

YASS VALLEY MEN'S SHED

NEWSLETTER NO 13 OF 2010



THE MEN'S SHED MESSENGER

NO 11

FRIDAY 19 NOVEMBER 2010

PATRON: COUNCILLOR NIC CARMODY, MAYOR OF YASS VALLEY

Dear Men,

 <p>Shed Opening Times</p> <p><u>Tuesday</u> – 11am to 2pm <u>Thursday</u> – 2pm to when the last one leaves <u>Saturday</u> – **Noon** to when the last one leaves (usually between 3 and 4pm)</p> <p>And all other times when you see the door open!</p> <p>Please feel welcome and free to call in!</p>	 <p>Members' Birthdays</p> <p><u>Last two weeks</u></p> <p>13/11 Len McGuigan, 14/11 Bill Dalton and Howard Hollingsworth, 15/11 Con Novitski and Chris McHarg.</p> <p><u>Next two weeks</u></p> <p>21/11 Leslie Yeaman, 25/11 Geoff Kell, 28/11 Roger Lawrence, 3/12 Blake Reid</p>
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Headline News

- Council's offer of the old BP Roadhouse for the Shed's use.** The Council considered our submission at its September meeting. The Shed's proposal was put to Council with strong support from David Rowe the General Manager. I have reported that the proposal was accepted by Council and we are now awaiting Council contacting us to advise the next steps. I expect that Council needs to appoint its management committee for the BP centre (one of its decisions) and when that happens we will see some progress.

The Men's Shed Committee will advise the Men's Shed Membership as and when further information and contact is made by the Council on this matter.

In this context, we have already been approached by a community group in Yass who are keen to help us set up the BP premises for use as a photography studio. Yass Rep is also looking to this facility as a possible place to house their costumes department. Interest in the facility and its potential is building!

If any Shed member is interested in serving on the Committee that Council is proposing to set up for this purpose, please contact Wayne Stuart.

- ☑ Paul Haslam finds himself unable to continue to his **demonstrations and lessons on the new wood turning lathe**. If there is a member who would like to continue this very worthwhile and valuable service to members, please make yourself and your offer known to Wayne Sturt or one of the Committee.
- ☑ **Trip to Harden**.- Four Shed members, John Woodin, Ray Armour, Len McGuigan & Roger Holgate made the trip to Harden on 4th November where they had a very enjoyable day. They were treated to a day of bowls along with morning tea & lunch . Lunch was apparently donated by what they gathered. During the morning a nurse was on duty doing blood sugar tests as well as blood pressure checks for those who wished to take part. Before coming home they had a look at the Harden Men's Shed & were very impressed with what they saw, it shows what can be done with money & a huge amount of space.

Harden Men's Shed are keen to see this activity continue at various towns around the area & Cootamundra have offered to be the hosts for a similar day in February.

- ☑ **Garden** - Warren Hall has rotary hoed most of the extra garden area marked out but had to cut it short because of rocks & tree roots, a further area has been sprayed out to compensate & has also been hoed. Many thanks to Warren for this most helpful work.

Much planting has taken place & vegetables are popping up everywhere, also a compost bin is under construction to contain suitable materials.

Howard Hollingsworth should also be complimented for his extra work at the front of the complex. Any members who would like to have some garden space should talk to Howard who will have the right advise for you. He might also had a job or two to keep you occupied.

Other News

- ☑ The **Yass Friendship Group's visit to the Shed** on Wednesday 13th of October was, from all reports, another great success. Make sure when we announce the nest one, that you make a date in your diary to attend – it is a great experience!

Standing items and reminders

- ☑ John Woodin has invited any members who are interested to assist with the ongoing **maintenance and rehabilitation at Cooma Cottage** to join him and Rick Williams in that worthy activity (contact John on 6226 4485). You might have noticed a recent article in the Yass Trib, that the Lions Club is also seeking volunteers for garden refurbishment work. It is a great asset in our town and deserves support.
- ☑ Initial planning for the **next Men's Health night** continues. The subject will be "Depression" and we hope that this next event might be even more successful than the first one (Prostate) at which some 35 people attended. The current state of play is that Beyond Blue has now advised that they can send a speaker to address the meeting on **Thursday 10 February 2011**. Stand by for more updates on this initiative.
- ☑ Anyone who wants the Shed to be to open at a time that suits them is more than welcome to have a key and go to the Shed when they wish – talk to Wayne Stuart if this is an attractive option for you. Alternatively, if it is a "one off" visit, borrow the key from Allan McGrath at Kidz Blitz (be sure you buy something while you are there!)

Workshop and Project Corner – provided by Roger Holgate, Workshop Manager

Thanks to the enthusiasm of a few members most of the suggestions in "Messenger" 9 & 10 have been completed or are in progress.

Recently the motor failed on the metal lathe for some unknown reason. I had observed when using the lathe recently that the motor was getting excessively hot for some reason of which I am not sure so the failure did not alarm me. Due to our prize hoarder of all things that may be useful, Richard has come up with an identical motor which appears to be doing the job OK and not overheating. We now have to arrive at an agreeable price to pay Richard.

I have fitted the original blade back on the band saw in the interim and at the same time had to replace the lower thrust bearing, free up the blade guard adjustment (**clogged with sawdust**) and remove part of the damaged safety clip which was there to prevent the blade coming off if accidentally pulling back during cutting. (**I have not seen this clip on other saws**)

I would advise to connect the dust extractor when using the bandsaw to keep the bulk of the sawdust out of the main body.

Below are a couple of extracts from an article, which should be adhered to, & hopefully prevent a repeat failure.

1. With the motor turned off, place the stock to be cut flat on the bandsaws table, and lower the blade guards to within 1/8" to 1/4" of the stock. Leaving the blade guards too high will place undue tension on the blade, increasing the likelihood you'll break the blade. Keeping the blade guard within this distance from the stock will also increase the accuracy of your cut

2. If you must pull back out of your cut, hold the stock firmly in place with one hand and turn off the motor with the other. Do not attempt to back the stock out of the cut until the blade has come to a complete stop.

I would suggest anyone using the bandsaw should "Google" '[tips on using a bandsaw](#)' and read through the various set up and operation articles, so as to better understand the workings of a very useful workshop tool.

It is our Shed (all 70+ of us) so get involved and lets be proud of it.

Cheers

Roger

Rules, Regs and Reminders

A new item for the Messenger is starting this week. It seems to me to be a good idea that an occasional reminder about Shed rules, policies and practices is necessary to keep members informed of the Rules they have agreed to abide by when signing on as a new member (you will note this is a requirement on the Application form).

This week, I thought I'd start with the most obvious one – namely, the safety rules that you will see in a number of places in the Shed, but it is true to say they cannot be overemphasised:

YVMS – Safety first!

- **Observe SAFETY at ALL times!**
- **Know where the First Aid Kit is kept.**

- Consider the rights and comfort of other Members
- Never use any equipment that you consider might be unsafe
- Bring such tools to the attention of a member of the Committee
- Keeping the Shed tidy and clean is everyone's responsibility
- Avoid trip and cutting hazards
- Enjoy yourself at ALL times!

☑ Anyone borrowing any tools or other items from the Shed is urged to **sign the "Loans Register"** (on the table near the bookcase in the meeting room) so we know where everything is at all times.

And now – the Joke or, on this occasion, challenge of the week.

The following was developed as a mental age assessment by the School of Psychiatry at Harvard University

Take your time and see if you can read each line aloud without a mistake.

The average person over 50 years of age cannot do it!

1. This is this cat.
2. This is is cat.
3. This is how cat.
4. This is to cat.
5. This is keep cat.
6. This is an cat.
7. This is old cat.
8. This is fart cat.
9. This is busy cat.
10. This is for cat..
11. This is forty cat.
12. This is seconds cat.

Now go back and read the third word in each line from the top down!

Current  keyholders are:

John Woodin (President)	6226 4485
Ray Hill (Vice President)	6226 3344
Wayne Stuart (Secretary)	0419 292 022
Reg Moebus (Treasurer)	6227 3247
Roger Holgate (Workshop)	6226 1664
Paul Haslam	6227 4211
David Hale	6226 4227

**Allan McGrath Collect a key from Allan (and sign the Register) at Kidz Blitz in Comur Street
(return it afterwards)**

If anyone has items they would like to see included in the "Messenger", or ideas to improve the newsletter please let me know.

Best regards to all

Wayne Stuart
Secretary
0419 292 022