Morning tea will be provided and there is no charge to attend.

To register please call 6226 2146 or 0402 518 122 or by return email.

With Best Wishes

#### **Andrea Sant**

Goulburn TeleCross Convener &

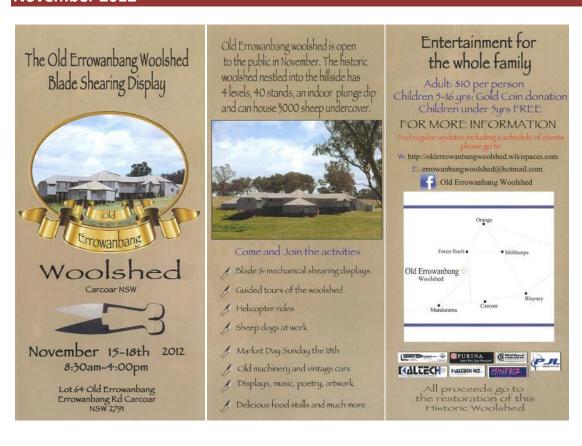
Team Leader - ACT & Southern NSW REDiPlan Community Speakers

**Mob:** (W) 0409 434 609 or (P) 0402 518 122

Email: asant@redcross.org.au

www.redcross.org.au

## Blade Shearing Display - 64 Old Errowanbang Road. Errowanbang...via Carcoar. 15-18 November 2012



## Don't forget!

## Exercise Classes at the Shed – Tuesdays 2-3pm

Mark is back. Thanks very much to those who are making this a most successful activity for the Shed and the Community. Women attend every session so don't be shy! Invite a lady in your life. And now that we have more equipment, we can happily accommodate a bigger class size.

## **Reward Points at Home Hardware**

Don't forget that you can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to "allocate the loyalty points to the <u>Yass Valley Men's Shed"</u>. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – **so it IS worth it**.

Think about it and help us out – please.

While on this issue, Home Hardware is about to change their policy on the use of points/rewards cards. They will soon allow only the person who can actually produce the card to actually make purchases using the points that have been accumulated. We have contacted Home Hardware to organise new arrangements so this can continue to occur.

#### **YVMS Website**

Have a surf – enjoy yourselves! www.yassmensshed.org.au

## **Computer lingo**

We're hoping that in due course we can provide computer lessons to both Shed and community members who might like an introduction to the things they wish to do and not have to learn in the traditional class room environment.

If you happen to be one of those people (are you reading this Bill?), here are some early hints that will demystify some of the jargon and confusion in advance ...

Log On... Make the barbie hotter

Log Off... Don't add any more wood

Monitor... Keeping an eye on the barbie

Download... Get the firewood off the ute

Floppy Disc... What you get lifting too much firewood at once

Window... What you shut when it's cold

Screen... What you shut in the mozzie season

Byte... What mozzies do

Bit... What mozzies did

Mega Byte... What Bundaberg mozzies do

Chip... A bar snack

Micro Chip... What's left in the bag after you have eaten the chips

Modem... What you did to the lawns

Dot Matrix... Old Dan Matrix's wife

Laptop... Where the cat sleeps

Software... Plastic knives and forks you get at Big Rooster

Hardware... Real stainless steel knives and forks from K Mart

Mouse... What eats the grain in the shed

Mainframe... What holds the shed up

Web... What spiders make

Web Site... The shed or under the verandah

Cursor... The old bloke that swears a lot

#### **General Invitation**

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

## Birthdays around this time

12/10: Norm Leaney 14/10: Patrick Carey 16/10: Ross Hutton 18/10: Daniel Anderson

22/10: David Hale, Dennis Wicklander and Luke Laundess

23/10: Al Phemister 24/10: Wayne Stuart 29/10: Warren Dickson

Happy Birthdays Chaps!!!

#### **Shed Opening Times and opening volunteers**

Tuesdays – 9am to noon <u>Full Shed Activity</u> YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 <sup>st</sup> Wednesday 10 – 11.30am <u>Coffee &amp;</u> <u>Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Thursdays 2 - 3pm Tai Chi Classes YVCC (starting 25 October)	Saturdays noon to 4pm Full Shed Activity YVMS
Richard Rowan 6226 6839 John Daley 0427 264 967	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549 Phil O'Brien 6226 2168	Joe Morrissey 0412 258 300 Richard Saxby 0408 802 411	Wayne Stuart 0419 292 022 -	No volunteers (so far). Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

#### Current YVMS contacts and "Code Holders" (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	rayhill01@dodo.com.au
Wayne Stuart	0419 292 022	wayne@stuartoz.com
Reg Moebus	6227 3238	wargeila@bigpond.com
Roger Holgate	6226 1664	roger42@dodo.com.au
David Hale	6226 4227	haled3@optunsnet.com.au

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## Wayne Stuart

Secretary, Yass Valley Men's Shed 0419 292 022 secretary@yassmensshed.org.au http://yassmensshed.org.au