

YASS VALLEY MEN'S SHED

NEWSLETTER NO 7 OF 2011



Dear YVMS Members,

You will all be **THRILLED(!)** to hear that the old BP Roadhouse has now been renamed:
"The Yass Valley Community Centre"
and the Yass Valley Men's Shed will have a role and presence in it.

I think the Yass Valley Council Councillors and Staff deserve a special vote of thanks for getting this initiative to this point. It is now up to us to show that we both appreciate it and will do our best to make the facility a great success.

The first meeting of the Yass Valley Council's Section 355 Committee was held at the Community Centre yesterday to determine what needs to happen so that the Centre can get operating as soon as practicable. Those decisions have been taken and work is underway to effect as early an opening for use by all interested Community Groups as possible.

At this stage, I understand that the other interested Community Groups include:

- The Yass Friendship Group;
 - Yass REP
 - Yass Photography Club;
 - U3A Art Group;
 - Spinning and Weaving Group;
 - The Yass Veteran Car Club;
- (Forgive me if I have missed any or have not got the names of those I have mentioned quite right).

One of the questions to be asked of all "Users" of the facility is: "What are the 10 top priorities for use of the Centre by members of your group" (in our case the Men's Shed).

Accordingly, I am now coming to you for your own ideas on what these possible Men's Shed uses might be.

So, send me a note with your ideas and suggestions and we will try to rank them in order (based on the number of suggestions we get and the number of votes for any suggestion(s) made).

To help you out a little, I know that some possible uses have been suggested as follows –at this stage in no specific order:

- Use of the "meeting area" for Men's Health Nights (like the previously held Prostate and Depression seminars) we already have another (possibly on Self Esteem and Anger Management) in the early planning stages;
- A space for a formal office (possibly to be shared by other groups) but in which we can have a computer, phone line and keep our records etc;
- Use of the facility for occasional major open day events such as Car Boot Sales – perhaps shared with other groups such as the local Scouts or other similar minded community groups (so that we get more car boots/trailers on site at the one time);

- A men's health Exercise class early (eg 7.30am) – or after work (say, 6pm) on one day each week. This class would be given by a trained and proficient person (it would probably cost a modest fee to be paid by each participant (eg about \$10 per person per class). The exercises would be aimed at improving balance, core strength and flexibility and be targeted and specially aimed at the age group and capability of participants);
- A one evening per week movie/music night where you bring your favourite movie or music - or leave it to an organiser to do the organising; etc

There are, no doubt, many good ideas out there.

Don't be shy, we have a great opportunity to make this Yass Valley Community Centre a great success – so send me your ideas and I will make sure they are all fed into the process so we get a facility that most of us want. If any of the ideas listed above appeal to you, it would be good to know that you would support those uses too – so send in your votes for them as well.

This information is needed by Tuesday 5th July – don't leave it until then, Tell me your ideas NOW!

Best wishes

Wayne Stuart
Secretary, YVMS
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