



THE MEN'S SHED MINI MESSENGER

PATRON: COUNCILLOR NIC CARMODY, MAYOR OF YASS VALLEY

MESSENGER NO 33 FOR 2012
SUNDAY 2 SEPTEMBER 2012

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address
(just click on it): <http://yassmensshed.org.au/newsletter-archive>



All of those men who have the privilege and joy of being a Father (and those who are Fathers in spirit or deed by the way in which they nurture and give of themselves to others) are wished a most happy Father's Day!

Important dates for your Diary

Every Tuesday, 2 to 3pm

YVMS Exercise class – concentrating on flexibility, balance and feeling good.

Every First Wednesday of the Month – next one is Wednesday 5th September

Morning Tea at the Shed – No work or workshop noise to distract from good conversation, coffee, tea and cake.

Welcome to new Members

No new members this week.

Current membership stands at 78

Headlines for this Week (see stories below)

- **Shed opening and closing duties – update – volunteers needed for Saturdays**
- **Other Shed News for this Week**
- **Heroes of the Week**

- **YVMS Bargain Basement (stuff for sale)**
- **Possible new exercise opportunity in the Community Centre**

Shed opening and closing duties update – volunteers needed for Saturdays!

Still no volunteers to be responsible for opening the Shed on Saturdays. This will mean that the Shed will be open if someone attends who has access rights – but we will now not be able to guarantee that the Shed will open on Saturdays.

Here is the current outcome of that little campaign:

Roster of Volunteers

Tuesdays – 9am to noon	Tuesdays 2-3pm (Exercise Classes)	1st Wednesday (Coffee & Conversation) 10 – 11.30am	Thursdays 2 – 5pm	Saturdays noon to 4pm
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549	Joe Morrissey 0412 258 300	-
John Daley 0427 264 967		Phil O’Brien 6226 2168	Richard Saxby 0408 802 411	-

Many thanks to those volunteers who have taken responsibility for Tuesdays, Wednesdays and Thursdays.

Other Shed News for this Week

Thursday 30 August – Noon – BBQ lunch at the Shed

We had a very successful BBQ lunch and visit at the Shed last Thursday.

Chris Evans and Anne O’Leary (who represented Bendigo Bank at our recent Seminar on Retirement Planning) and some members of the Murrumbateman Shed arrived and were met by a very good contingent of our own members.

The total number of visitors and locals added up to 30 people – a most worthwhile effort . Even the carpark was busy with 20 cars on the hardstand. Our Shed is really doing great things now.

Thanks to our members for their support.





Richard Rowan excelled himself again and produced two more sauces (one hot and one not) which were very popular and which were the subject of raised eyebrows and raised temperatures.

Whatever we do at the Shed, we cannot let this bloke get away!!

It must have been alright – you can see him here
 ← climbing into his own cooking!

Make a special note in your social planning book: if you hear that Richard Rowan is doing a BBQ at the Shed – make sure you go!!

At the end of the day, it was agreed by a couple of members of both Shed Committees that each Shed (Murrumbateman and Yass) would suggest to their members that we could both have an arrangement where being a member of one of the Sheds gives that member honorary membership status at the other one.

The Murrumbateman Shed is pretty good and the blokes there are friendly and doing some pretty good things.

I think having such an arrangement could help both Sheds grow and improve their usefulness to members. Let me know what you think about this idea.



Successful Visit to the Working with Wood Show

Six intrepid Shed members (Roger Holgate, Ron Doyle, Len McGuigan, Allan Carey, Norm Leaney and Wayne Stuart) left the safety of idyllic Yass and ventured bravely into the hurly burly and bustle that is the Canberra Working with Wood Show on Friday last. The Mission was to spend the remaining \$735 in the NSW \$10,000 grant and also to collect some other items that are high on our “wants and needs” list.

Roger Holgate showed why he is the esteemed Workshop Manager by doing a terrific deal with one of the exhibitors and obtaining for the workshop a Metabo Table Saw for \$869.00. We had been thinking that a saw of this capability, quality and value would cost well over the \$1,000 mark and one that we had our eye on was closer to \$2,000. So this is a real bonus for the Shed. This machine is one that will require specific accreditation before members can use it. If you are keen, talk to Roger or Len about having yourself fully accredited on this and any other machines in which you are interested.

We also collected some more Ryobi One+ items (more and improved batteries as well as a multi charger and a battery operated hand saw), two wood workers protective coats (one that stop shavings and sawdust going down your neck), and a number of items of needed consumables (waxes, sand papers, and the like). And on top of that, we all had fun!

Many thanks to Roger and the guys who helped him decide, load, unload and install the purchases at the Shed at the end of the day.

YVMS Heroes of the Week

No Heroes to report this week – no-one volunteered to help out on Saturdays. Their names are:

..... , and

Possible new exercise opportunity in the Community Centre



TAI CHI Classes

gentle, enjoyable fitness

Keren Walker who already provides Tai Chi classes in Yass is willing to provide a class at the Community Centre next door to the Shed on Thursday afternoons between 2 and 3pm.

Cost of the class will be \$10 per person, with \$1 of that payment going to the Shed as a payment for organising etc.

If you are interested in attending these classes, or know someone who would like to attend (men and women are all most welcome), let me know so I can let Keren know.

A feature of Keren's classes is that there are worthwhile and effective exercises that can be done using a chair if balance or strength is an issue.

If this proposal works out, the first classes would commence early in October.

YVMS Bargain Basement (stuff for sale)

Cabots' stains

Don't forget that we have a good selection of Cabots stains if you have a need.

If you (or a friend) needs some stain, come along and have a look at our holdings. We are offering the stain at very competitive prices.



Projects on CD

Ray Hill has very kindly put together a CD containing:

- ❖ Over 350 projects for your workshop
- ❖ Jig making made easy
- ❖ Making storage units for your shed
- ❖ Making work benches
- ❖ Pen making

In addition the CD contains:

- ◆ A list of timbers available in the local area
- ◆ 60 timbers with pictures and their uses

All pages are viewable on a computer and each page can be printed. If you want a copy of this CD, it is yours for the modest cost of \$5 (which is a donation to the Shed).

A small stock of the CD can be seen on the "For Sale" shelves near the Shed kitchen entryway. Some have gone already, so if this appeals to you get in for your copy before they are all gone!

Heirloom Bean Seeds for your veggie patch

Howard Hollingsworth is finalising the packaging of 5 varieties of Heirloom beans which will be available for sale at the Shed very shortly for \$2.00 per packet (these seeds will cost you more than twice as much as that for less seeds if you buy them elsewhere. Varieties are:

Climbing Beans

Heavenly Gold

Outstanding. This is the tastiest bean we have ever eaten. Totally stringless, even when obviously over mature, the sweet pods are a soft yellow, flat and typically 15cm long. Plants are prolific. These beans came to Australia with Italian migrants.

Purple King

Hardy strong-growing purple-podded cultivar that turns green when cooked. Ornamental dark pink flowers, followed by crisp purple beans. Harvest in 13 weeks.

Bush Beans

Sex without strings

Description from an old seed catalogue reads: “sensuous and tender, the golden curves of this dwarf butter wax bean are available to all – with no strings attached.”

Runner Beans

Scarlet Runner and **Sunset Runner**

As striking as sweet peas in flower, these coarse-podded beans are preferred by many to thin French pods. Also known as a seven year bean, this perennial dies back in Autumn to re-emerge each Spring for 7 years

Will flower in just 9 weeks from sowing, producing pods in cooler summers or late Autumn in warmer regions. Excellent nitrogen fixing legume.

Brilliant red flowers. First described in 1750. Tasty pods can be used sliced or enjoyed steamed. The pink seed can be used as a winter bean.

When we get them, these bean seeds will be available at the location where we sold excess produce last summer – ie in the front room of the Shed near the door into the Workshop.

Shed-made items for sale

We still have a number of items made by some of our members for sale. Come along and have a look – especially if you have a birthday or other celebration coming up that you would like something that little bit different to give.

We expect, soon, to start having some new metal work pieces on the shelves for sale too – if you would like to commission a piece we will certainly try to meet your need – but you will need to find the right bloke on the right day and be able to give clear instructions about what it is you want.



Another Trophy!

John d'Arx, having seen the great job Roger Holgate and Allan Carey did with making Trophies for the coming Turning Wave Festival, has also made one.

This one is for the Carpet Bowls Competition at Linton and will, no doubt, be the subject of fierce competition, drug enhancement and boosting activity when the competition starts later in the Year.

You will note that John has cleverly utilised the work of several woodworkers in addition to his own meticulous work in refurbishing an old lawn bowl donated by the Yass Bowling Club.

A brass plaque will be added to the base, suitably inscribed.

Well done, John.



Other Stuff

Sheds in the region

Ron Doyle has had a great idea and suggested that we feature a Shed from somewhere nearby occasionally. This will provide some info on our neighbours and, perhaps, make this newsletter a bit more interesting than it was before Ron had the great idea. It might even provide the impetus for us to saddle up and invite ourselves for a visit to some of these Sheds over the next 6 months or so. Tell me what you think about this idea.



I am leaving the Melba Shed as the feature Shed this week (I propose to give each Shed a two week run in case you didn't get time to look last week). The Melba Shed site is: <http://melbashed.com/>

To my mind, the most interesting thing about the Melba Shed is that they are entirely social. They don't have a workshop, so all of their activity is to do with outings, interesting speakers, helping in the community and the provision of all kind of information for the use of members – have a trawl through their site, you might be amazed. One item that interested me is that the site has a comparison of current eReaders and tablets.

Clearly their web coordinator has a lot of time on his hands – you can take advantage by making this site a “favourite” and consulting it from time to time on all manner of health, technology, travel, cultural and other matters.

Watch this space for some info on other Sheds in the Region every fortnight.

Men's Sheds within 200km of Yass

For those of you with the urge to plan little drives in the country, have a look at this website. Many thanks to David Hale for this hint:

<http://www.mensshed.org/Find-A-Shed/.aspx?search=yass&distance=200&filter=-1>

It shows details for all Men's Sheds in a 200km radius of Yass. If you scroll down the page past the map, you will find all of the Sheds addresses, contacts, in many cases email addresses and in some cases, websites.

Have surf on this site and then plan your annual holidays by seeing how many Men's Sheds you can drag your wife along to when she thinks she is getting you out of town to get you away from the Yass Shed!!

Interesting events about to happen

Turning Wave Festival – Friday 14 to Sunday 17 September

Have a look at this website www.turningwave.org.au/information and prepare yourself for a great weekend in Yass in September.

Also note that you can a free ticket for the weekend if you volunteer to do as little as 6 hours volunteering to help the weekend run smoothly – See the website for info and forms.

Don't forget!

Exercise Classes at the Shed – Tuesdays 2-3pm

Full house again last Tuesday. Thanks very much to those who are making this a most successful activity for the Shed and the Community. We have had three women attend for the last two sessions. Don't be shy!

Reward Points at Home Hardware

Don't forget that you can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to allocate the loyalty points to the Yass Valley Men's Shed.

Think about it and help us out – please.

YVMS Website

Have a surf – enjoy yourselves! www.yassmensshed.org.au

Poetry corner

Tai Chi – Why me?

Tai chi promotes fitness improvement
With exercise gentle and cunning
The secret is all in the movement
And oh so much better than running

General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

Birthdays around this time

14/8: Garry Reynolds

18/8: Tim Holmes

20/8: Arnold Rigby

22/8: David Todd

Happy Birthdays Chaps!!!

(no further birthdays until mid September)

Shed Opening Times

Tuesday – 9am to Noon

Tuesday – 2-3pm - Exercise Classes

First Wednesday – 10-11.30am – Coffee, Cake and Conversation.

Thursday – 2pm to when the last one leaves – sometimes (if there is interest) includes a BBQ at dinner time.

Saturday – Noon to when the last one leaves (usually between 3 and 4pm)

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

Current YVMS contacts and “Code Holders” (should you wish to access the Shed out of normal hours):

John Woodin	6226 4485	jwoo3@bigpond.com
Ray Hill	6226 3344	rayhill01@dodo.com.au
Wayne Stuart	0419 292 022	wayne@stuartoz.com
Reg Moebus	6227 3238	wargeila@bigpond.com
Roger Holgate	6226 1664	roger42@dodo.com.au
David Hale	6226 4227	haled3@optunsn.net.com.au

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Wayne Stuart

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